





The Ranger
2012-2013
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Regis University
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www.regis.edu



an unexpected
statement



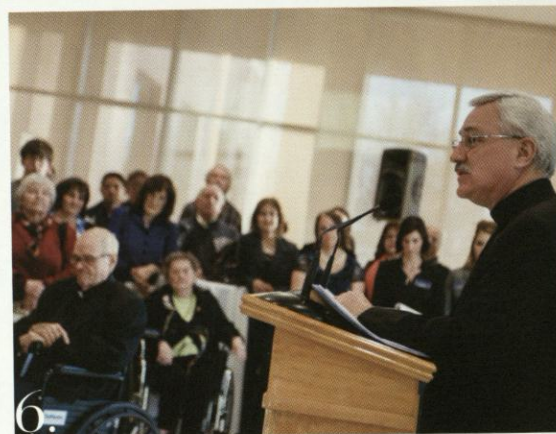
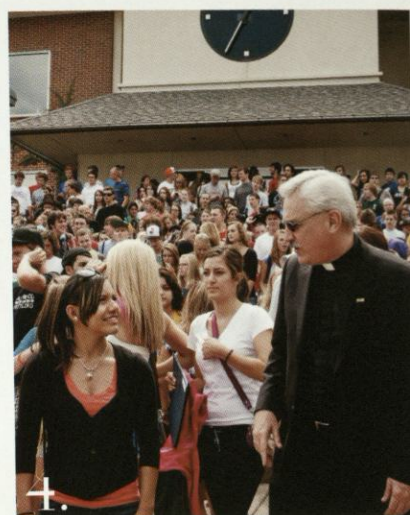
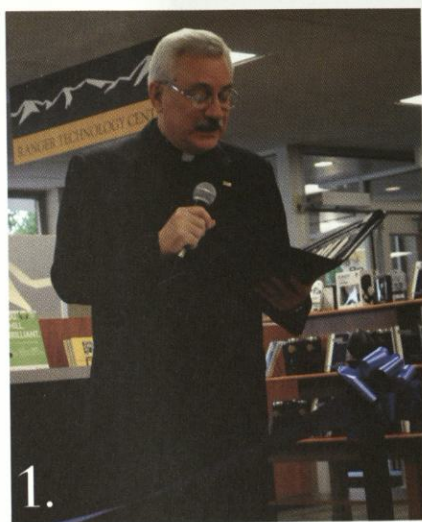
Looking around we see, hear, and perform a variety of statements that further define who we are. From the outside, spectators only see three main elements: a set of buildings, a large fence, and a banner that states our name; however, these external elements contribute very little to our sense of community. Daily we encounter a variety of unexpected statements that provide understanding to our powerful community. The mustache is one of these unexpected statements. While a mustache does very little to affect our internal community—it represents the strength and humor within our ever growing group and expresses the various statements being made around campus; regardless if they are social, administrative, physical, spiritual, or just. The mustache represents the unexpected and often-crazy life students, faculty, and staff alike endure on a daily basis. During a time of much change—the inauguration of a new President, the addition and renovation of buildings, and the growth of the student body are what made our experiences matter more than ever. The change allowed for the continuing development of our community and the exploration of our shared and unshared experiences.

Whether we were searching for that perfect parking spot, using the trust the tap system, being a raucous ranger, a commuter, an academic, a partier, homesick, overwhelmed, the Snow Queen or Mr. Regis, asking for an extension on a paper, pulling an all-nighter, debating to study abroad, preparing to graduate, or telling that special someone that you love them for the first time. It is our experiences—the statements that we see, hear, and perform that define us as a community, and more importantly a university of men and women for others.



an unexpected
event

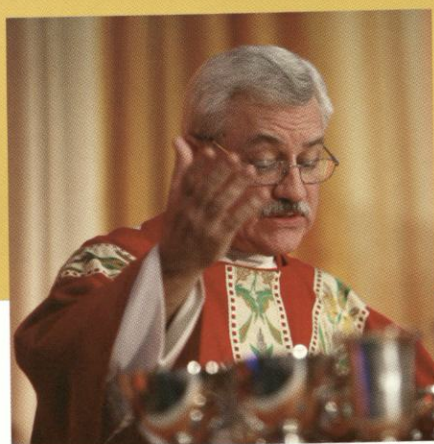




1. At the opening of the Book and Bean. 2. Chatting with students at Mile High. 3. With the Provincial at the Inauguration Mass and Mass of the Holy Spirit. 4. Meeting the incoming freshmen class at orientation. 5. Sporting Ranger pride during Regis Day. 6. At the opening and dedication of Clarke Hall.

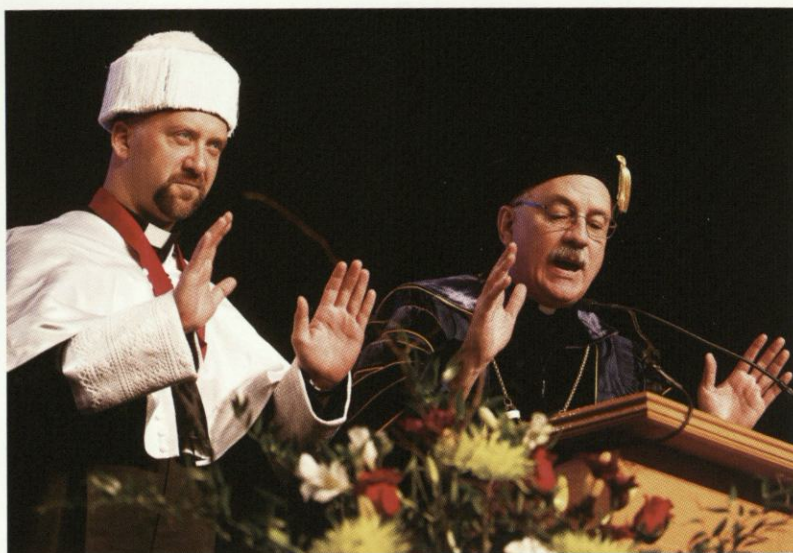
Mass of the Holy Spirit

A new school year, a new president, and a new start. Each year, Jesuit schools around the country start the school year with a Mass of the Holy Spirit; a way to ask for guidance and blessing for the academic endeavors that will ensue. This year, along with a larger Jesuit community, Regis welcomed Fr. Fitzgibbons, S.J., and the new school year during his inauguration Mass.



A New Start; A New President





Pioneers and Prophets

"I accept this presidency because I believe passionately in this pioneering and prophetic message which is at the heart of Jesuit higher education. Even more important, I believe Regis University is uniquely situated in its mission to be a leader among the Jesuit colleges and universities throughout the world."

—Fr. John Fitzgibbons, S.J.



Never too busy for a moment with students, Fr. Fitzgibbons takes some time to learn about the people he serves.

Fr. Fitzgibbons cut the ribbon at the opening of the Book and Bean; the newly renovated coffee spot and book store on campus.

Welcome!

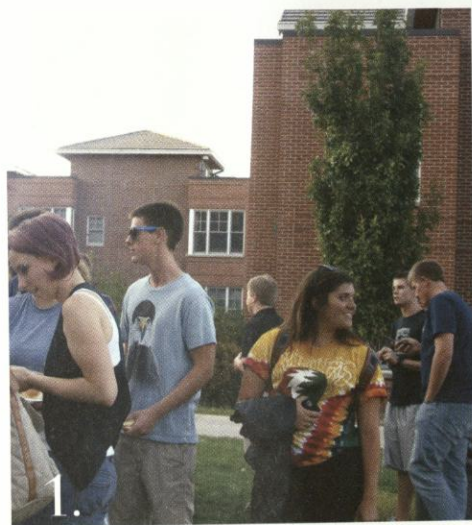
On June 1, 2012, Regis University welcomed Father John P. Fitzgibbons, S.J., as its 24th president.

Fr. Fitzgibbons becomes only the third Regis University president in nearly 40 years. Father Michael Sheeran, S.J., served as president for 19 years and Father David Clarke, S.J., was president for 20 years.

"I'm elated and honored to be part of Regis University," Fr.

Fitzgibbons said, "...I look forward to ensuring that the enrollment, retention and the promised academic excellence of Regis University continue in upward trajectories."

Fr. Fitzgibbons' initial objective is to share his vision for Regis' future with the community, laying out the strategic priorities and goals that will guide the growth of the University.



1. On Sunday night, students gathered to enjoy free food at a BBQ. 2. New students gathered to listen to non-profits speak about their organizations. 3. Craig Zablocki gave a motivation speech to a crowd of new students. 4. Man's best friend thoroughly enjoyed the Friday Night (above) and Saturday night (below) BBQ's. 5. Following Craig Zablocki's instructions, students introduced each other to complete strangers. 6. The Residence Life Staff gathered to remember their training experience.

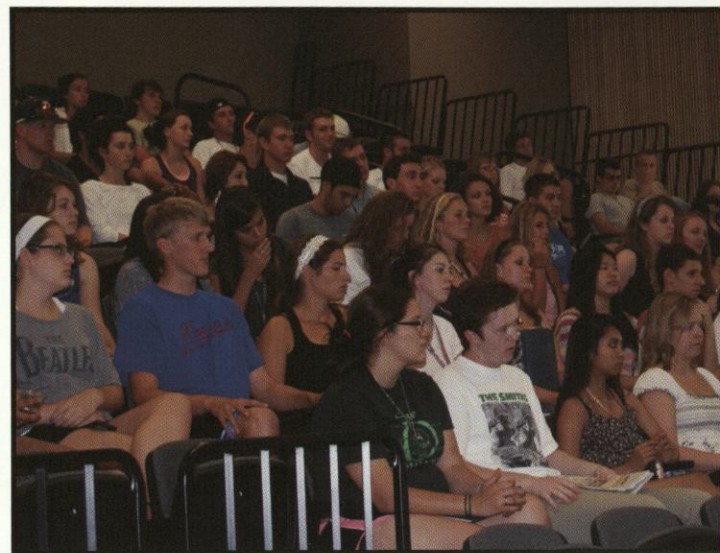


Movin' On Up

Freshman Move-In Day

For freshmen and orientation leaders, Thursday, August 23rd, 2012, was a day to remember. For Freshman, this marked the first day they would be in their new dorms where they would spend most of their time in the coming years. For many of them, it would also be the first place they would live away from their parents, arousing a bittersweet feeling of nostalgia mixed with sweet, sweet freedom. For orientation leaders, hauling freshman luggage up three, and sometimes four flights of stairs provided a work-out to remember. Regardless of their role, this Thursday marked a day of great change and great fun that will be remembered for years to come.





The Human Experience

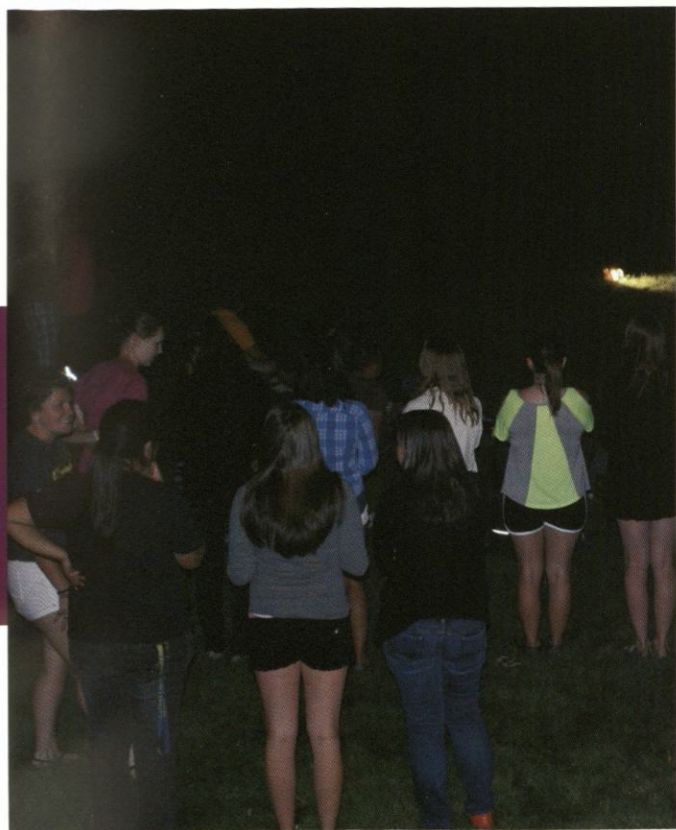
As one of the most memorable introductions to the Jesuit mission, freshmen gathered in the Field House to watch *The Human Experience*, which detailed a group of men on a search for meaning. As these men immersed themselves in some of the poorest conditions in the world, they answered the age-old question of how we ought to live: by serving others. This documentary introduced the new freshmen to the question they would grapple with over the next four years, using the touching experiences of three men to the who them Regis motto in action. Thus, *The Human Experience* served as the perfect introduction to Regis's mission: "men and women in service of others."

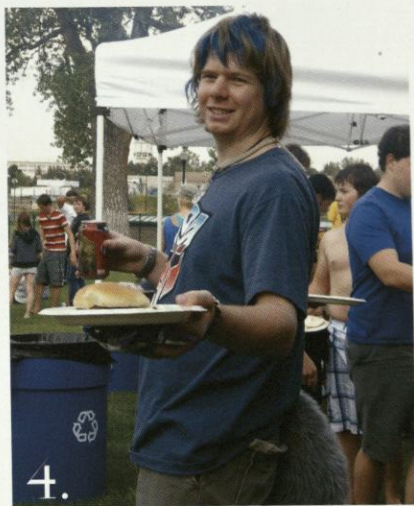
Students listened and laughed as Craig Zablocki gave his motivational speech. This year, Zablocki focused on need to put 100% into everything and be hones. Maintaining this analogy throughout the speech, Zablocki began his preoccupation with honesty by saying, "Be honest-how many of you pick your nose?"

Freshmen gathered to listen to the Saturday Night Band the weekend before classes began. The event provided freshmen with the opportunity to bond. Freshman Edna Cerna Gayton summed up the night well when she said, "it was nice to relax after a hectic day!"

Welcome Home Rangers!

Regis welcomed new Rangers with orientation week—a week that gave new students the chance to bond before classes began. From RA orientation leader training to freshmen move-in, a variety of student faculty, and staff kept busy getting ready for the coming weeks. RA training ensured that our RA staff was ready for all the challenges a loveable student body was sure to bring. Training for orientation leaders prepared upperclassmen to make freshmen feel at home at Regis. Orientation then allowed new students to get to know each other and our campus, bonding with the school and each other. From a Freshman Seminar meeting to Sex Signals and The Human Experience, several activities prepared our new Rangers for their Regis experience. Ending on Sunday (move-in day for upperclassmen) with a BBQ for all students, overall this week fostered anticipation for the exciting new year in store for all Rangers.





1. Patrick Ross, Shannon Hayes, Grant Robbins and Ellen Lundwall. 2. Students enjoying an evening on the beach. 3. Asian Student Alliance presents their club to the new students. 4. Patrick Frerich. 5. Preparing for battle, this team gets ready to get soaked. 6. Student wait in line to jump into a photo booth during UMpalooza.

Battleship on the Beach

Don't Mess with the Mighty Dino: Victory is Dino-Mite!

Although it was only the second first of school, teams of four students came prepared for the battle of a lifetime: battleship. In this epic, life-size war game, students used buckets (and paddles, and everything else they could think of) to fill their opponents' boats with water. With two ships at a time, the battle continued until the first team sank to the bottom of the pool. Making it through the preliminaries, quarter-finals, and semi-finals, team Dino-Mite—made up of lacrosse players Emily Elkins, Molly Byrne, Shannon Bryant, and Danica Cutshall—came out victorious as they won the whole tournament. Danica Cutshall said about the event, "It was so epic and so much fun! We felt like we won a war when we sunk that last ship!" Their competitive spirit was contagious, and the whole crowd enjoyed seeing their battle of epic proportions.





Mad Chad

The Student Center patio hosted the wild antics of chainsaw juggler Mad Chad Taylor as the first Thursday Thrills of the year. Well-known in the entertainment industry, Mad Chad has appeared on "The Tonight Show with Jay Leno", "Last Call with Carson Daly", and "The Donny and Marie Show". He has also starred in the movies "Spiderman III" and "Crocodile Dundee in LA". He juggled everything from baseball bats to tazers and silicone. At one point, he juggled two bats and an apple, all the while riding a unicycle in place, taking a bite out of the apple every time he touched it. His final, most notable act was when he juggled three fully functioning chainsaws. From his daring behavior to his cheesy jokes, it was hard to deny Mad Chad's charisma.



Convocation was the academic kick-off to the school year.

Good food, good friends, and good weather to start the new year.

Welcome back Rangers!

The week of August 27th marked the end of summer and the start of a new school year. On Monday, students had the chance to kick-back and relax with free food, games, and entertainment on the quad. On Tuesday, teams of students fought to keep afloat during Battleship on the Beach. Congrats to Dino-Mite (the product dinosaurs, girl power, lacrosse, neuroscience, and just overall awesomeness) on your victory. University Ministry hosted the indescribably fun UMINpalooza on Wednesday, followed by music by Joe. The first Thursday Thrills of the year was thrilling indeed, and it segued nicely into Friday and the fabulous three-day weekend. In all, the many activities of the week seemed to scream: WELCOME BACK RANGERS!!!!



1. Cameron Trachseo and Lani Michalik 2. The crowd gathers before Thrills. 3. Shannon Hayes 4. Nick Gatan and Jill Lovejoy 5. Connor Moesel, Tim Lackner, Zak Koneval, Emily McNellan, and Audrey Huguley 6. Drinking coffee and reading—exactly what the Book and Bean was meant for.

I MUSTACHE you a Question?

How did you adjust during the first 3 weeks of school?



Jill Montpalisir

"It was hard at first. I was home sick a lot but after I made a few close friends, it got a lot easier."



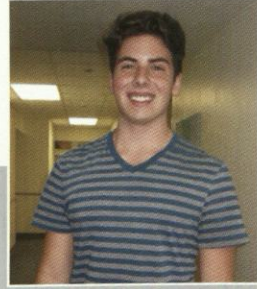
Maria Colarelli

"I think I adjusted pretty well actually. I just took it one day at a time and focused on school."



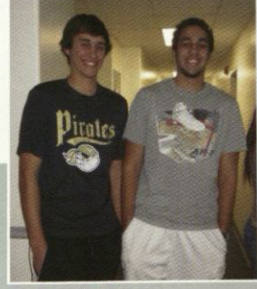
Connor O'Hare

"I met some nice guys and had some adventures around Denver."



Nik Dunkel

"I joined B.O.C. and met some really cool people in my writing seminar class."



Richard Tafoya and Ryan Faris

"We met some great friends and learned how to manage our time. We also went to the gym a lot to avoid the 'freshman 15'."



The Mentalist

Despite the warnings from Dave Law that The Mentalist would "blow your minds," the student body was not quite prepared for what the Mentalist had in store for us. During the show, the Mentalist performed every trick from making tables levitate to reading peoples' minds, to sending participants messages about Marilyn Monroe. Shannon Hayes, a participant in one of his tricks, summed the show up well when she said, "Every time the Mentalist comes to Regis I have doubts of every trick he does. I always think to myself that this is the year he will mess it up and drop the ball and I will no longer think he is a wizard. And every year I walk away speechless and afraid to look him in the eyes because I think he knows everything I am thinking. Crazy stuff but worth it every year!"

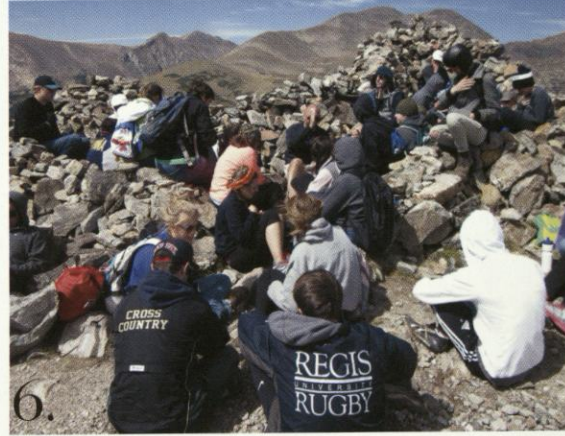


Having her mind blown, sophomore Celeste Martinez interacted with the Mentalist. The Mentalist performed many out standing tasks that left people in awe throughout the night.

Getting a chance to connect with people on campus, residents spent quality time together. Desmet Hall put on a speed-dating session outside to allow people of the opposite sex to mingle.

The Ranger Spirit

The second week of school had only four days of classes, allowing students to ease back into that class routine. Although Monday was Labor Day, the sports teams were hard at work with a women's game at 11 AM. Intramurals began Tuesday, followed by a volleyball game. Wednesday night hosted an OAP Film open to the entire student body. On Thursday, the Mentalist came to blow our minds as he set things on fire and sent messages of Marilyn Monroe to unsuspecting volunteers. The Ranger spirit stayed high into the weekend with volleyball games on Friday and the "Stand up" starting at 8 AM Saturday. Overall, the week's activities maintained that sense of Ranger pride that makes us Regis.



1. Rachel Minter and Daniel Magill. 2. Zach Lynch, Sean O'Donnell, and Brayden Weninger. 3. Caroline Locke and Yolanda Bodie. 4. Students spent time on the quad. 5. At 80's night, the crowd cheered for the Volleyball team as they defeated Black Hills. 6. A group of 48 students hiked to the top of St. Mary's Glacier and huddled close while Fr. Bart said Mass.

Lions Dance Under the Moon ASA and Channel Hope

The Channel of Hope: Moon Festival brought music to campus. As drums beat into the night, the performers danced many compelling Chinese cultural and hip-hop dances. Nick Espinosa, Joseph Dizon, Justin Dizon, and Kim Risos (members of the Asian Student Alliance) performed a creative and enthusiastic hip-hop dance. This high level of energy continued into the night as young children dressed up as lions danced the Lion's Dance. Then the amazing Machinez Remainz Crew, a robotics dance crew from Denver, presented a robot-like dance. Later on that night, four girls from the Chinese Joys Cultural Center demonstrated a traditional dance with their fans. The chaotic feeling of dance after dance and loud music enveloped the crowd and kept them entertained late into the night.





Thursday Thrills

My Body Sings Electric

On the night of September 13th, students danced and sang along with the band, My Body Sings Electric, as their upbeat music pulsed through the crowd. While laughing and "head banging," everyone at the concert expressed their sheer enjoyment at having a few hours away from homework. Energetic band members Brandon Whalen, Nick Crawford, Jason Bower, Jeff Fedel, and Ben Scarboro seemed to have tons of fun with the crowd, challenging them to dance to the music, to stand up, and to just have fun!

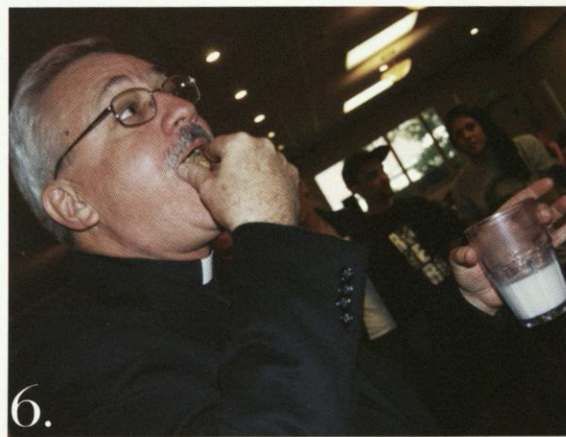
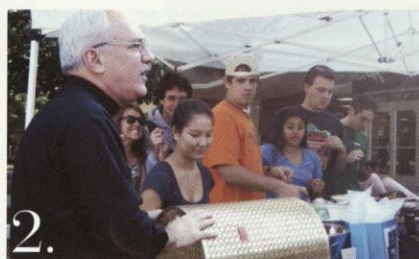


At the opening dedication, Fr John Fitzgibbons, S.J., cut the ribbon, officially opening the Book & Bean (a name students chose for the cafe and bookstore). During the opening, Fr. Fitzgibbons, S.J., said, "deal with the real—that is, books and lattes are important, they make us grow in mind, body, and soul."

At the Study Abroad Department info session on the quad, Valencia Vargas listened closely for important information. Although she was not sure where she wants to study, she said, "no matter where you go, there you are."

Opening the Doors

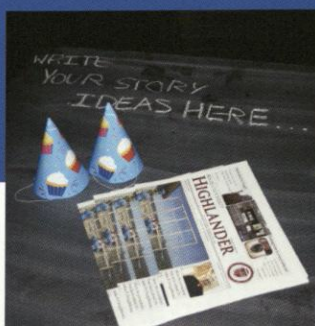
Anticipation rose this week with the grand opening of the book store and cafe. The recently renovated cafe and book store were finally given their name: Book & Bean. Students were more than thrilled to name the place they would spend some time shopping, studying, and sipping coffee. During the week, a feeling of rich culture encompassed campus, as The Moon Festival swept campus with traditions and performances. From the common place of the Book & Bean to the cultural festival, this week's activities conveyed a strong sense of community that everyone could feel.



1. Kristen Cunnie. 2. Fr. Fitzgibbons, S.J., Aleina Tanabe, Grant Robbins, Terese Cabanting, Josh Oakland, Patrick Ross. 3. Zoe Platt, Brayden Weninger, Hailey Coogan. 4. Clarence Wroblewski, Sean O'Donnell, Karim Sanchez-Pasillas, Andrew Ross, Nick Broncucia, Alex Kesthely. 5. Daniel Magill, Richard DeMatteo, Dexter Schiller, Carlee Taga. 6. Father John Fitzgibbons, S.J.

Hot Off the Press *Highlander* Release

The *Highlander* Release Party gathered faculty and students to Walker's Pub for free cake, good conversation, and newspapers. It marked the unveiling of the first issue of the 2012-2013 school year. The *Highlander* staff hung around to introduce themselves and answer questions. Matt Burns, who, aside from being an avid movie fan, is *The Highlander's* film critic. Anyone who has ever talked to him knows two things for sure: first, he is hilarious; and second, he knows more about movies than pretty much anyone you'll ever meet. Burns was anticipating the release of *The Master* and *Django Unchained*, which are two movies that, like parties, bring people together. Together, Burns and the *Highlander* Release Party previewed the many great things to come from the school paper.





Brain Cell

Dozens of poor college students could not turn down the opportunity that we all dream of: getting free cash for doing virtually nothing. Brain Cell, the college game show where students get paid for correctly answering questions or simply cheering loudest, stopped by the Main Café on Thursday, September 20th. The show's charismatic host started the show off making it clear that everyone in the room could walk away richer. After nonchalantly tossing out ten-dollar bills to everyone who showed enthusiasm or answered a question right, the host showed that the rest of the student body who did not capitalize on the occasion was missing out. Brain Cell was truly a unique event where everyone walked away richer and happier than they had arrived.

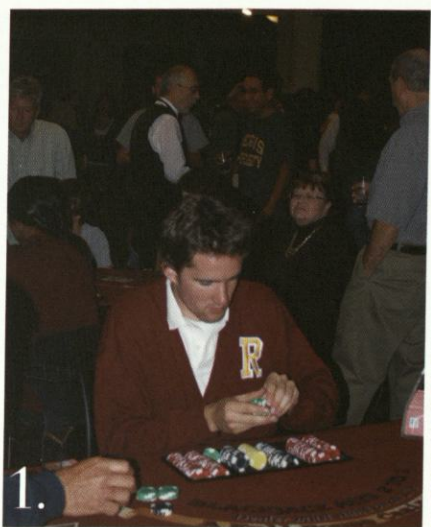


Going back to his childhood days, freshman Tim Schulte used Play-Doh to construct a neuroscientific creation. Schulte, like many General Psychology students, had to create a 3-D brain model. "The hardest part of building the model was figuring out how it was all going to come together in the end, but when it did all come together it was really helpful," said Schulte.

Preparing to annihilate the opposing team, Freshman Ryan Anderson enjoyed an intense game of dodgeball. DeSmet Hall hosted this friendly game so that all the residents could bond and have some fun. "I thought the dodgeball game was really awesome, and I loved being able to hang out with friends and get the free food," says Anderson.

Satisfying a Sweet Tooth

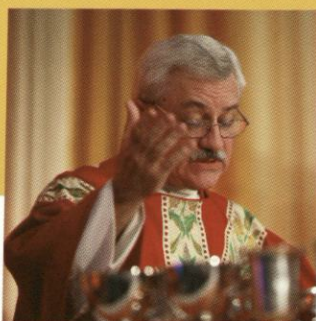
Filled with a plethora of exhilarating ice cream socials, crazy cookie bake-offs, and trivial challenges, this week was definitely busy. Starting off the week, the CURA kickoff gave students a chance to introduce themselves while enjoying some delicious ice cream. On the following day, Constitution Day, students tested their knowledge about the Constitution and enjoyed a non-traditional history lesson taught by musicologist Chuy Negrete. On Wednesday, a great campus publication kicked off the year with the *Highlander* Release Party. Continuing a tradition carried on each Thursday, Thursday Thrills entertained many with the Brain Cell trivia game. Fr. Fitzgibbons' activities consumed most of Friday as everyone enjoyed a couple of his favorite, delicious treats. Weekend life was full of college life shenanigans. From hula-hooping at random hours of the day to treks to Boulder and hiking trips, this week was definitely one to remember.



1. Kyle Farrell. 2. Katie Cawley, Chelsea Cabanting, and Maggie Hendrickson. 3. The crowd cheered on the women's soccer team on September 30th. 4. Rebecca Brunson's parents at her soccer game. 5. A compilation of choirs performed at the Inauguration. 6. Amanda John, Ashley Smith, and Jordan Hood.

Once in a Lifetime The Inauguration of New President

Father John Fitzgibbons, S.J., was truly the star of this week: the week of his inauguration. On Monday, the annual Mass of the Holy Spirit was dedicated to Fr. Fitzgibbons. The Very Reverend Douglas Marcouiller presided over the Mass, and the choir contributed to making the event memorable with their overpowering, angelic voices. On Tuesday, Fr. Fitzgibbons, S.J., was inaugurated as Regis' 24th President. During one of the many monumental moments of the traditional ceremony, RUSGA President Grant Robins placed the Presidential Medallion on Fr. Fitzgibbons' shoulders. Signifying our new president's responsibility to care for his new faculty and students, this act captured the weight of this event in our school's history. As the inaugural events came to an end, the Regis community proudly welcomed our new president.





Thursday Thrills

Dueling Pianists

At this week's Thursday Thrills, requests flew onto the stage as the pianists of the night proved that they really could play anything. Students and parents laughed and sang along to the music as "Dueling Pianos" played songs from both generations—everything from "Sweet Home Alabama" by Lynyrd Skynyrd to "Home" by Mumford and Sons. Ashley Smith and friends were even called to the front of the room for a birthday "Hokey Pokey." Junior John Knudsen, who watched the performance from the front row, claims, "We enjoyed an awesome 'Dueling Pianos' performance, brought by PAC for Thursday Thrills. My parents and I agreed that the performance was delightfully spontaneous, witty, and musically impressive. Indeed, we were thrilled."

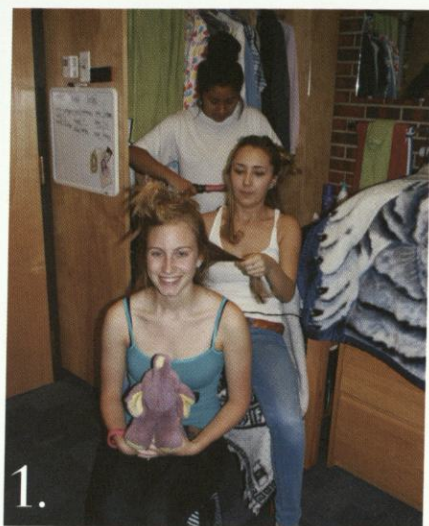


At the Mass of the Holy Spirit, Jake Rodriguez read the First Reading. He said, "The success of the event was not dependent upon any one person. We came together as a community, and the Spirit worked through us in a beautiful way."

At Poker Night, RUSGA officials dealt cards for many blackjack. After a night of gambling with her parents, Katie Ford enthusiastically joked, "My Mommy—I missed her! It was good to see her, and gambling was so much fun!"

Familiar Faces

There were plenty of activities to keep the campus community busy this week. On major event of the week was the inauguration of Father John Fitzgibbons, S.J.: 24th president of Regis University. Participating in a major event of the week, students, faculty, staff, alumni, and members of the Board of Trustees celebrated The Mass of the Holy Spirit and an inauguration ceremony in the Field House. Community was a big part of the week, as parents came from all over to visit their student(s) during Parent's Weekend. The activities of Parent's Weekend included Casino Night and women's and men's soccer games that the whole family enjoyed. Overall, this week's community-centered events fostered a campus-wide sense of camaraderie and unity.



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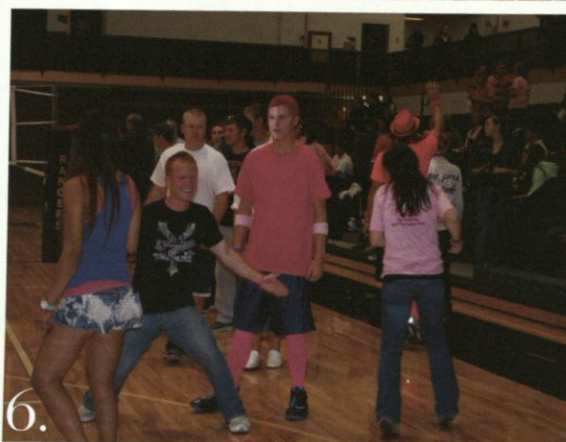
3.



4.



5.



6.

1. Sbeydi Valdez-Ventura, Jill Montplaisir, and Katie Ford . 2. Melissa Mendes.
3. Chelsea Cabanting, Hailey Coogan, Caela Graumann, and Conor Nistler.
4. Lani Michalik, Sarah Falco. Brayden Weninger, Becca Veys, and Conor Nistler.
5. Claire Murray, Jessica Baca, Jace Prokupek, Danica Cutshall, and Kirby Bell
6. Fans offer their support to the team and for breast cancer awareness.



A Weekend Away

Student Activities Breckenridge Trip

Over the weekend, the members of Student Activities escaped to the mountains. All the Student Activities employees bonded as they drove up to a cabin in Breckenridge. They had a great time participating in team-building games, playing countless rounds of sardines, hot tubbing, and enjoying some Beau Jo's Pizza and a nice home-cooked meal. Freshman Isabella Kaser said, "It was really nice to finally have a home-cooked meal, and [it was] a fun way to meet all of my co-workers." Overall, this trip gave the staff members a chance to make memories that will last a lifetime.





Ziplining on the Beach

For those who were feeling daring, like Abigail Peters and Aishah Davis, this week's Thursday Thrills gave students the chance to glide through the air. Students waited in line to take their turn on the zip-line, which was set up on the Beach. Students cheered and encouraged each other to partake in this activity. Whether they were first-timers or experienced zip-liners, this week's Thursday Thrills was a different kind of exciting.



Students from Connections took a hike in the mountains on a beautiful fall day. Lauren Shakes, a leader of the retreat, says she enjoyed the trip because it was one that "encouraged new relationships, as well as awakening of the soul, while encouraging everything you are meant to be."

Enjoying the outdoors, Freshman Daylan Bradshaw glided through the air. Straying from the norm, Thursday Thrills hosted a thrilling zip-line for daredevils to enjoy. Bradshaw said, "Zip-lining was adventurous and definitely something new!"

Reach For the Sky

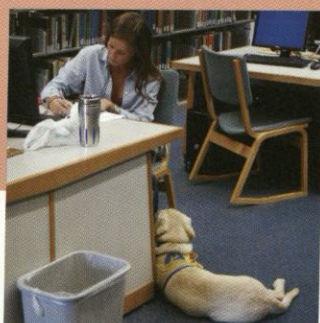
Students had a great start to October with a relaxing week and a fabulous three-day weekend. The events started on Tuesday, when the cafeteria and Sustainability Committee hosted a community-grown lunch. They handed out prizes such as free T-shirts and served locally-grown foods like grilled plums. Later that night, Walker's Pub hosted a run for students—an event that kicked off the Run Club. With elections right around the corner, the presidential debate premiered in Walker's Pub on Wednesday. Thursday Thrills allowed students to enjoy the outdoors with a zip-line on the Beach. No students had classes on Friday, which gave them a chance to relax with the free movie for the night, *Pitch Perfect*. On Saturday, a bus took students off campus to partake in a game of laser tag. Even though this week was short, the activities made it unforgettable.



1. Hanna Amme. 2. ASA (Asian Student Alliance) played volleyball on the quad. 3. Students hang out and get some fresh air. 4. Celeste Martinez. 5. Students ran a 5k hosted by Walker's Pub. 6. Students stood around the Edison 2 on Thursday, October 11th.

Midterms Week Who Wants to Have Some Fun

As midterms rolled around, students all over campus stressed about their tests. Many students spent a lot of their time studying. One such student, Jenny Tschoepe, worked with her canine friend on the silent floor in Dayton Memorial Library. However, despite the stress, students who needed a break could walk outside and find something to do. On Monday, Romero House hosted a dinner for students on campus. RUSGA offered students a chance to play Gatorade Pong. The week ended on a strong note with a fabulous four-day weekend: a much-needed and well-deserved Fall Break.





Thursday Thrills

Mission Improv-able

Mission Improv-able came to entertain all students and staff at Thursday Thrills. The audience at St. Peter Claver Hall roared with laughter as the comedians cracked joke after joke. Later during the event, OutRegis and a chosen few from the crowd entertained their peers while performing on stage. Ryan Anderson excitedly summed up the night well when he said, "Mission Improv-able provided us with a fun-filled night full of laughs."

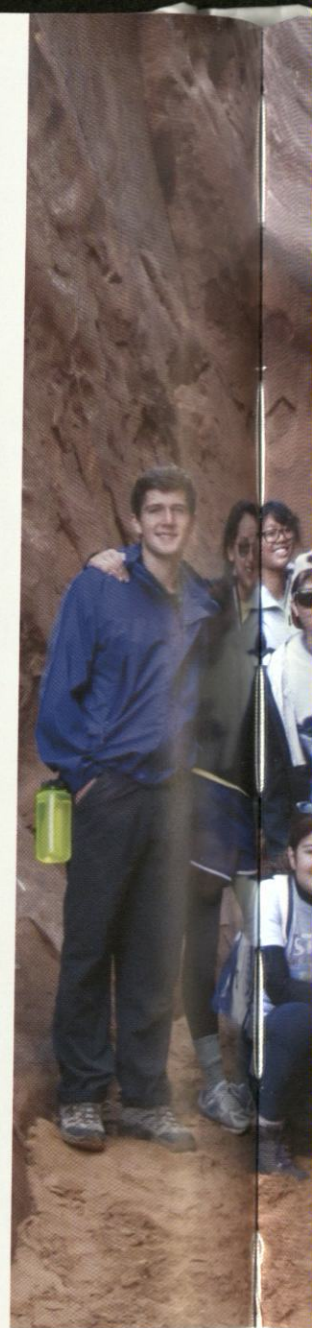
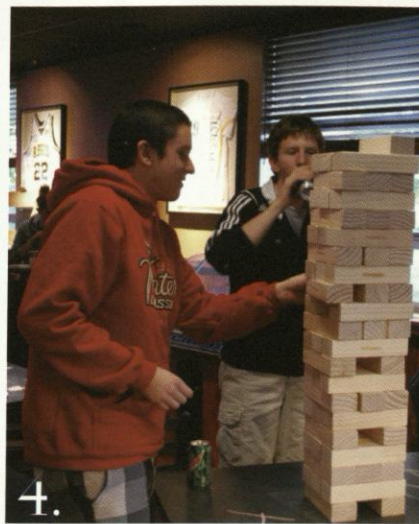
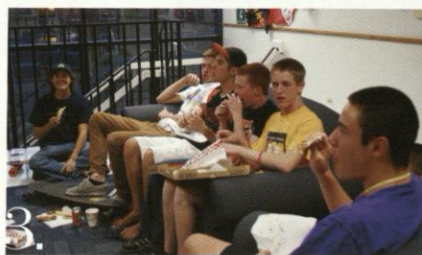
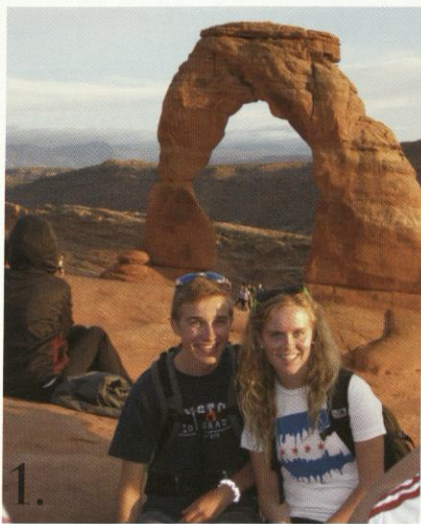


During the annual Gatorade Pong tournament on October 10th, Tito Texidor III and Samuel Rueb won the costume contest. Tito jokingly asked that everyone "Please excuse the un-lady-like chest hair."

At Romero House on October 8th, 2012, Jessie Clark and Ted Lynch joined in on a conversation about food justice. Jessie said, "I respect their approach to justice and how they emphasize empowering individuals to help themselves."

Pushing Through

Although tensions rose with midterms, the many activities of the week gave students the extra push they needed to get to Fall Break. On Wednesday afternoon, many inundated Gatorade Pong in teams with crazy costumes. From caramels to volleyball, the activities hyped undergrads up enough to push them through the week. Ending on a strong note, on Friday Regis displayed Edson 2, the 2 million dollar car, on the quad. An exhilarating race pitted Edson against the Ford Focus as students pushed both cars to see which would win. Without a doubt, these involved activities gave students the energy they needed to get through the week.



1. Maddie Smith and Ryan Stevenson. 2. Colin Karlix. 3. 4th Floor DeSmet boys have some 'man-talk.' 4. Matt Burns and Daniel Lund. 5. Kia Shebert, Brian Kucel, and Richard DeMatteo. 6. Morgan Mertz and Emily McNellan.

I MUSTACHE you a Question

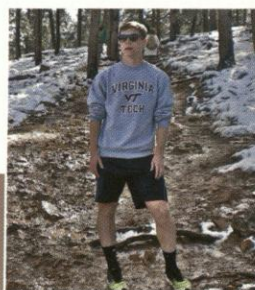
Question: How did you spend your Fall Break, and what is your favorite part of fall?



Nicky Schifano

I went to Spokane, WA, to visit my twin brother at Gonzaga University. We went to an apple orchard and played bocce ball by day, and went to the bars by night. So, I still got to have a college-style break, but on a different campus and in a different city.

My favorite color is orange, so I love when the leaves change color. Also, fall in Colorado isn't usually very long, so I like to enjoy it while it lasts.



Liam Martin

I went home to Kansas City, KS, to spend some time with family and friends. This included going to see my brother Colin play an acoustic show in a coffee house and going to a wedding with my whole family.

I think my favorite part of fall is when the leaves change color.



Sean Typher

Me and Ian Hamina went on a two-day bike trip from Regis to Vail. The first night, we slept in a playground in Idaho Springs. The second day, we encountered a lot of rain and snow, so we were forced to get a ride to Ian's house. The next day, he drove to the Eisenhower Tunnel, and I biked back to Denver from there.

My favorite thing about fall is waiting until it's over so I see the first snow of the year.



Thomas Wells

I stayed on our lovely Regis campus! I played video games, watched movies, and hung out with friends. Relaxing activities, mainly. I did a lot of eating (I have to store food for the winter) and spent a lot of time outdoors.

My favorite thing about the fall is the colors. Everything is so beautiful, and the weather is not too cold nor too hot. The leaves perfectly cover the soon-to-be-dead grass with an artistic quality only nature could provide.



Big Time

Trampoline Fun

Just a few miles from campus, Big Time Trampoline Fun Center is a giant room full of trampolines, a foam pit, and tons of fun toys. Students enjoyed everything from doing back-flips into the foam pit, to playing trampoline dodgeball, to racing in the inflatable obstacle course, to playing on the giant chessboard. Acting like a little kid again was a good distraction from midterms, making this week's Thursday Thrills one to remember.

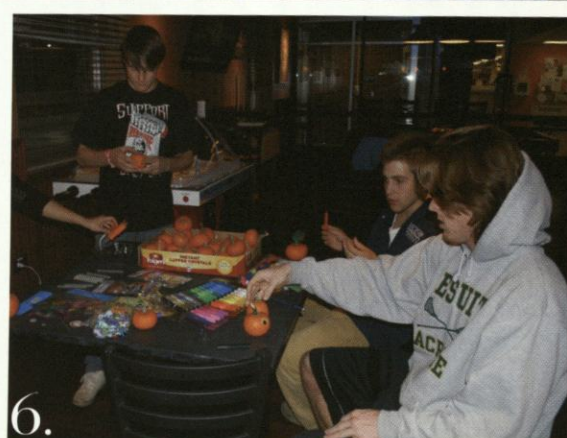
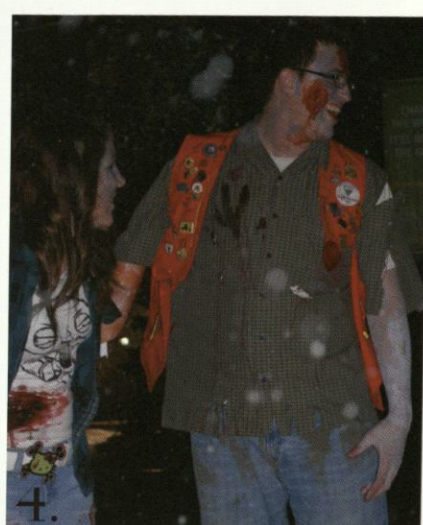
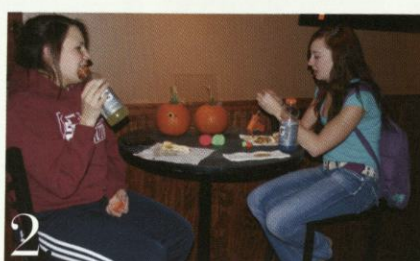
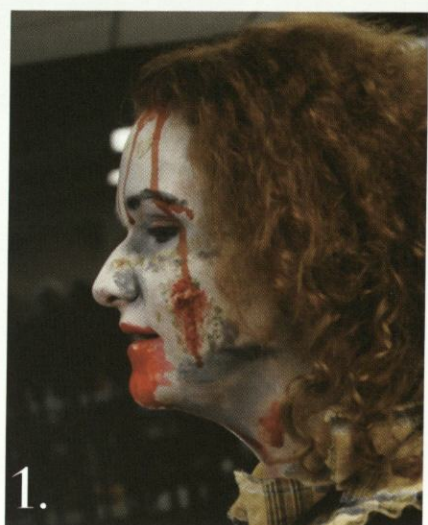


Enjoying their Fall Break, students joined together for a picture in the rocks. A large group vacationed in Moab to really get a feel for the outdoor life present in Colorado. Freshman Maddie Smith said, "This was a great way to spend my break! Y.O.M.O. [You only Moab Once]."

Janeth Gomez and Alvin Peregrino, members of Mi Gente, served "mangoneadas", "agua de horchata", and "agua fresca" for I-Day. On I-Day (International Day), different clubs from campus shared a taste of culture through international food and music.

Creating a Better Future

This week, Fall Break and only three days of school gave students a chance to relax. Students who went on the Fall Break Moab trip explored the great state of Colorado. Then school—and midterms—started on Wednesday. To relieve a bit of stress from the day, Walker's Pub held the Walker's Bash, where students enjoyed Big Time Jenga, pool, and shuffleboard. On Thursday, the many different cultures on campus celebrated International Day as they bonded over food. Later that night, Thursday Thrills featured Big Time Trampoline Fun, where students brought back childhood memories as they flipped with their friends. The creative sides of many came out on Friday with the paint session "Brushes and Beverages." Saturday was a day to give back to the community as groups of students set out to clean the local environment, work in the community garden, and participate in the RU CAN U food drive. Overall, the focus of this week was relaxation.

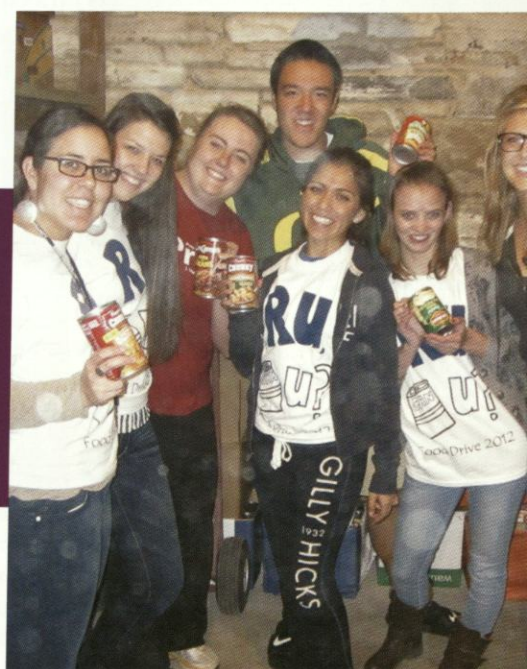


1. Abbey Esbenson. 2. Alyssa Stover and Heather Humphrey. 3. Students played root beer pong as they hung out at the Pre-Hall Crawl. 4. Casi Vager and Richard DeMatteo. 5. Students walked on the the quad after the first snowfall on campus. 6. Tom Wrona, Jack Doering, and Mark Schiedler.

RU Can U

In true Jesuit spirit, Regis dedicated the entire week of October 22nd to a campus-wide collection of food for the homeless. University Ministry encouraged students to sign up to help collect cans of food at the exits of supermarkets. Some collected cans from people's homes, and still others helped by sorting the cans after they were collected. Regardless of how they contributed to the cause, all participating students expressed a great feeling of joy after helping others. Christy Henzgen was very proud of all the work that University Ministry and volunteers accomplished this week. She said she didn't do much work, but she loved working together for a good cause.

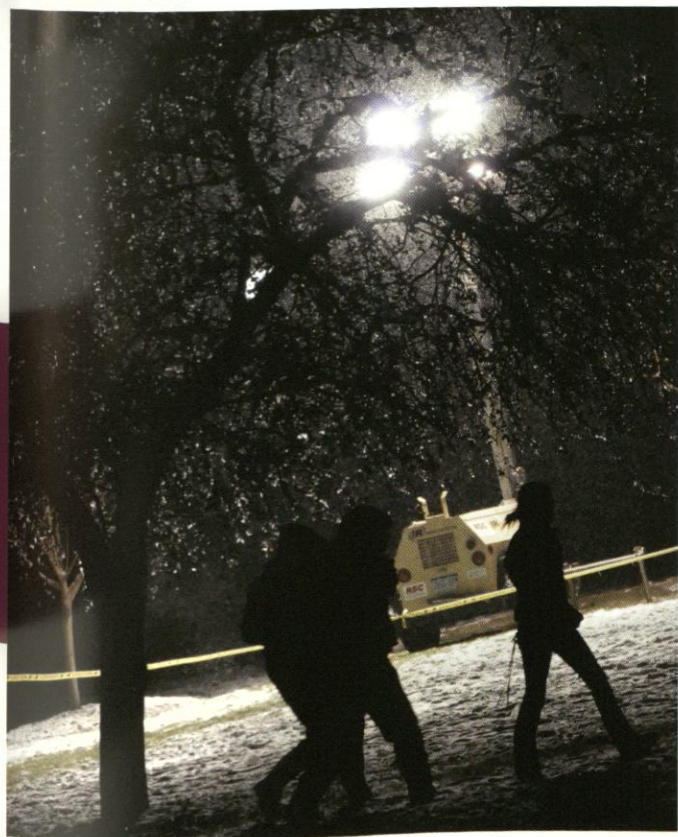
You Can Do Good Too





Blood Spills

The day of Thursday, October 26th, began like any normal day on campus. But then, as day turned to night and the sky darkened, the games and (fake) blood appeared: it was time for the Zombie Crawl. As students entered DeSmet, they were surrounded by two entire floors dedicated to making humans look like zombies. Resident Life used the other two floors of DeSmet to teach students the negative sides of drinking in a fun way. After preparing for the epic battle, the students moved outside. In the games, one zombie started a campus-wide game of tag—a game that lasted until the last human was standing. This game had three rounds and, thus, only a few winners out of the many dedicated students who participated in the events of the night.



Snow set the mood as students ran in the quad during the Zombie Crawl.

Zombies ready to attack at the Hall Crawl!

Zombies Everywhere!

Although it wasn't quite Halloween week, students filled with spirit got together to prepare for the holiday. There were so many festive activities across campus! For example, Walker's Pub offered pumpkin painting. Then on Thursday, zombies filled the quad for the annual Zombie Crawl. On top of it all, the first snow fall set the mood for the Halloween Spirit! Overnight, all of Denver was covered in a white blanket and made campus sparkle. In all, the common theme of the week revolved around Halloween festivities that set this week apart from all the others.

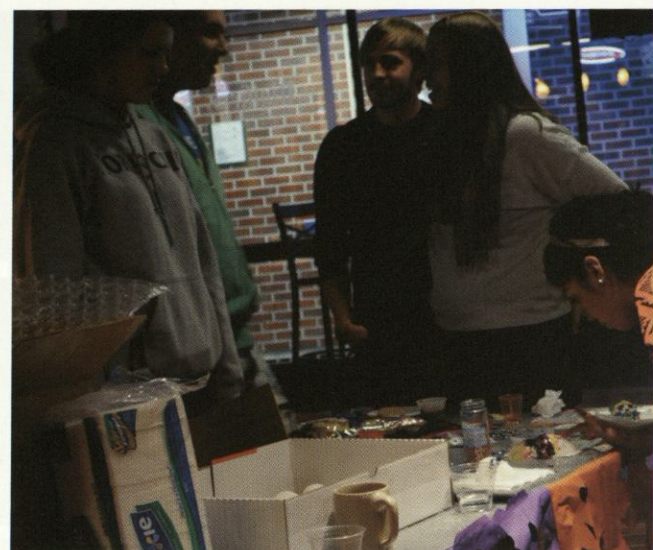


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 4. All dressed up OC girls are ready for Halloween, Jessie Otero 5. Donny Stewart, Paul Schulte, Martin Maybin, and Jake Brantley 6. Becca Hedley and Ben Kinzel.

Kairos Fall 2012

The 24th Kairos retreat altogether created an environment that was designed for sharing and finding oneself. K24 all at once developed a sense of trust, vulnerability, emotion, friendship, and of course God. Kairos literally meaning "God Time" put participants in a sense of ease—eliminating all outside resources and forms of communication other than themselves. Finding and feeling God's overall love, power, and influence was what fueled the retreat. "The most powerful thing about Kairos is that it makes you find yourself and that ends up uniting us," said Retreat Leader Jake Rodriguez.





Day of the Dead

On November 1st, the day before 'Dia De Los Muertos', students celebrated The Day of the Dead in Walker's Pub. Loud culture enriched with music filled the room as students and community members worked vigorously on Sugar Skulls. The event allowed for a lot of variety, as participants could decorate the skulls in many ways to decorate skulls, as they could use icing, feathers and sequins. At the end of the event, the most creatively decorator won a contest set to determine the most creative Sugar Skull among them all. Along with the music, Mexican food was served. This food set the mood for Dia De Los Muertos. Overall, this culture-enriched showcased one of the many cultures on campus.



Forrest Smith carves a jack-o-lantern on Halloween. "I've always loved to make cartoon faces for pumpkins on Halloween, so it was fun to continue that tradition into college," said Forrest. It's always interesting to see college students act like kids again, even if it is just one day a year.

On Halloween, every office on campus welcomed families from the neighborhood to trick-or-treat around campus. Here, Omar Oronia and Fernanda de Luna-Eudave from the Mi Gente group hand out treats to some cheerful children.

Happy Halloween

It was a spooky week filled with pumpkin carving, sugar skulls and zombies who crept around campus hunting humans in the Zombie Crawls. Many activities on campus revolved around Halloween. Children trick-or-treated, and others dressed up and sang karaoke. Walker's Oktoberfest had games for students, students had fun in a bouncy house set up in the quad, and the Denver Film Festival also provided a source of entertainment for students. Other activities included the FIFA Video Game Tourney, Swing Dance party, and a Slackline Festival. Overall, an eventful, thrill-filled week wrapped up the month of October.



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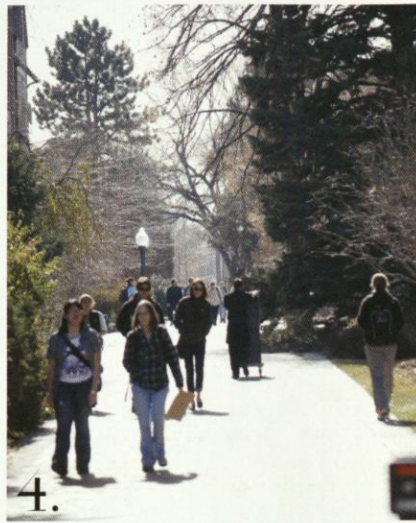
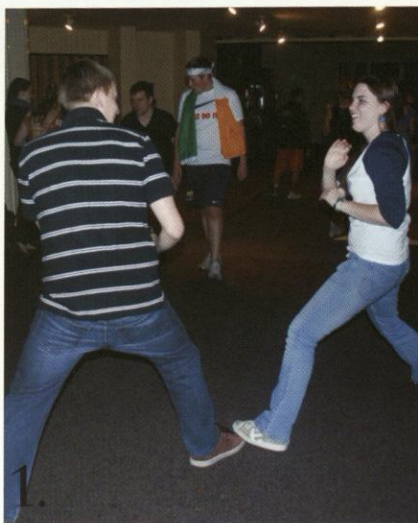


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1. Paul Narey and Andrea Fedorowsky 2. Terese Cabanting, Josh Oakland, Shannon Hayes, and Clare Felletter. 3. Students who went on the Connections Retreat joined together, again, at Re-connections. 4. Students walking around campus on an unusually warm day in November. 5. Tim Schulte, Connor Nistler, Tara Smith, and Katie Kirk. 6. The History Club's first meeting.

The Immortal Life of He La A Visit from David Lacks

During the summer of 2012, the freshman class read a book by the name of *The Immortal Life of Henrietta Lacks*. On Thursday, November 8th, David Lacks—the title character's son—came to campus to talk to explore the book in more detail. Mr. Lacks and his wife addressed several questions regarding the important theme of Henrietta Lacks' cells. After the presentation, Mr. Lacks stood at the front of a line as students came up to thank him. Overall, he and his wife were very open and happy to share their stories with the students, which made the event truly unique and one of a kind.





Thursday Thrills

Presents Multicultural Dance

The night of thrills opened with the option of attending *The Ranger's* Individuals held in Walker's Pub. Following the Yearbook events, students could walk over to the cafeteria and onto the dance floor for a multicultural dance put on by PAC and MAC. Like many other friends that showed up that night, Jill Montplaisir and Erica Pascetti helped each other dance. After the students finished, a belly dancer came on stage. After she performed, she taught the students how to belly dance as well. The music played into the night, and many people had a great time showing off their stylish dance moves.



As Friday rolled around, students needed to find a way to relax, Love Jump was the answer to their questions. Sponsored by Active Minds, Love Jump, gave a fun and safe environment for students to relieve stress and prepare for the weekend.

The Thrills Belly Dancer showed off her moves and then attempted to teach everyone how to dance.

Keep it Going!

This week—the week before Snow Week—was far from boring. Student Activities spent the week preparing for Snow Week by selling T-shirts and tickets to the Snow Ball. Then, Intramural Volleyball brought many teams to compete against each other. David Lacks, son of the famous Henrietta Lacks, visited campus to answer questions students had about his mother's "immortal life". Thursday Thrills brought everyone to "shake what their mamas gave them." Among the events this week, The Ranger gathered groups from all over campus to participate in "Individuals." In all, students had plenty to do as they waited in anticipation of Snow Week.



With a trip to Latin America and hosting a 20 year anniversary celebration, this year's Romero House community had a busy year.

I MUSTACHE you a Question?

Question: What was your job during the Romero House reunion, and what was it like to meet the alumni?



Yolie Bodie

My job during the reunion was to be the cook for a dinner where we hosted our special guests: Rosa Anaya, a woman and friend of Paul Burson's from El Salvador whose father was assassinated for his work in human rights; and Father Kevin Burke, S.J., who spoke on Romero and his legacy here at Regis. I also helped prepare appetizers for an Open House where we hosted RoHo alumni after a service project delivering sack lunches, mittens, socks, and hats to the homeless in Triangle Park. It was interesting to see how a year in RoHo can have such a profound impact on the life vocation of its participants.



Morgan Nitta

During the reunion, I was in charge of hors d'oeuvres with Yolie and Connor. However, we were all mostly involved in welcoming past Romero House members back into the Regis and RoHo communities. It was really neat to see how past members are living the philosophy and mission of Oscar Romero in their daily lives. Even though our small community of six is incredibly strong, the reunion made me feel like I was a part of the greater Romero House community.



Connor McFarland

Meeting former Romero House folks, for me, added a deeper level of community and reminded me that our community is really much larger than just the six of us who currently live here. I felt really lucky to have this chance, because people who lived here before probably didn't get that—at least not on the level we did. I made this awesome dipping sauce for apple slices, and I helped make sack lunches to pass out to homeless folks downtown. It was really awesome to do more than just sit and chat with the alumni and actually get to perform service with them. It certainly added to my experience this year.



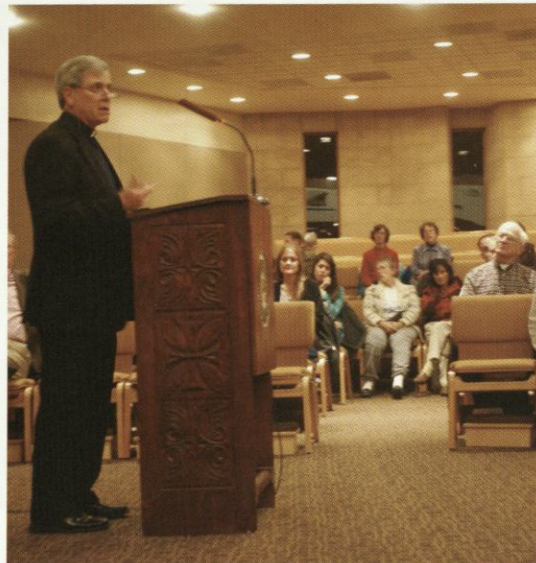
Ted Lynch

I organized the procession for the martyr mass. Each member of Romero House processed in with a picture of one of the Jesuit Martyrs who we commemorated on November 16th. The killings took place in 1989. This was a special event for me, and through it I was brought back to my semester abroad studying at the UCA, where these Jesuits lived and worked and were killed. After meeting the alumni of Romero House, I was very touched and moved to be a part of something so big and that it has produced such a diverse, yet driven, group of people.



Lauren Lum

What is amazing about the Romero House family is that each community, though distinct and unique, is also tied to all those who came before it. I liked to hear about former communities practices and compare to our own. I loved the way we all melded and felt a sense of belonging. It was great to see how Romero House has been crafted and changed. It seems as though it is always with the same spirit.



20 years

The three-day 20th anniversary celebration featured a host of events and activities including a special presentation on Archbishop Romero's Legacy Alive at Regis: Faith Doing Justice, by Father Kevin Burke, S.J.; a presentation by Rosa Anaya, the daughter of Herbert Anaya who was the president of the Human Rights Commission of El Salvador and was assassinated in 1987; and a special Mass celebrating the University of Central America martyrs.

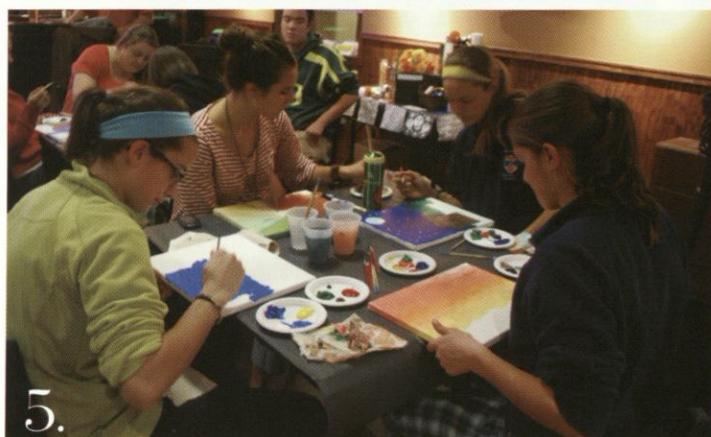
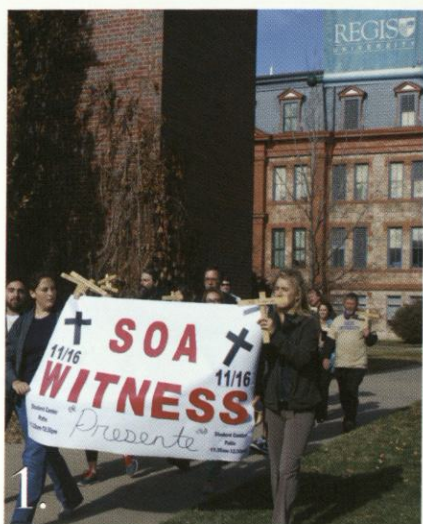


The current house-mates hosted an open house for alumni to visit and reconnect before the banquet.

Alumni and community members, young and old, gathered together for a morning of service.

Romero House

The Romero House program has touched the lives of 20 years' worth of student participants, members of our Denver community and visitors from near and far. Participants have opened themselves up to relationships with the poor and marginalized, to explore the root causes of injustice, to being inspired by the lives of the Salvadoran martyrs and to the faith that does justice.



1. School of the Americas (SOA) Witnesses. 2. Santa Claus (Grant Robbins) 3. Jon Conley 4. Casi Vagher 5. Justine Tramontana, Caroline Locke, Katie King 6. Santa (Grant Robbins) with his #1 elf (Will Sabin) and Teresa Cabanting.

Dance the Night Away

At Snow Ball

As the Friday of Snow Week came to a close, students needed a way to relieve their stress—stress caused by the lurking finals they knew were just around the corner. That relief is exactly what they found in the Snowball. Regis students cleaned up, dressed up, and rushed to Walker's Pub for hors d'oeuvres before the dance. They then got onto a bus that whisked them away for a night full of fun. As students stepped off of the bus at the dance, they were hit by a sudden amount of energy and they started to dance their worries away. The night proved to be a nice escape from everyday stress and a great chance to bond and have fun—Gangnam style.





Ice Queen

The Thursday Thrills during Snow Week was truly special: it marked the 2012 Ice Queen. This year's Ice Queen competition presented the hilarious talents of Tracy Goettsch, Ellen Augsburger, Jessica Baca, Shannon Hayes, Ellen Lundwall, Lauren Jelinek, Casi Vagher, Katie King, and Geolina Deocariza. They battled it out as they sang songs, danced, and read children's stories about the Green Bay Packers. In the end, it was Shannon Hayes's rendition of Will Ferrell that won over the judges. Congratulations to Shannon Hayes, Ice Queen of 2012!

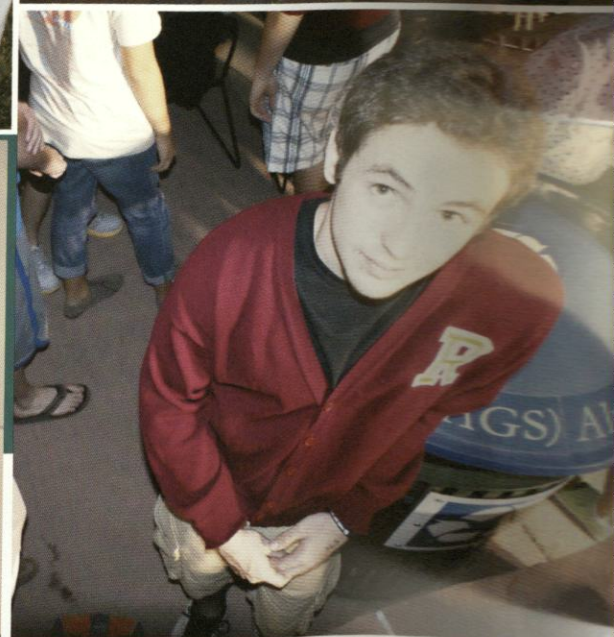
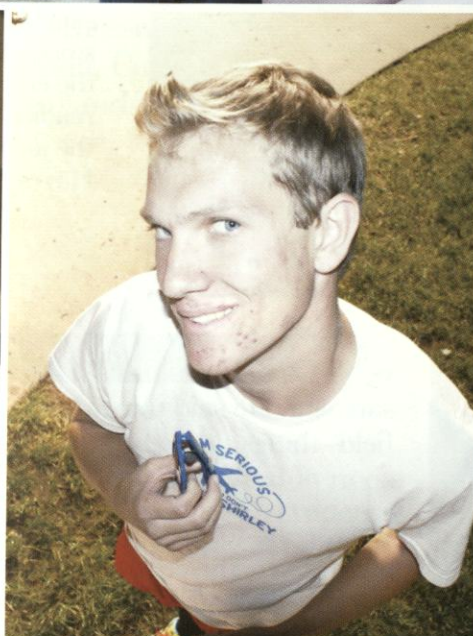
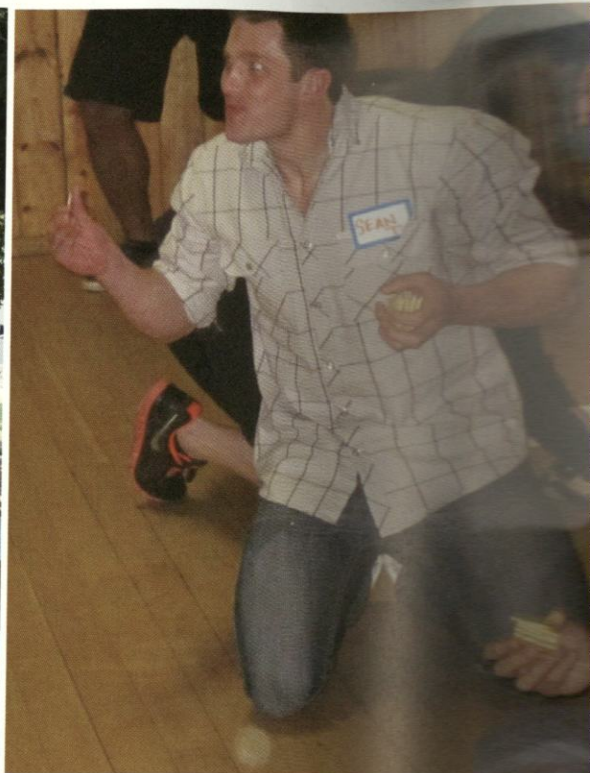


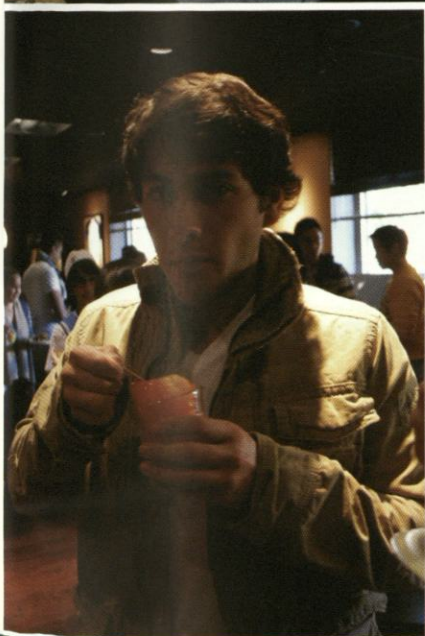
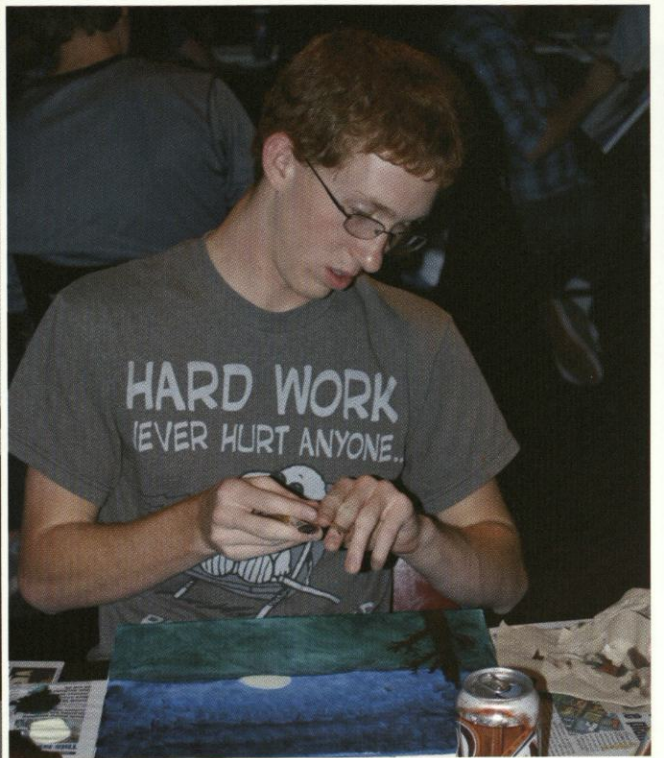
Dexter Schiller entertained the crowd as he narrated the Blue vs. (C)Old game. He kept the crowd happy with his playful sarcasm. He said things such as, "Now the players will enter the field"—things that which, under no circumstance, addressed the sport of basketball.

Competing for Ice Queen 2012, Shannon Hayes took the crown. Her escort to this Snow Week tradition, Matt Burns, was more than happy to share this exciting moment with her.

Snow Week

Students were busy starting off the winter as one of the most exiting weeks on campus took off: Snow Week. The week started with a dodgeball tournament on Monday night. On Tuesday, students visited Santa and played Snow Bingo. On Wednesday, Brushes and Beverages allowed students to paint in the Pub. The Ice Queen Pageant was held on Thursday, then the Snowball topped off the week on Friday. Throughout the week, the theme stayed true, for it was a truly wintery week.







1. Amber Koneval. 2. Tanner Sthur 3. Kyle Farrell and Dan Ott. 4. Aimee Schmechtig, Julia York, Holly Johnson, Suzanne Kramb 5. Listeners of Amber Koneval's reading. 6. Grant Robbins, Dan Ott, Tim Lewis, Kyle Mack, Jake Brantley, Ellen Lundwall

Jesuit Accents

Activities As Reminders of Social Justice and Spirituality

Many of this week's events reminded students of social justice and spirituality. Social justice and spirituality are two facets of *cura personalis* that Regis focuses on as a Jesuit institution. As such, one of RUSGA's many tasks is to keep both concepts up front and center in students' lives. RUSGA's Director of Social Justice and Spirituality Maggie O'Connor is absolutely vital to RUSGA's effort to coordinate with other organizations on campus in order to advance students' social justice in terms of both activity and awareness. When asked about the committee Maggie explained, "I think that this RUSGA committee is particularly important at a Jesuit University. Students who choose a Jesuit education want to be involved and often have justice issues that they are passionate about themselves. Our committee is the perfect opportunity to bring events to campus which help educate the community and encourage students to become Men and Women in Service of others."





Jammin' at Venice

Dozens of students crossed Lowell to watch a few of their classmates show off their talents. The event took place at Regis's favorite local coffee shop, Venice on the Boulevard. At the show, musicians and poets shared their extracurricular creative abilities. As an extra treat for the night, the first 24 students received free coffee! Our RUSGA Social Justice and Spirituality Committee sponsored the event, providing a fun night for all.



Freshman Ryan Eigsti stunned the crowd at Open Mic Night.

After attending the women's first regional volleyball game Ty Overboe said, "We were reading newspapers because they were announcing the other team and we were bored with them."

Go for Gold

It was a gold out in the Regis cheering section at the NCAA Regional volleyball game. Fans feigned lack of interest as the opposing team was presented. But as the Regis volleyball team was announced, the newspapers they were reading went flying into the air—the crowd morphed into the golden cheering section we know them to be. In all, animation was the theme of the night, as members of the crowd proved their Ranger pride.



1. Clarence Wroblewski and Sean O'Donnell. 2. Saint Nicholas (Jack Sasko) and the Christmas carolers. 3. Fourth floor DeSmet. 4. Katie Cawley and Megan Winn 5. Dianna Almanza 6. Hailey Coogan, Rachel Minter and Chelsea Cabanting.



Lessons and Carols

A Time to Sing and Reflect

During Dead Week, University Ministry put on a seasonal celebration in the chapel called "Lessons and Carols." The event included seven speakers who addressed the birth of Jesus and the events leading up to His birth. In addition to the speakers, the event had many songs—even a few for the audience to sing along to. The Christmas spirit could most certainly be felt listening to the Regis Choir and the Chapel Choir as their voices floated throughout the St. John Regis Chapel. Overall, "Lessons and Carols" rejuvenated students, inspiring Christmas spirit in the face of finals.





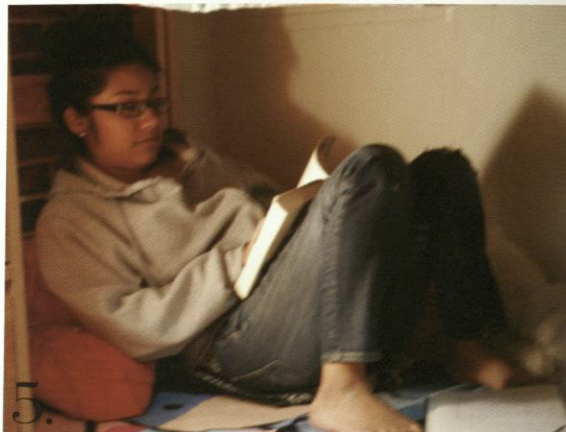
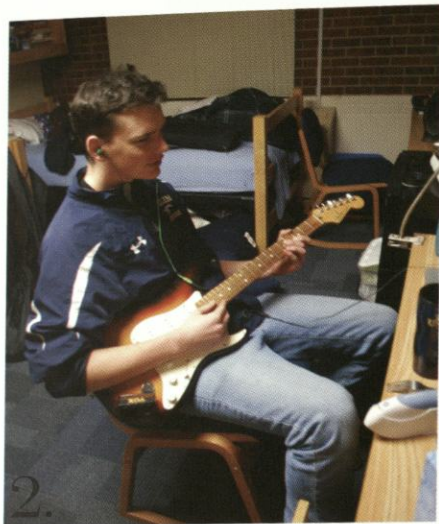
After Provost Patricia Ladewig lit the Christmas tree, the Christmas carolers (students across campus) sang in front of the Regis tree.



Jennifer Campos read her letter to President Obama aloud for the Eloquencia Perfecta in the chapel. Only six freshmen were chosen to speak that day.

Infamous "Dead Week"

This week—Dead Week—seemed to drag on longer than it should have. Many students ran around like crazy, finishing assignments and studying. Dead Week took its toll on everyone, as it brought in anticipation of finals week and Winter Break. However, there were still many activities designed to get eyes out of books and to get minds to relax and have fun. Caroling and the tree lighting brought Christmas joy to campus. It also made Winter Break—along with finals—seem more real. Despite the week's trials, Christmas cheer pulled students through to the most anxiety-laden week of the year: finals.



1. Jessie Otero 2. Peter Srsich 3. Jack Walsh, and Jacob Wilkinson 4. Johnny Brooks and Max Tuppan. 5. Sbeydi Valdez-Ventura

I MUSTACHE you a Question?

What are your goals for 2013?



Clarissa Mendez

"I want to be healthier this year and I am going to do that by sleeping more, exercising more, and eating healthier."



Jon Ebersole

"My goal this year is to avoid getting physically hurt and also to take more confidence in my actions."



Erica Pascetti

"I hope to find a new hobby this year as I try new things."



Angel Estrada

"I wish to understand my own heritage and myself so to find clarity of things in the long run."



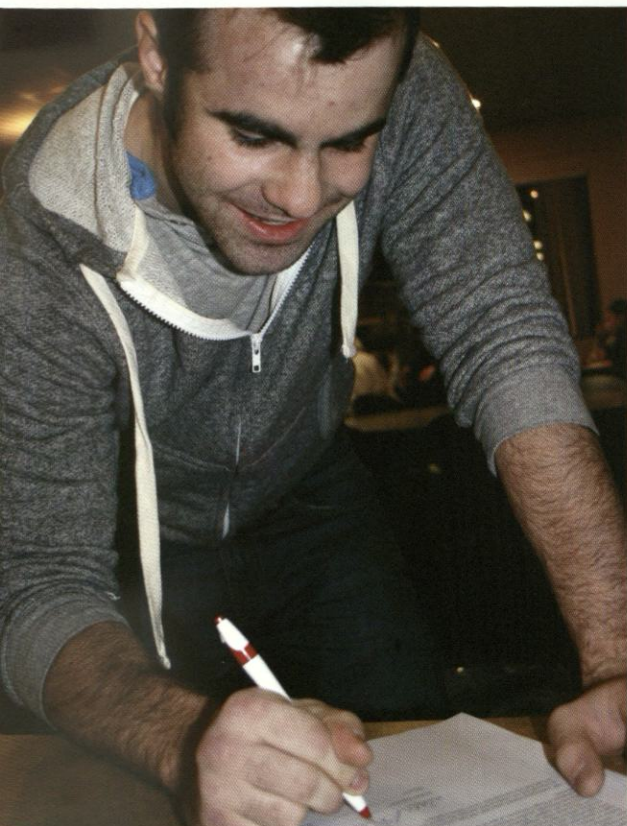
Christian Pedraza

"I have two resolutions this year. The first is to see some of the great places in Colorado that I still haven't gotten around to in my four years here. I want to go to Great Sand Dunes National Park, Garden of the Gods, and Greenwood Springs. I also want to get swollen."



Brinner Time

During the most stressful week of the semester, students embraced the free-food filled study break that is the Finals Breakfast. Lines went out the doors in anticipation of pancakes, sausage, and eggs. When brinner finally began, students were treated to dinner and a show while they watched their classmates attempt to chug egg nog in the Nog Off. It was a great, immature distraction from the seriousness of finals. It was also the last big event before the long-awaited Christmas Break!

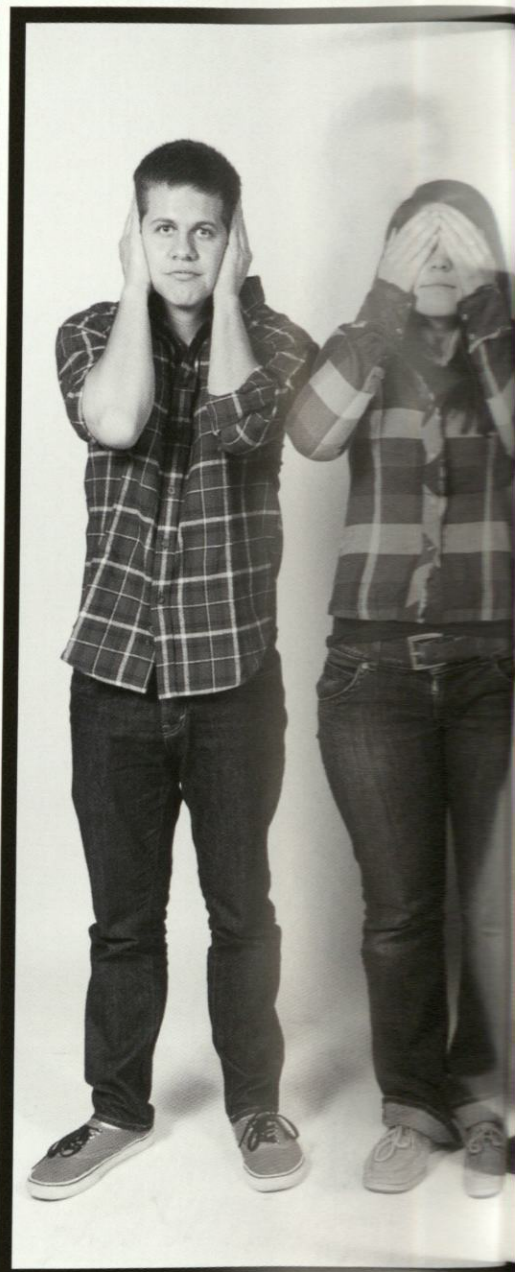


Thomas Wells made sure that each student only got two pancakes during Finals Breakfast.

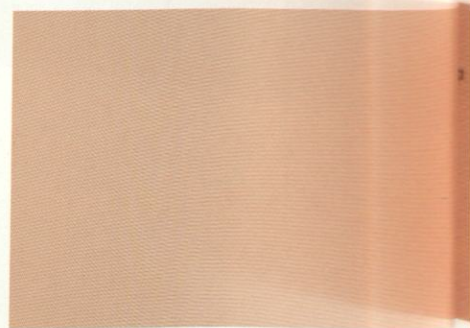
John McDermott eagerly signed up for the Nog Off.

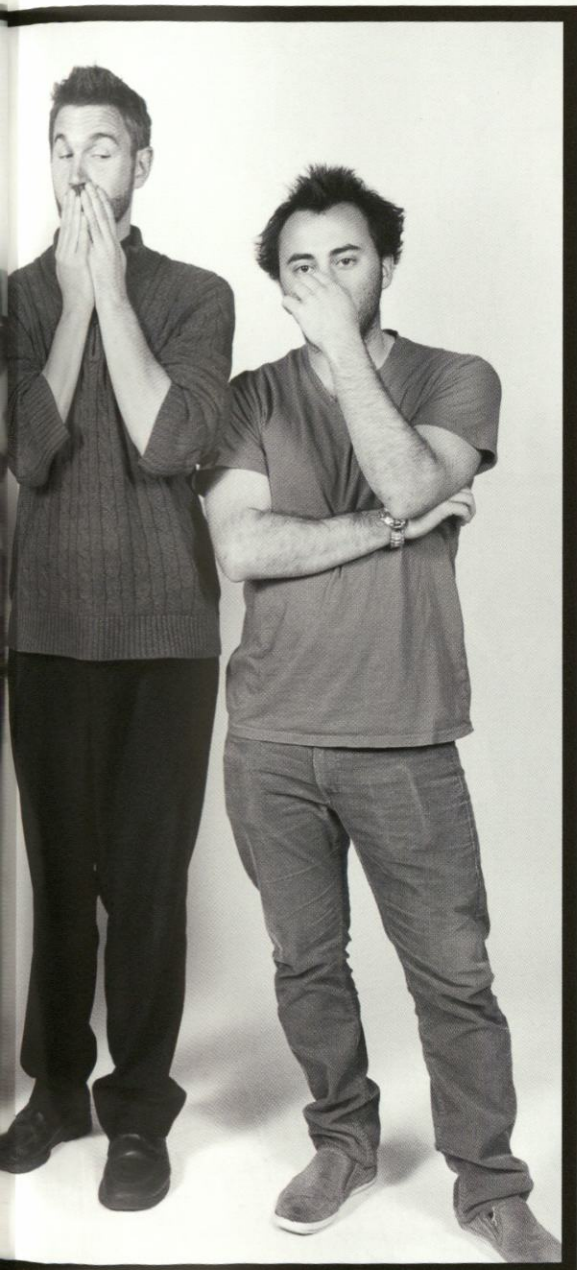
Deck the Halls!

Three main ingredients go into making any finals week a success: 1. coffee, 2. stress, and 3. coffee. Armed with coffee and stress, students powered through finals week to get to the long-awaited Winter Break. Student Activities sponsored several activities designed to help students push through the week, including the annual Finals Breakfast and the Friday movie *The Hobbit*. On top of it all, Active Minds hosted the Oxygen Bar to help students deal with their stress (that second ingredient of a successful finals week, sandwiched between coffee and more coffee). Regardless of the trials of the week, it led to a much-needed winter break.

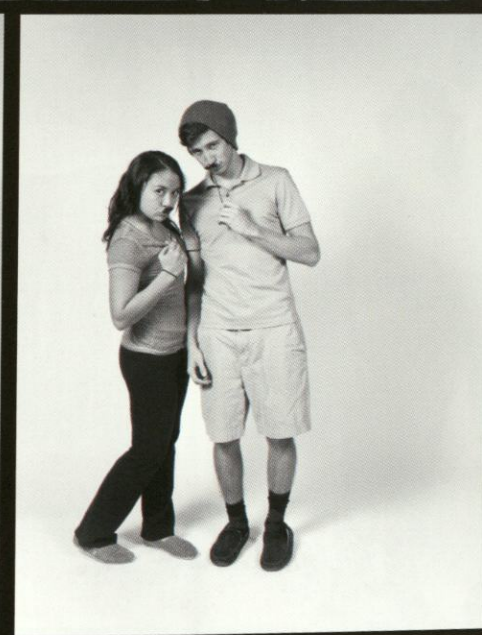
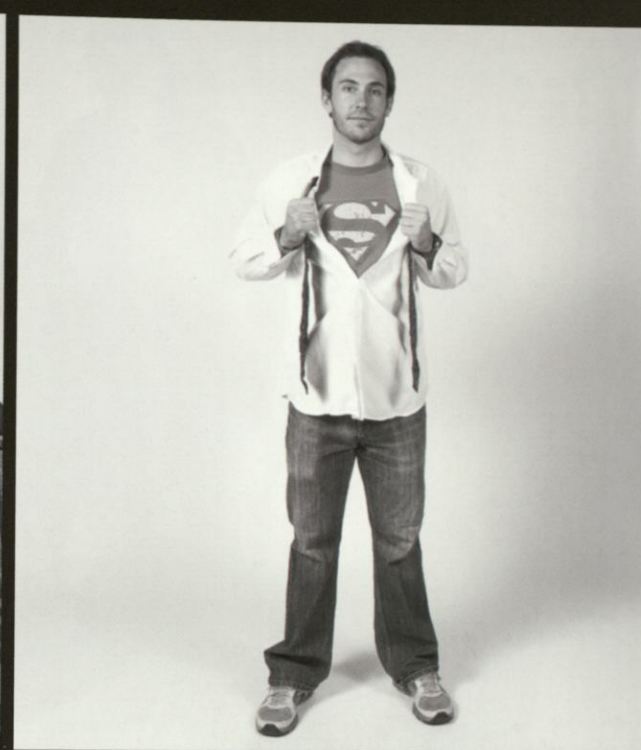


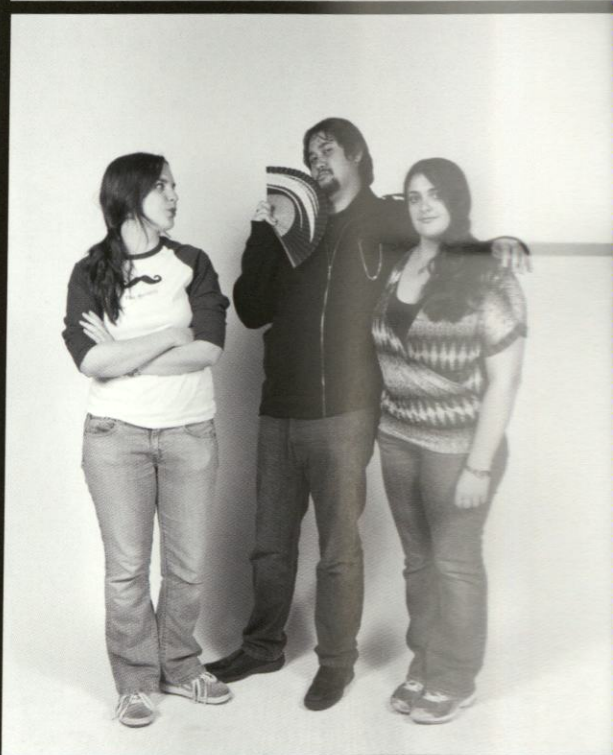
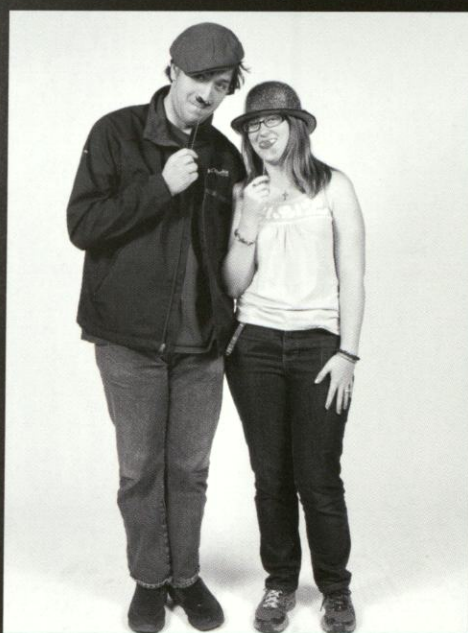
an unexpected
sequence

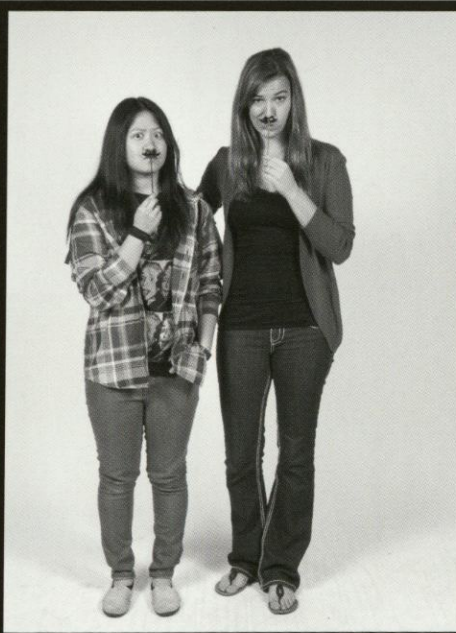
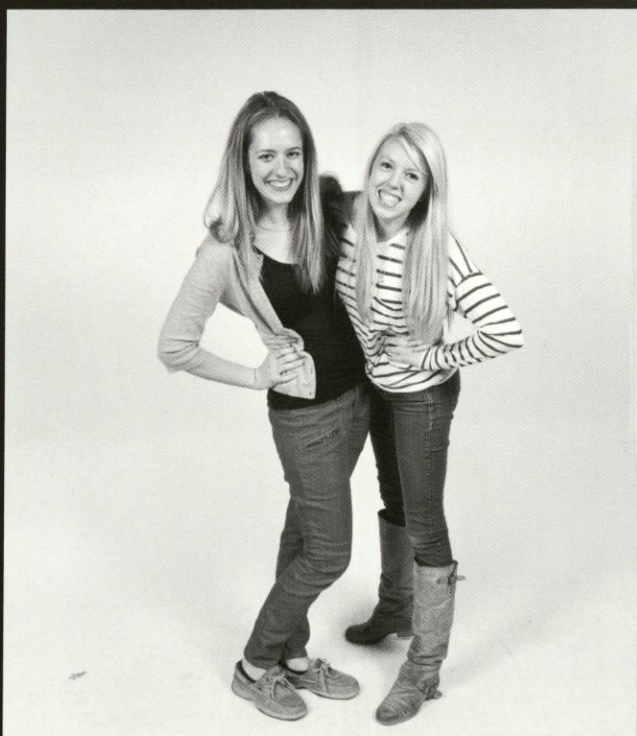
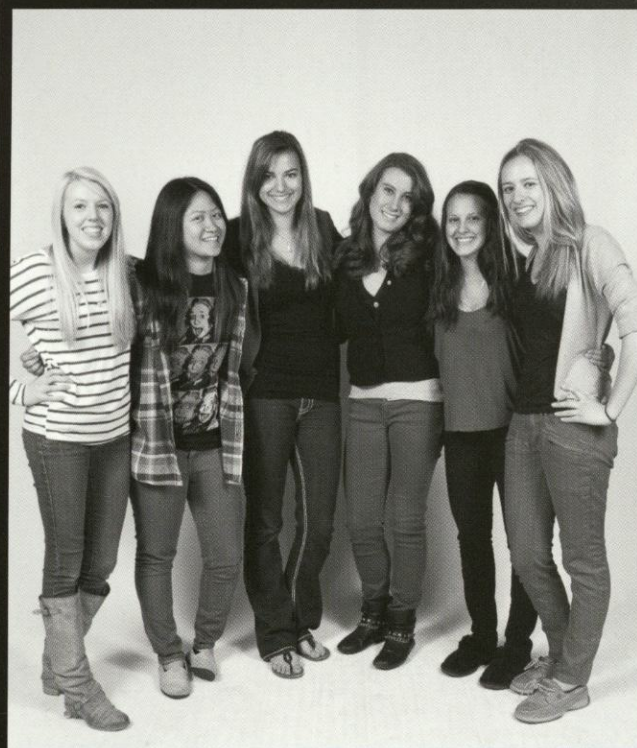


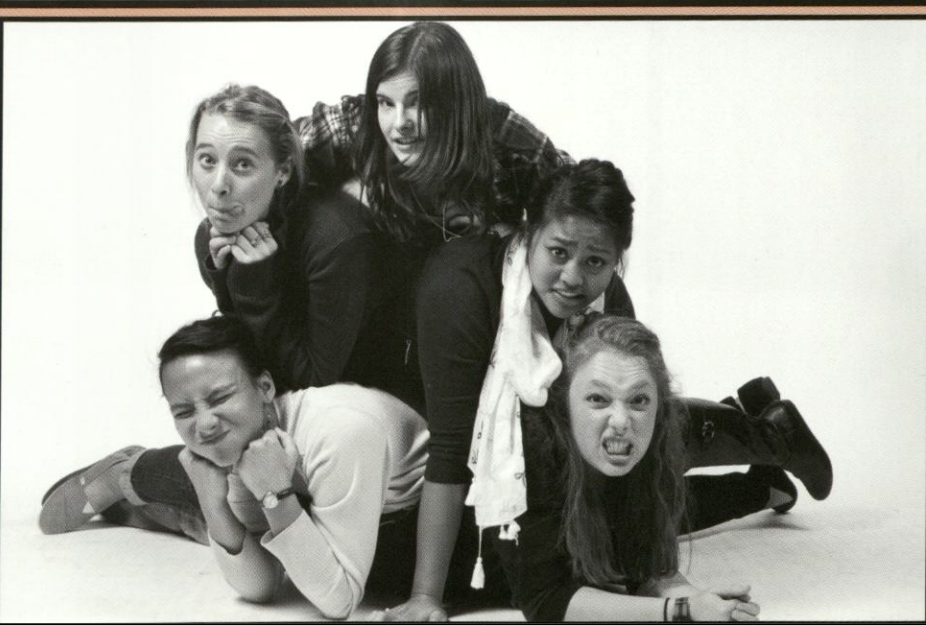
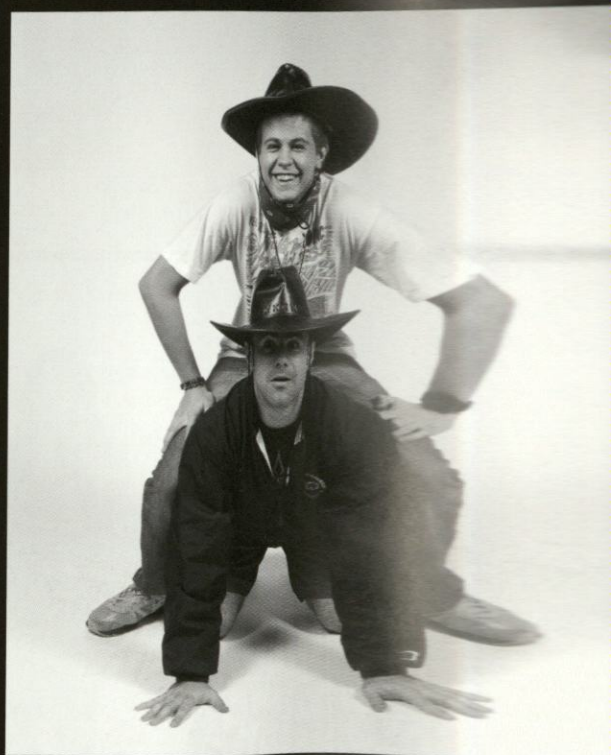


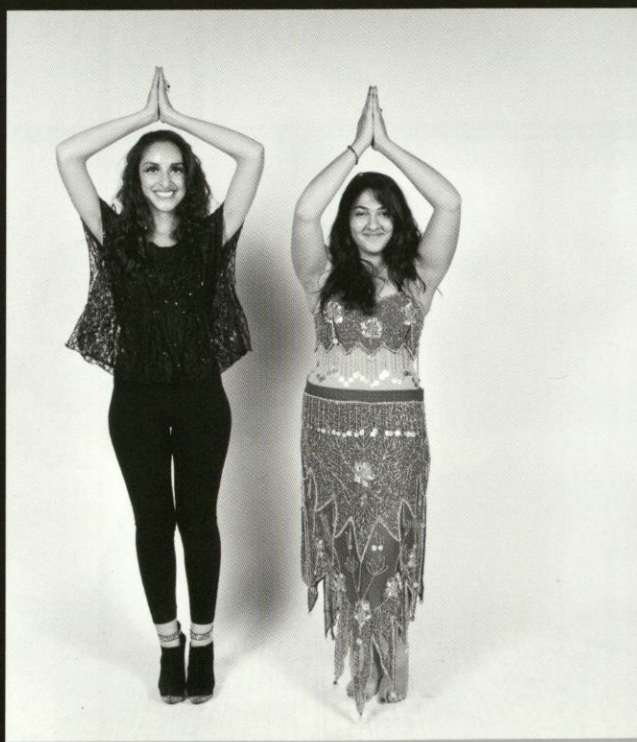
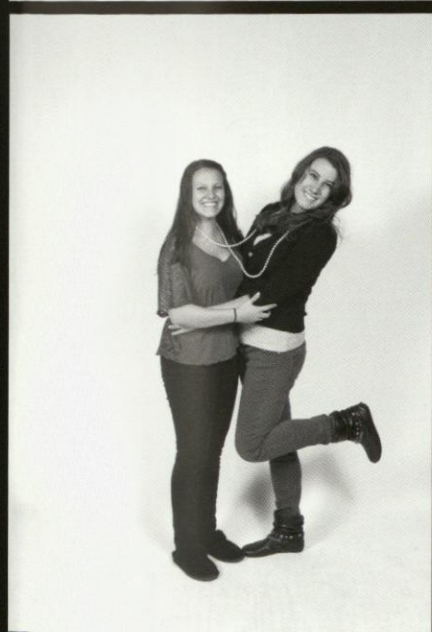
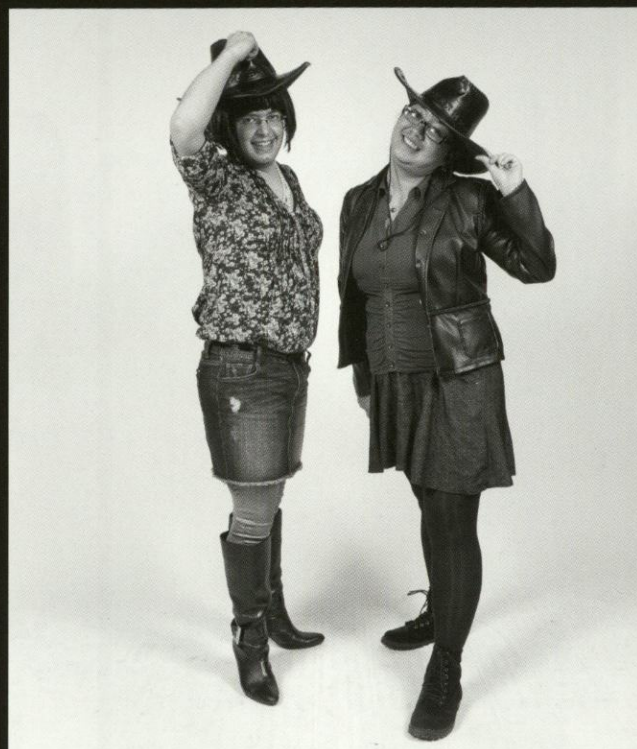


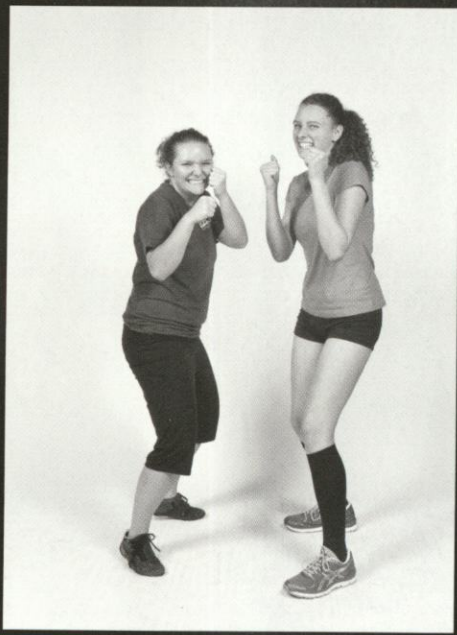
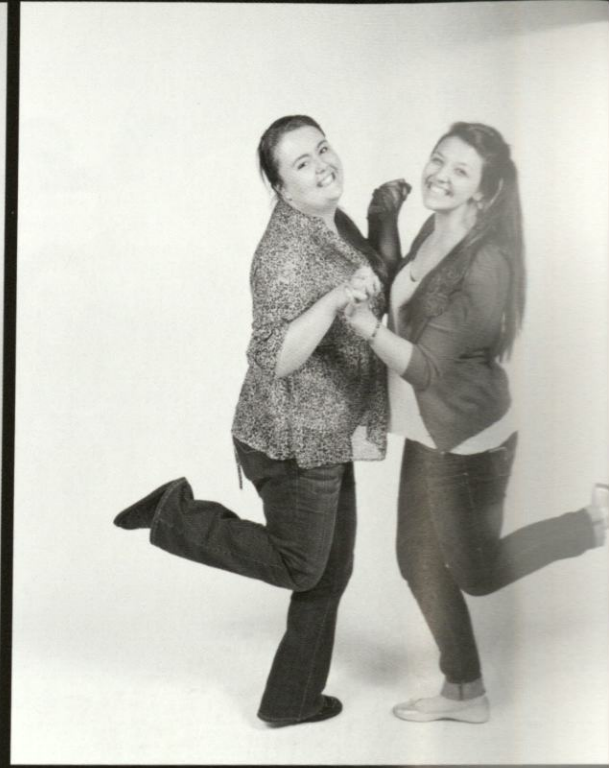


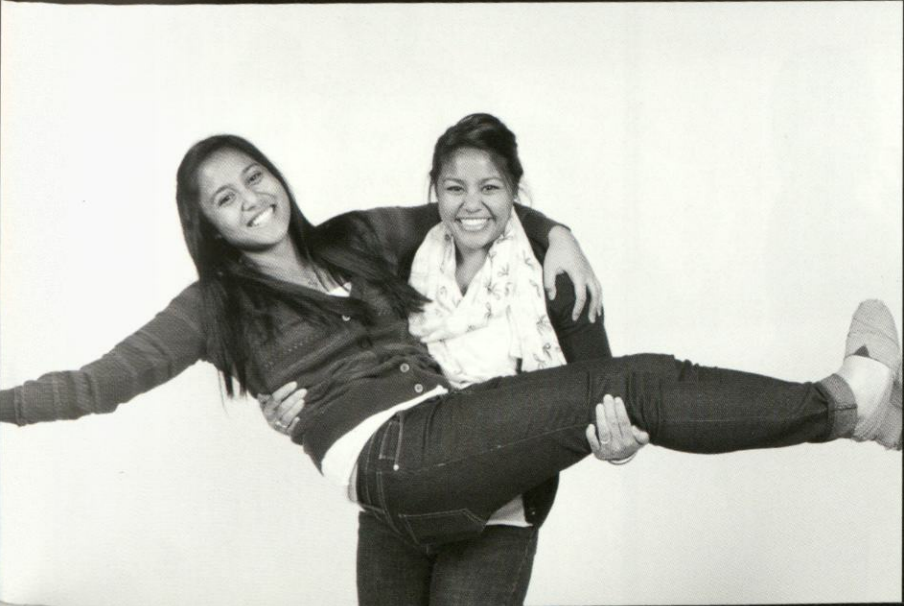
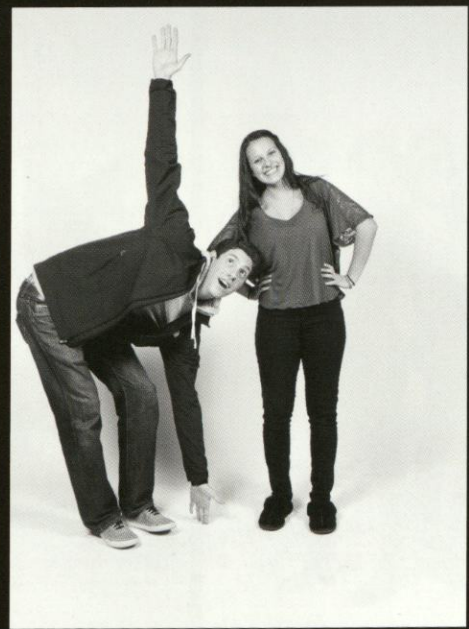
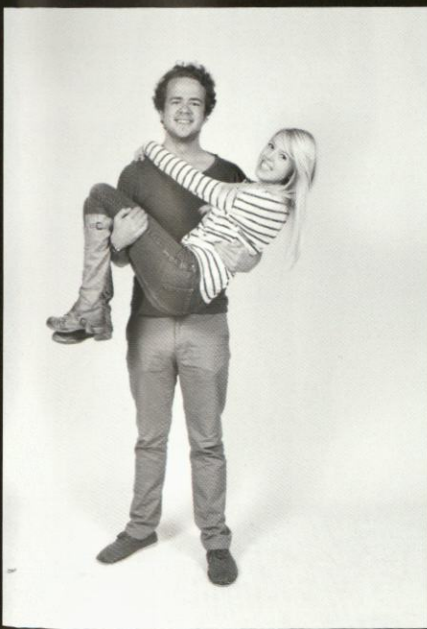
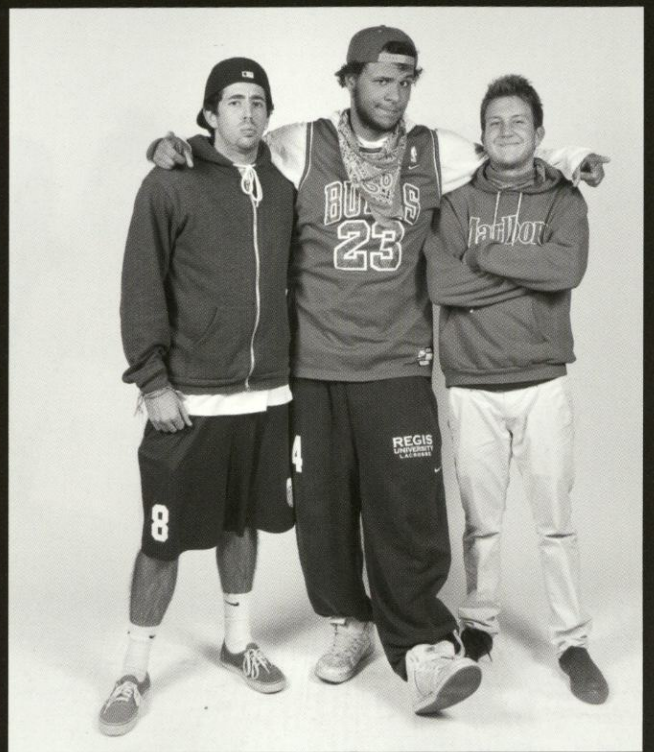


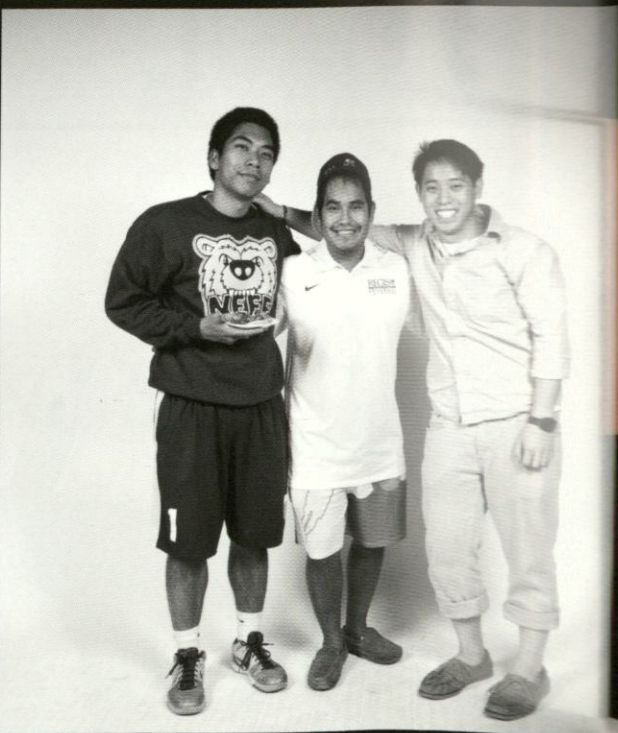
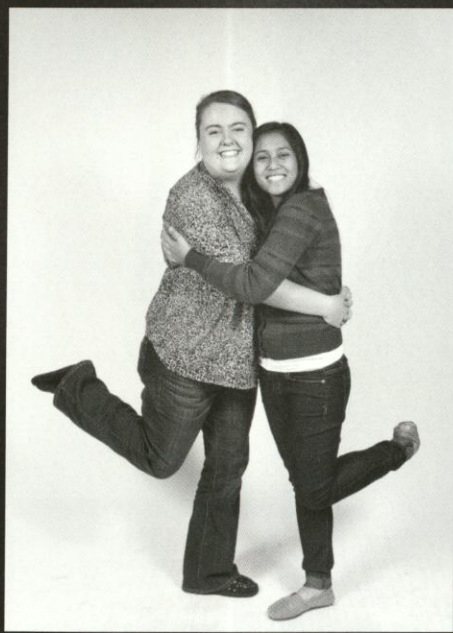
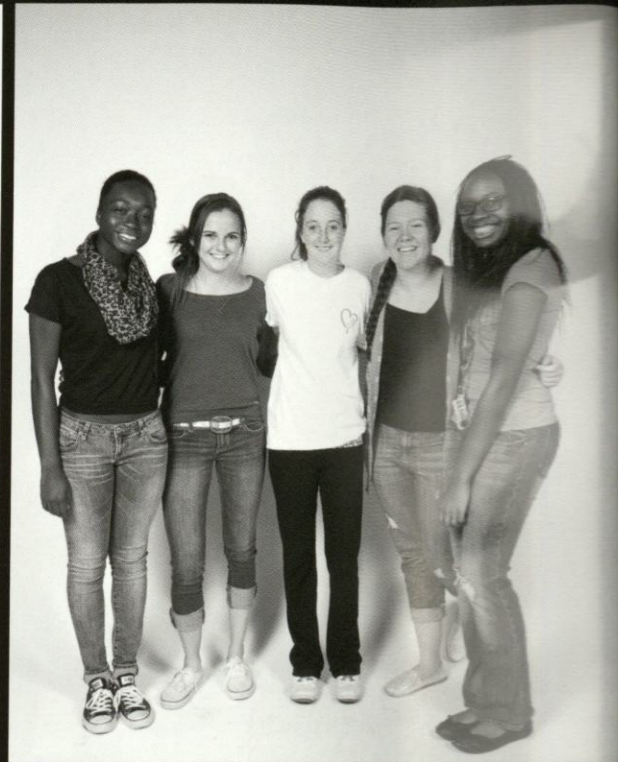


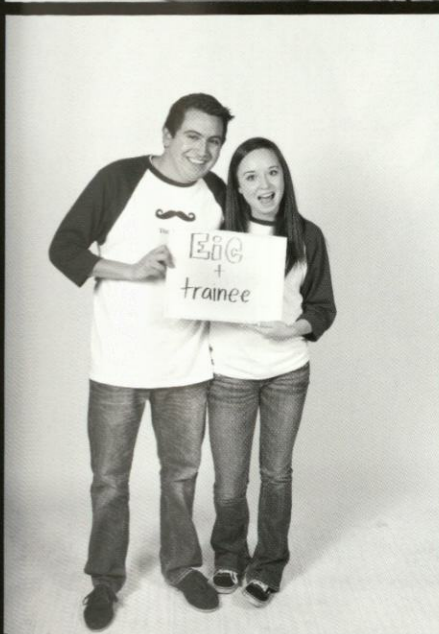


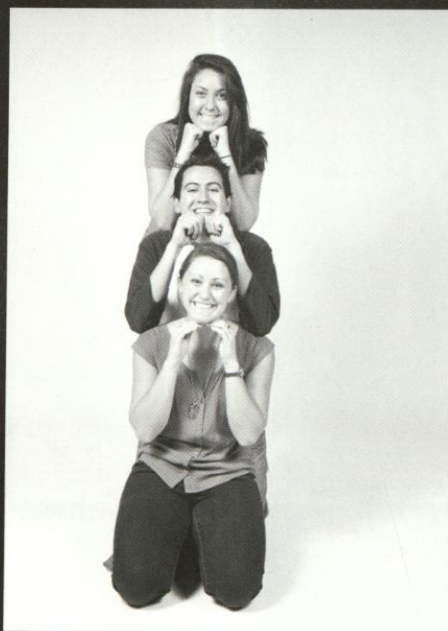
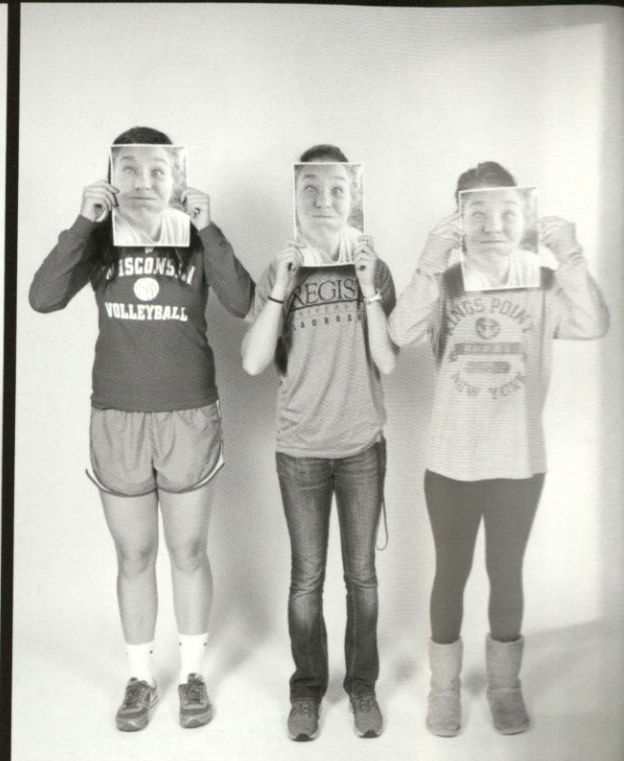


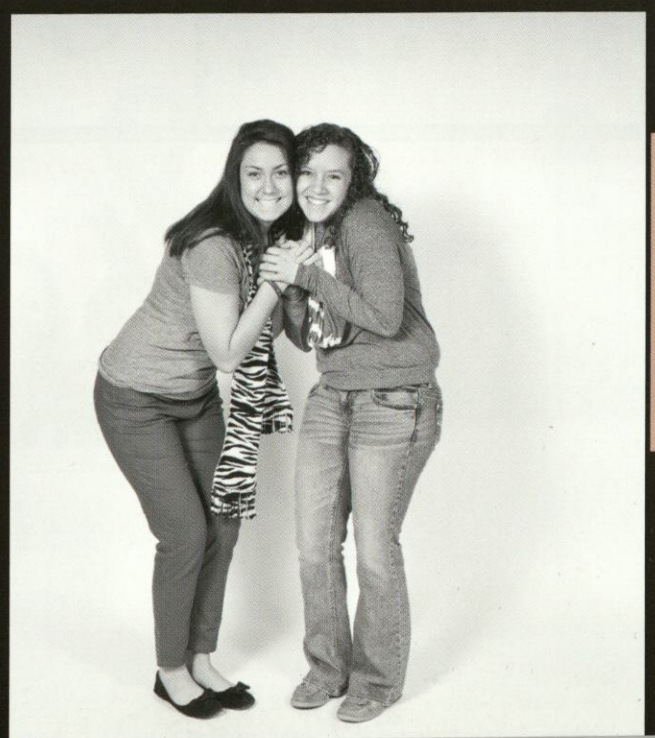
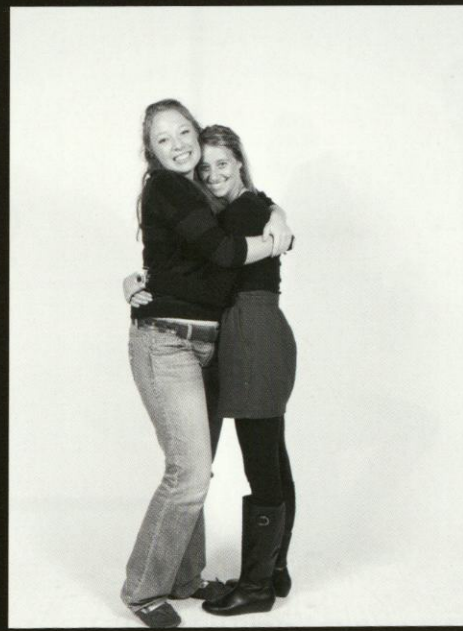
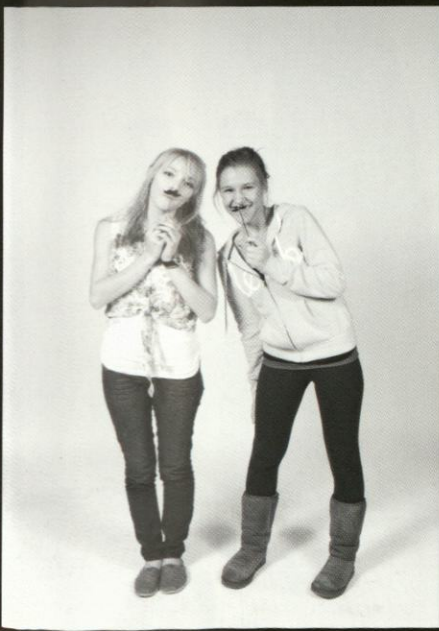
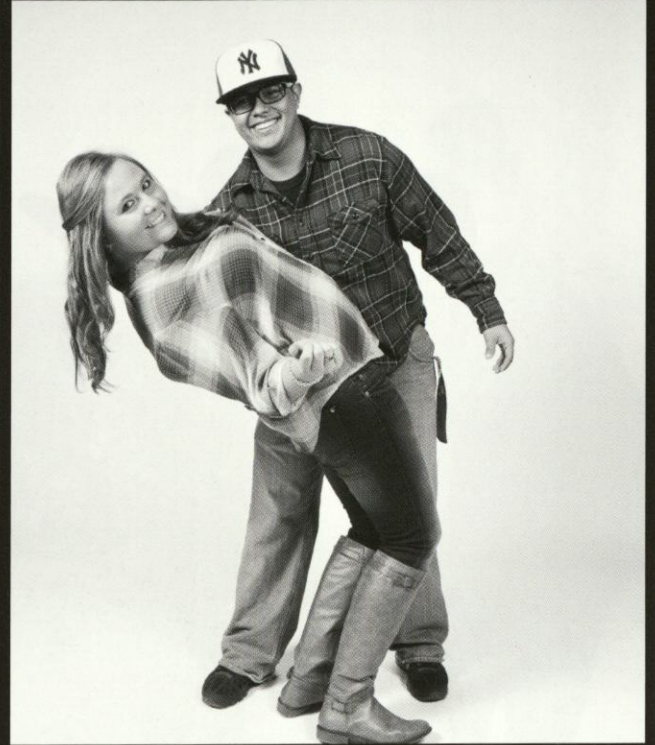


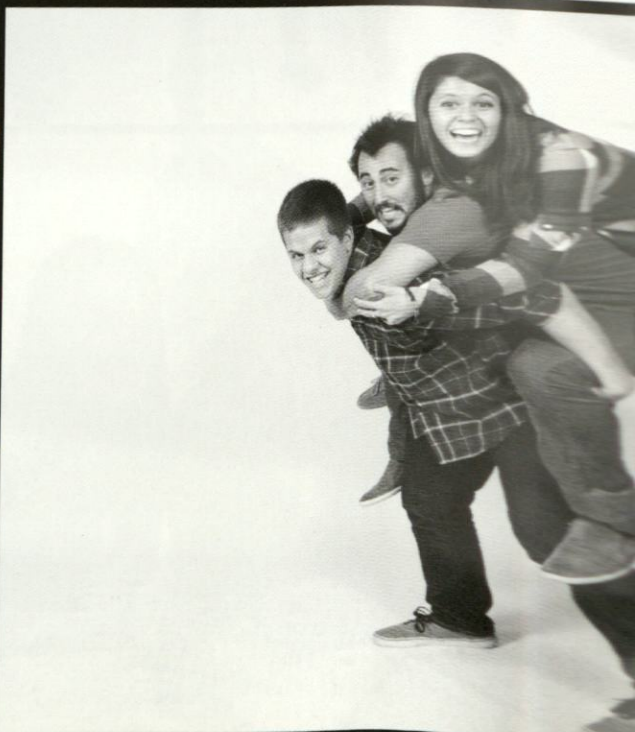
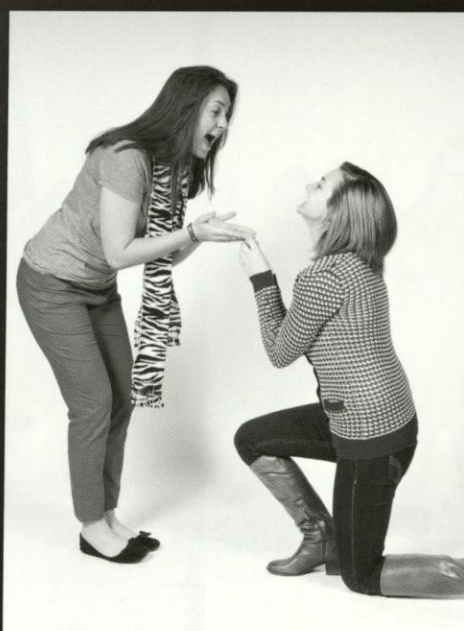
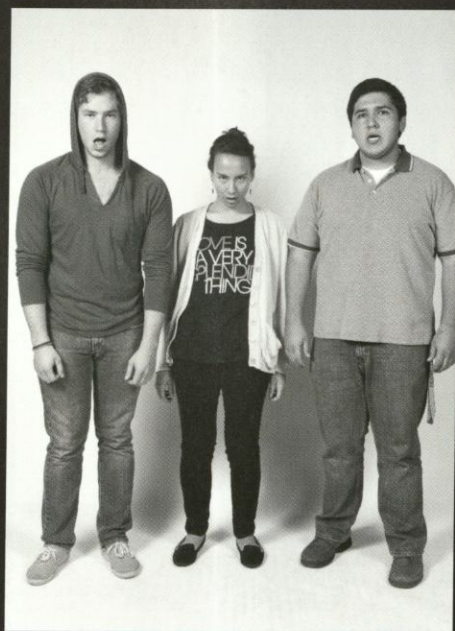


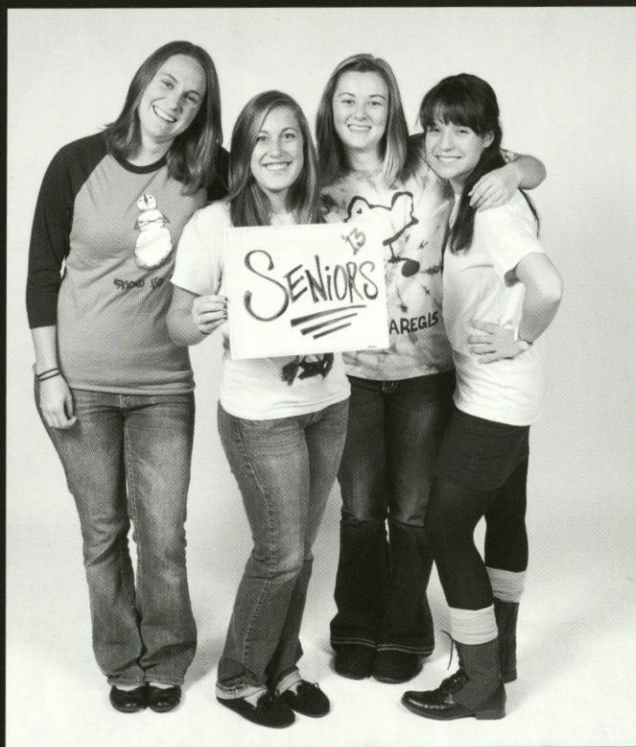
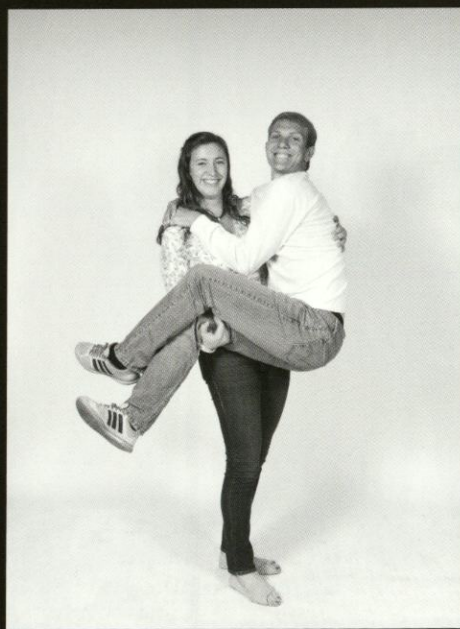
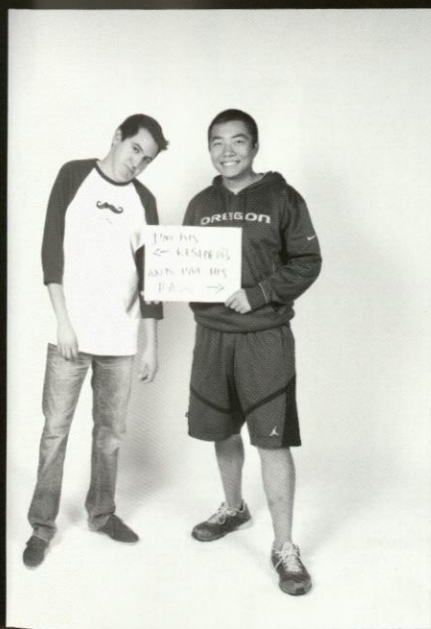


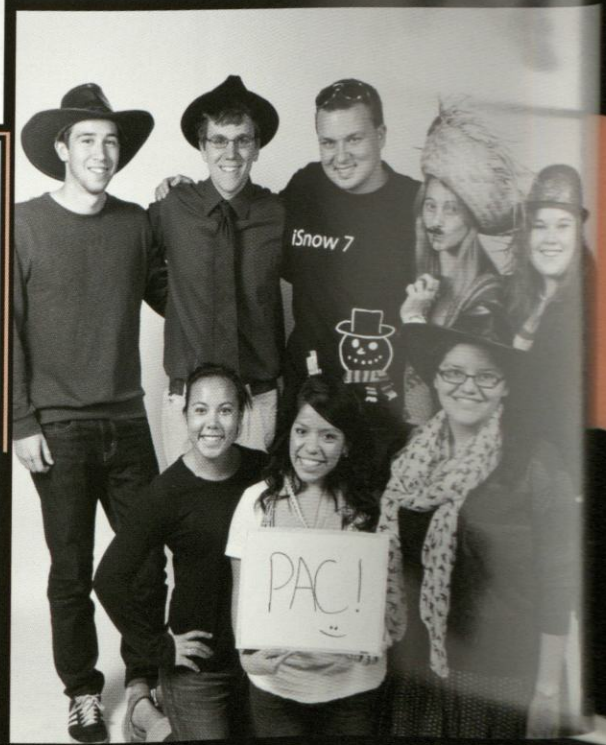
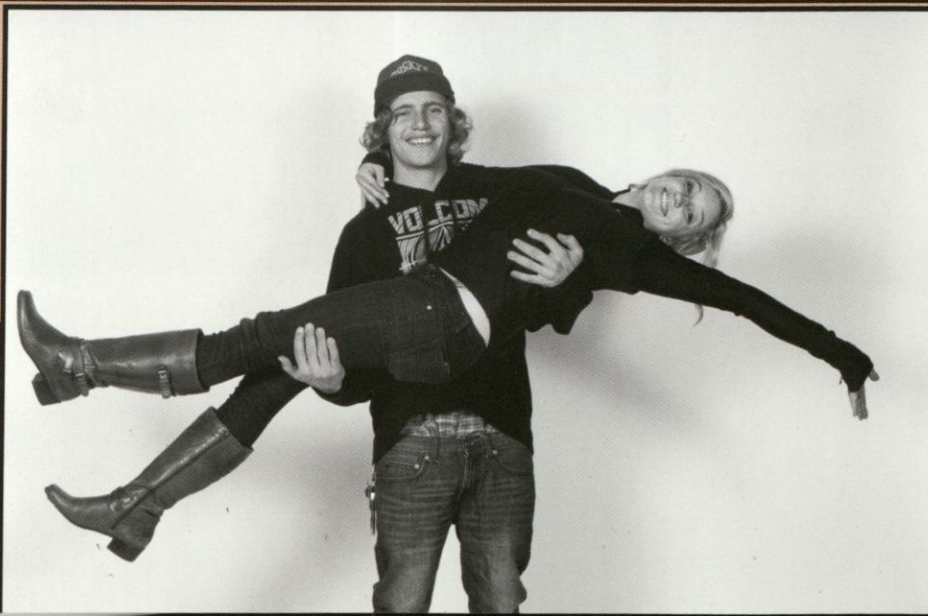
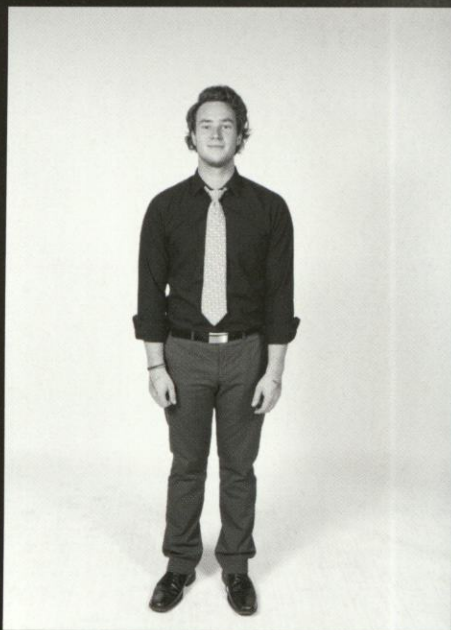
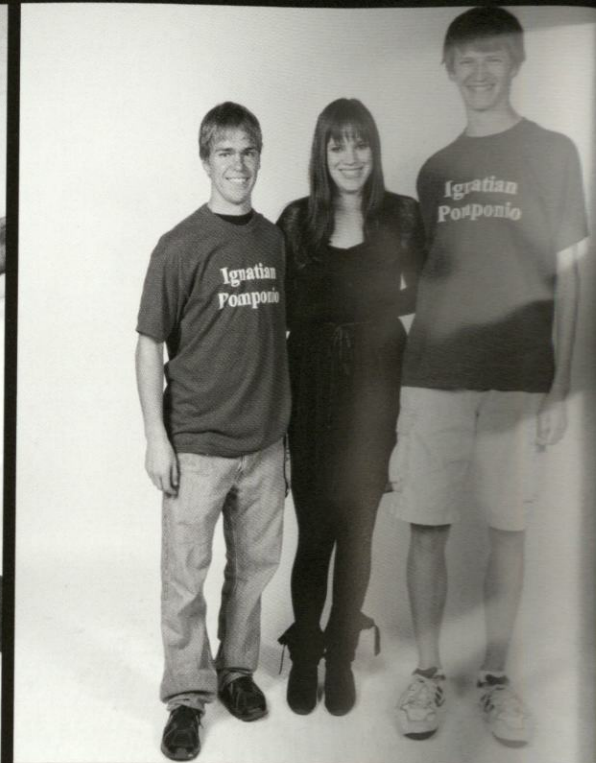


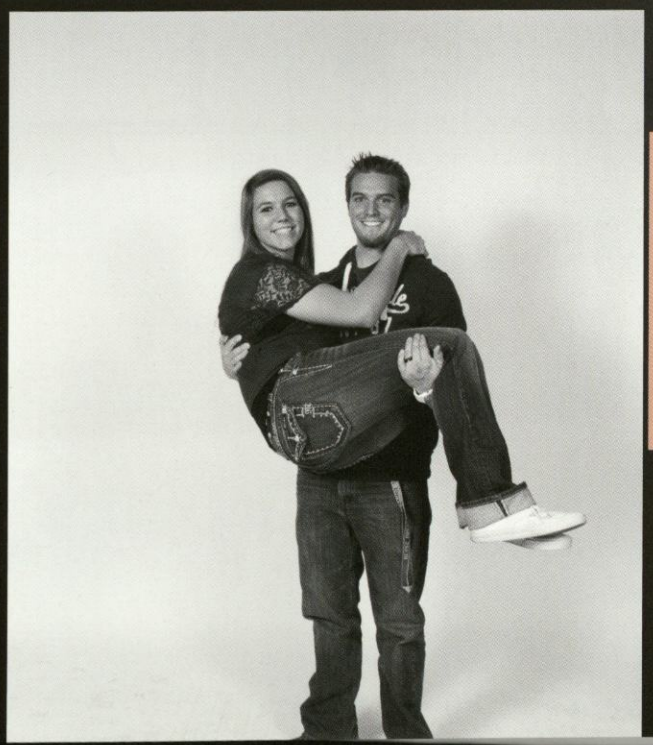
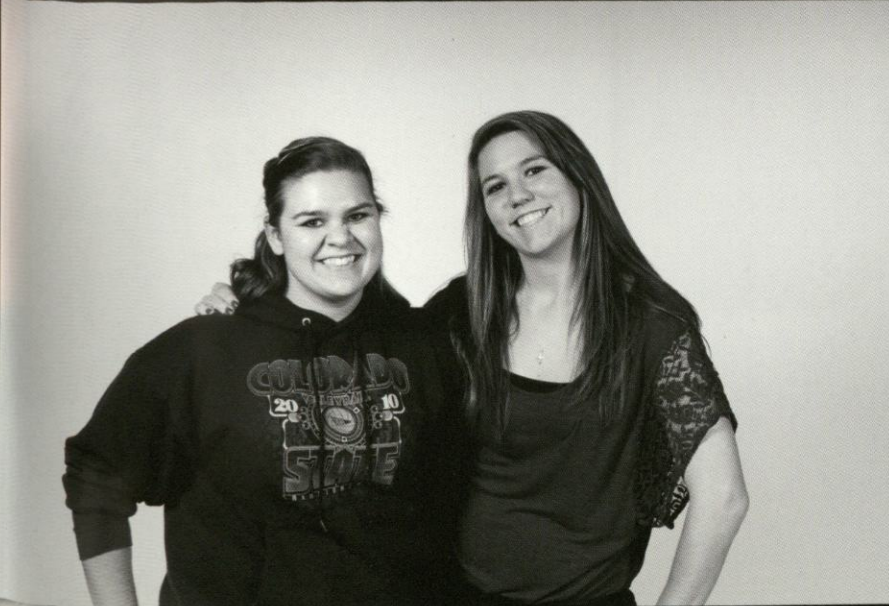
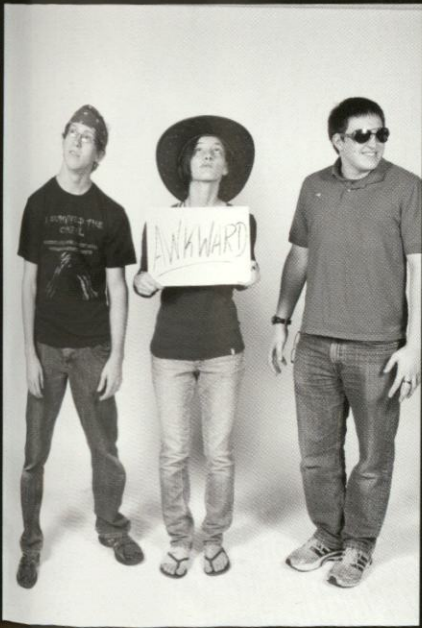
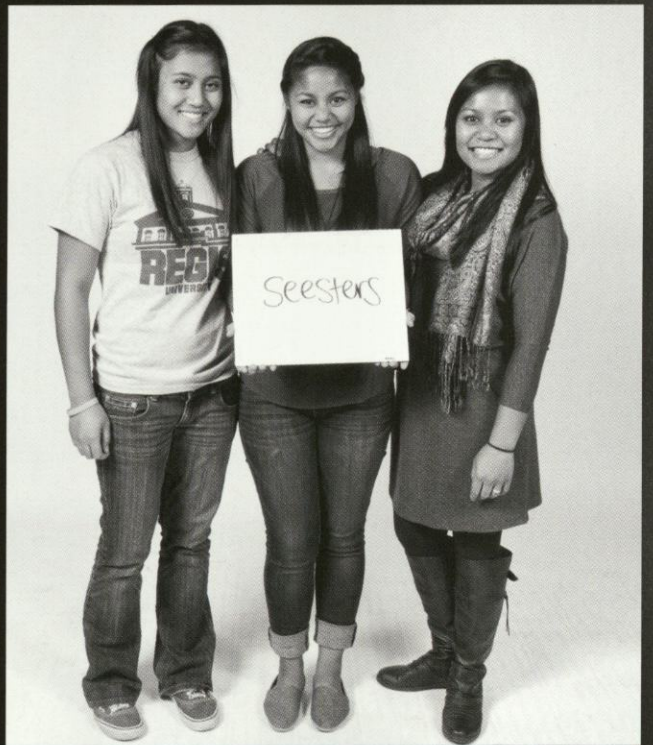


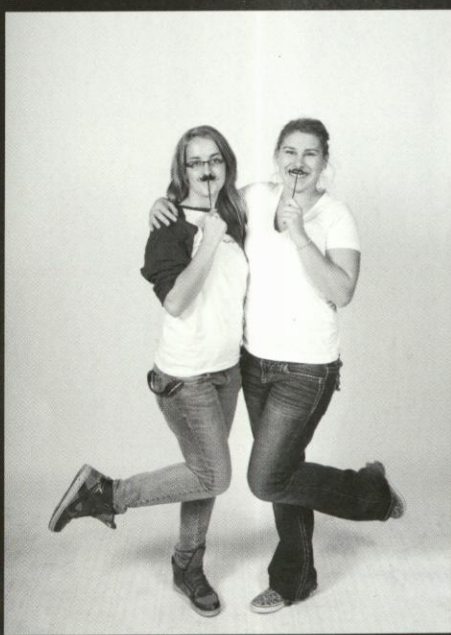
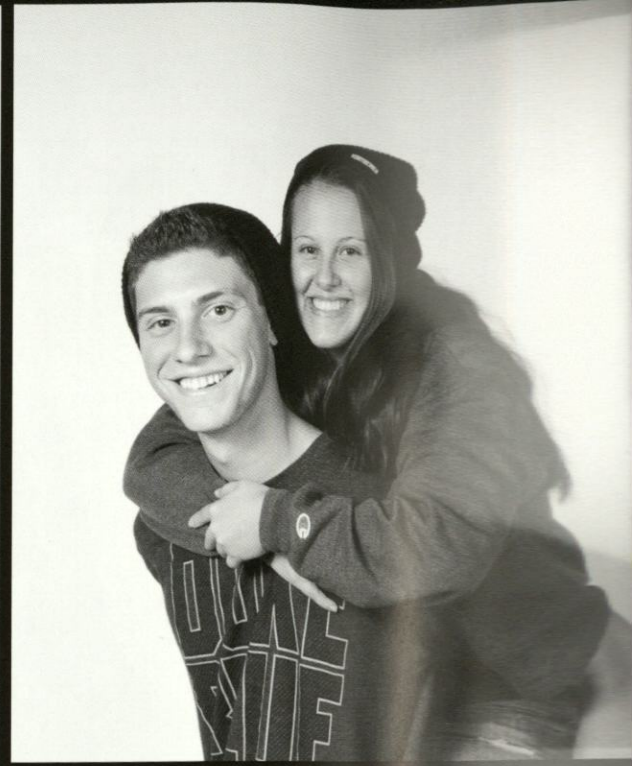


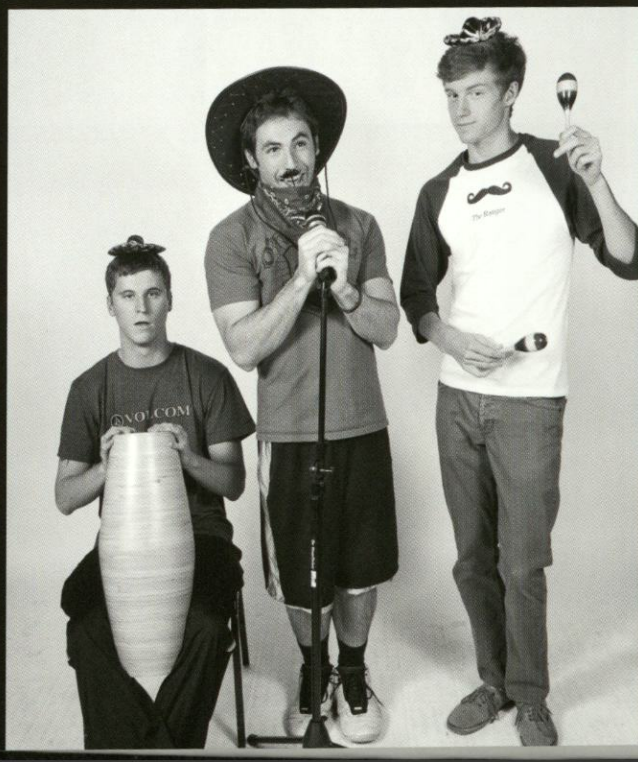
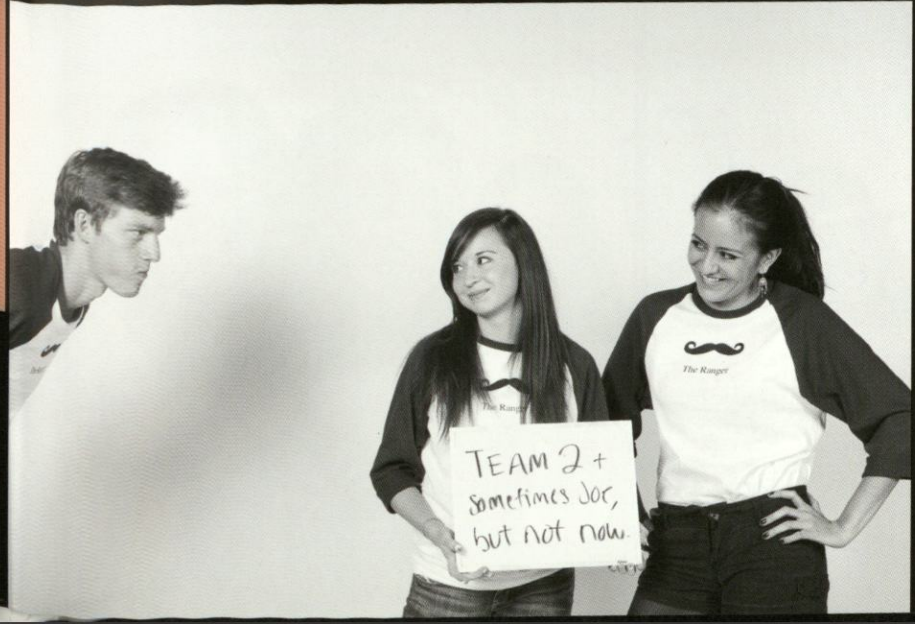
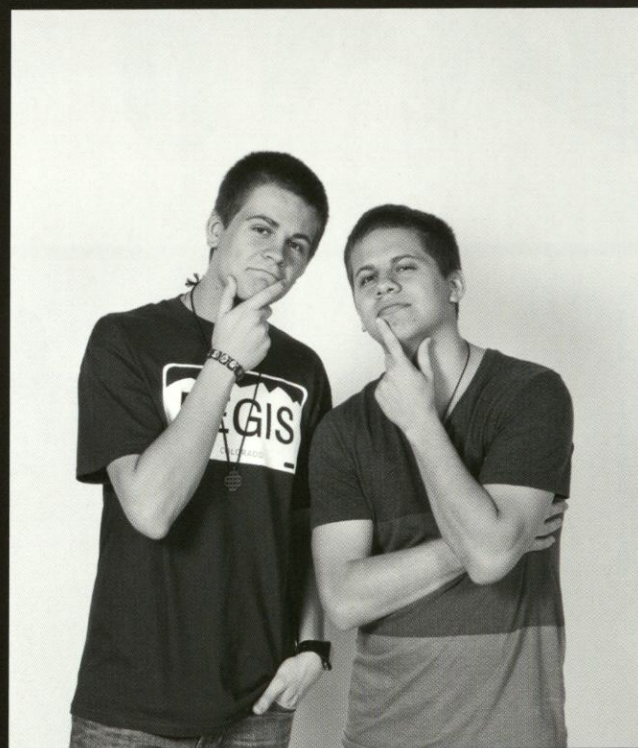
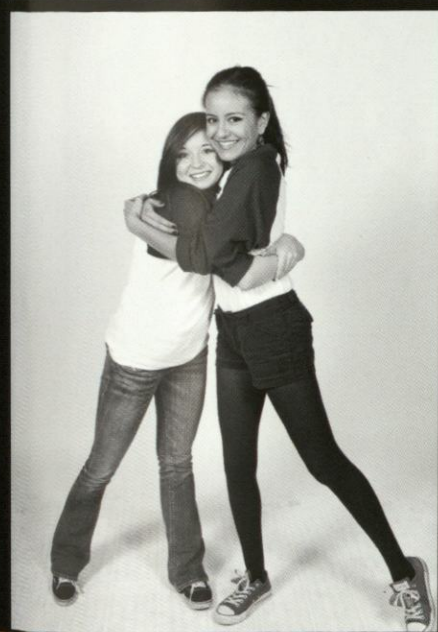
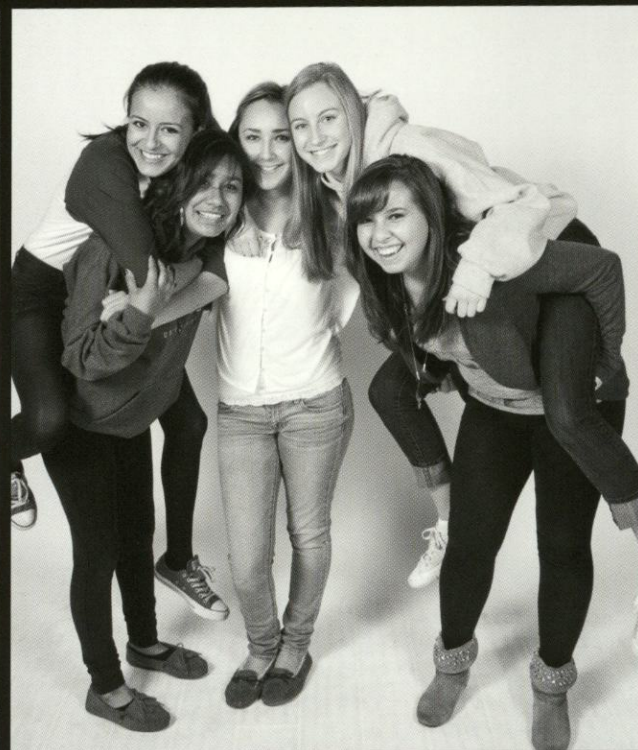


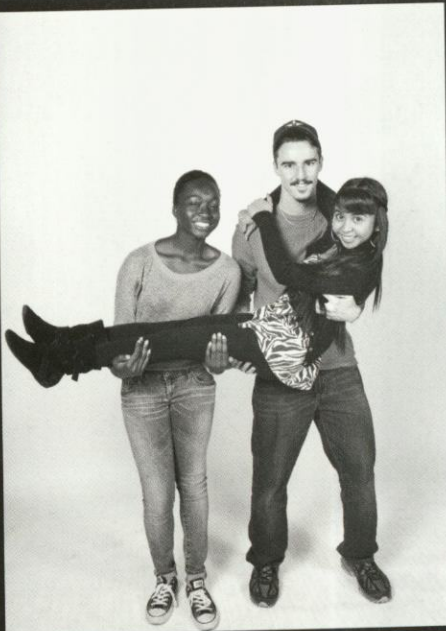


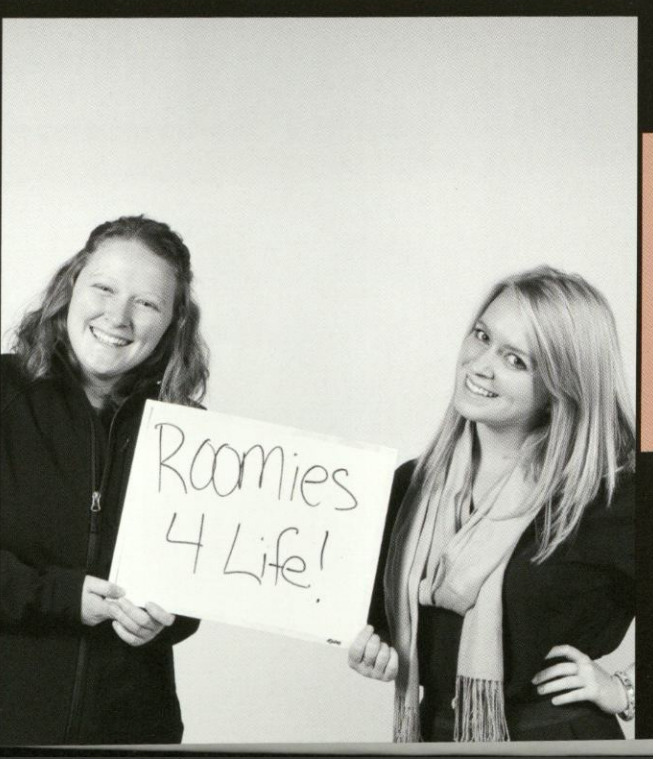
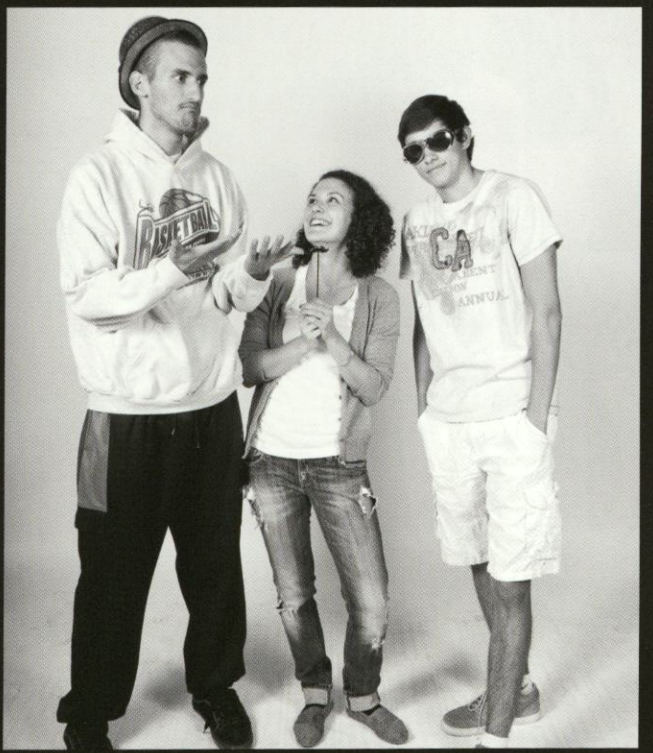
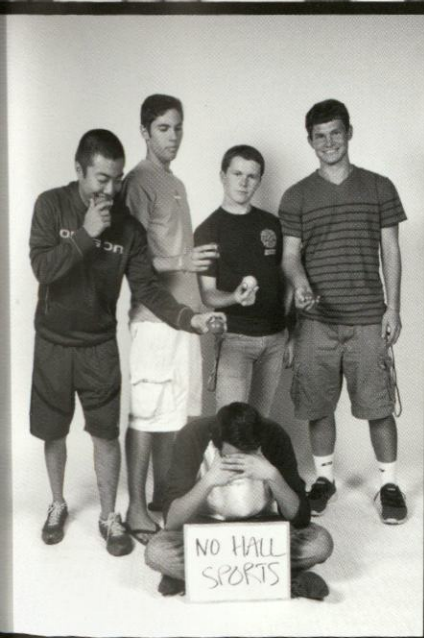




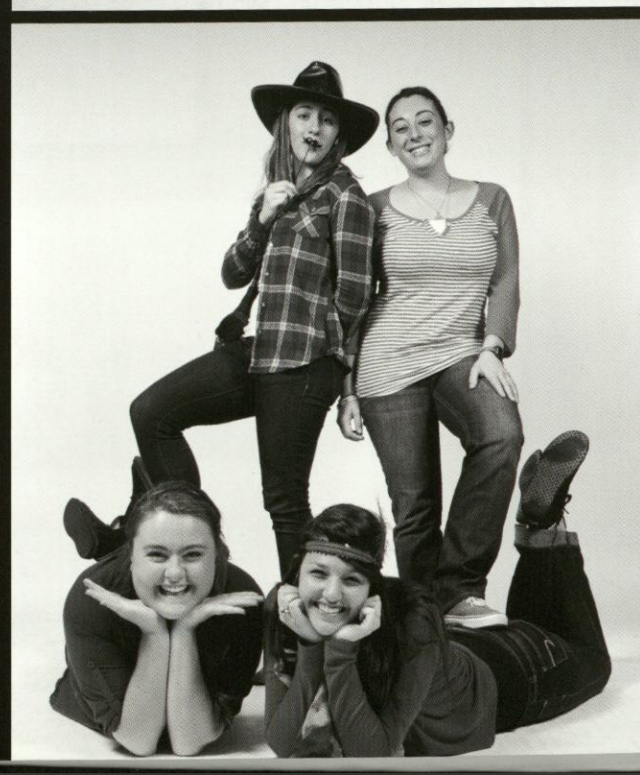
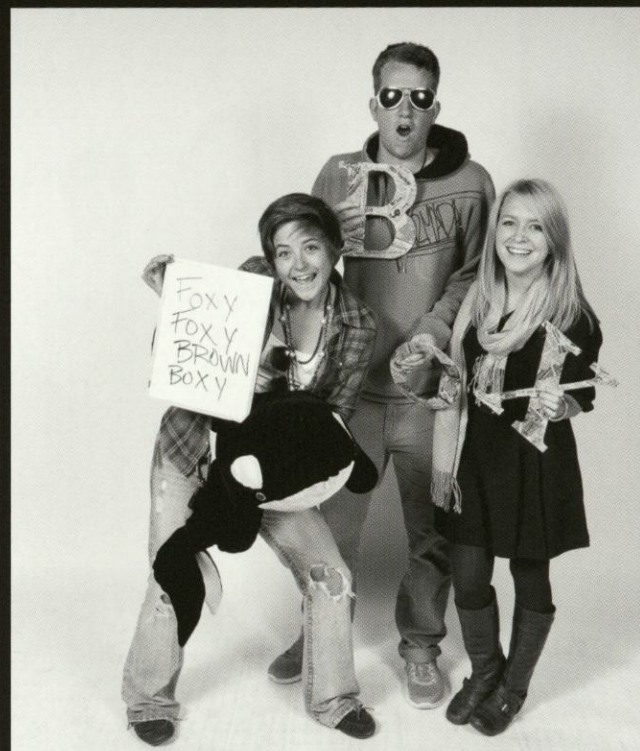
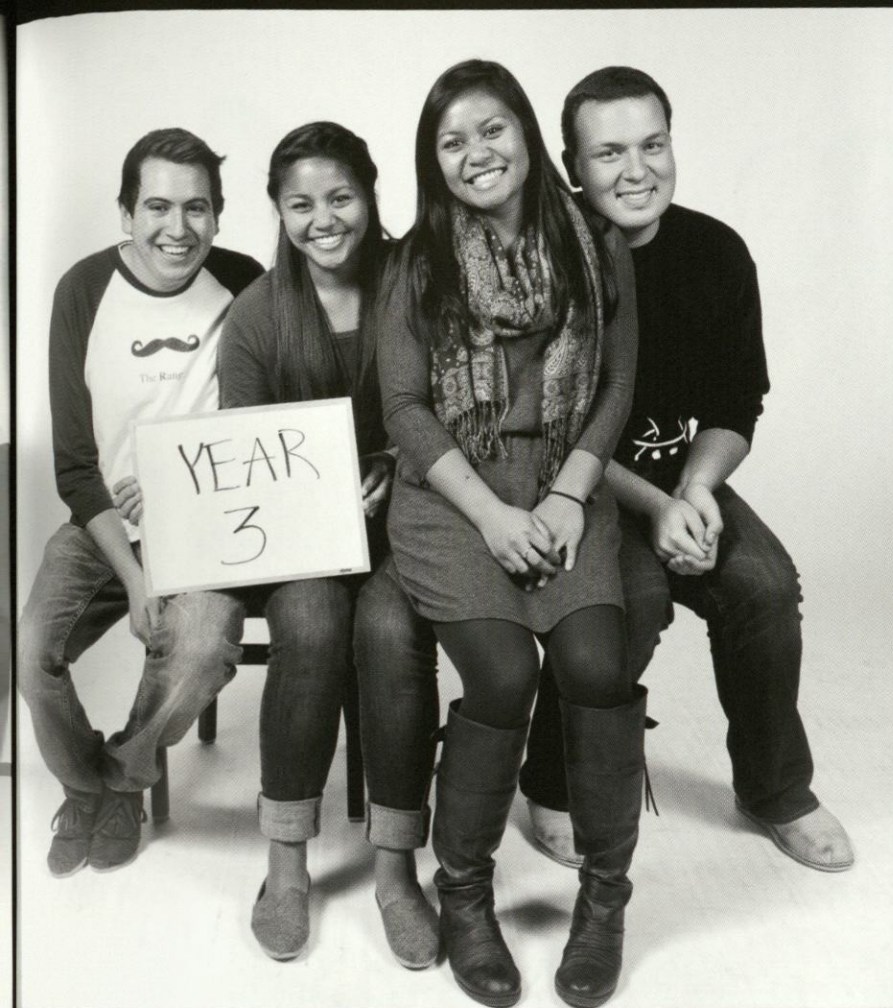


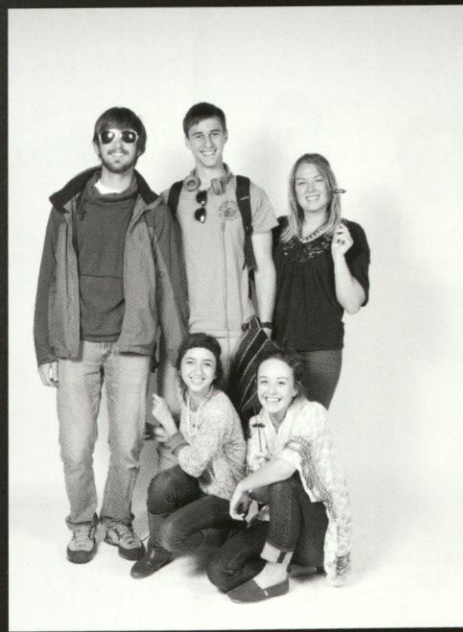
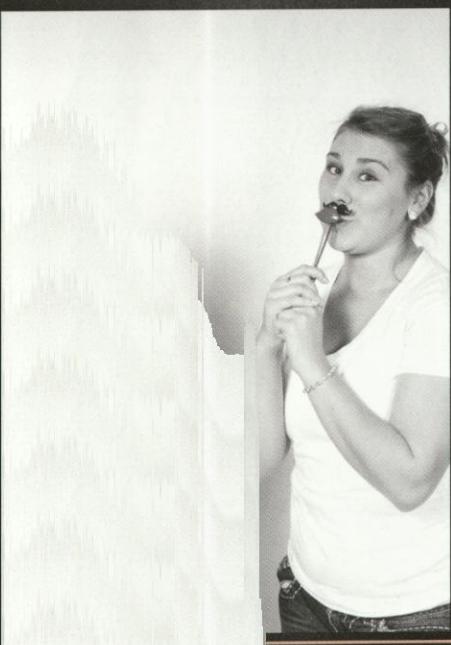
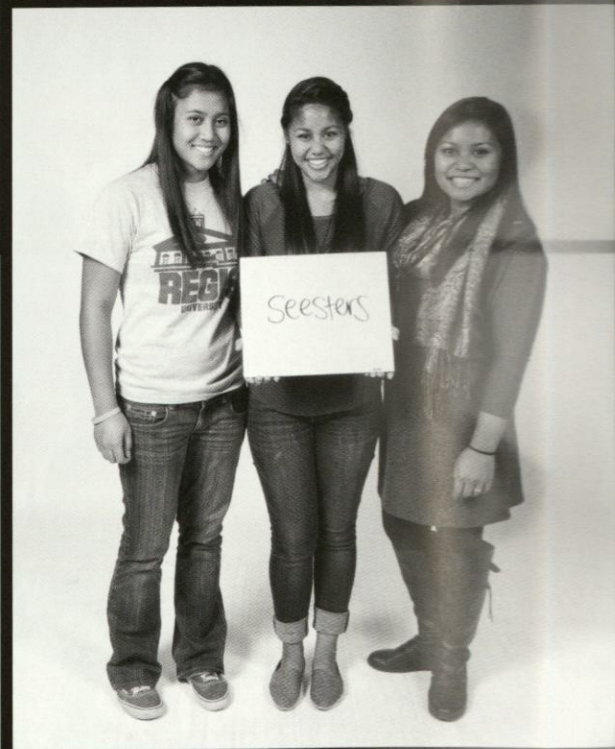
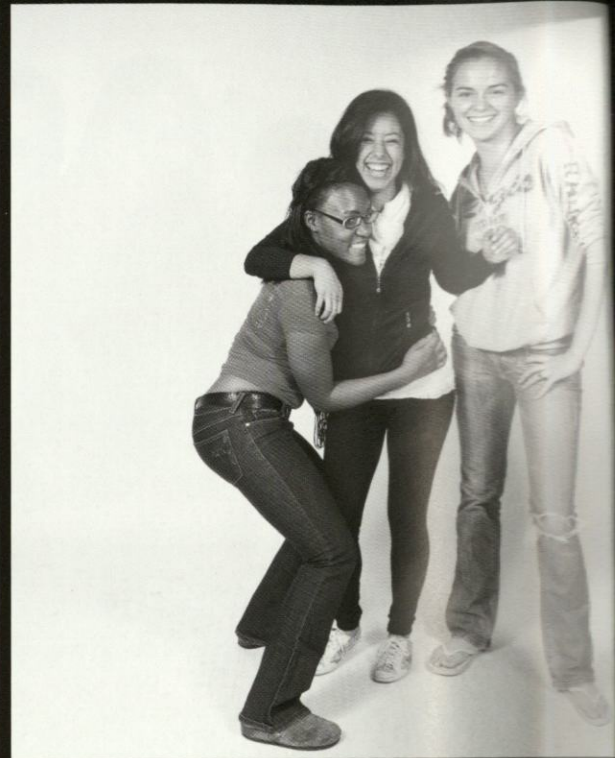


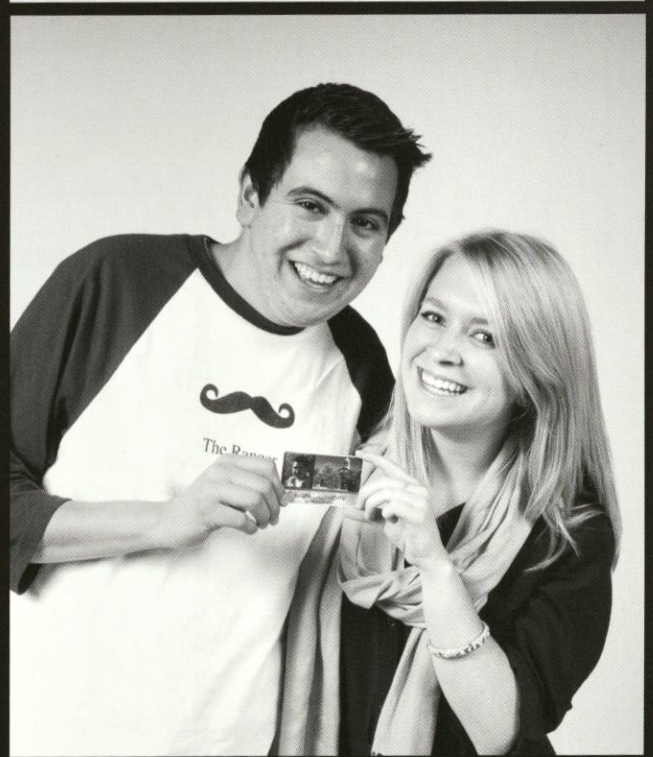
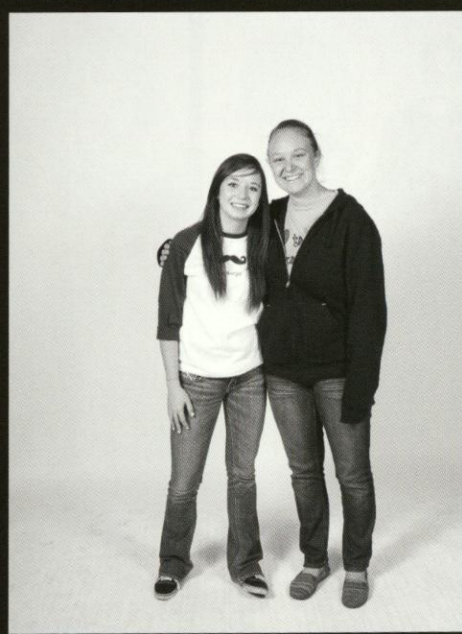
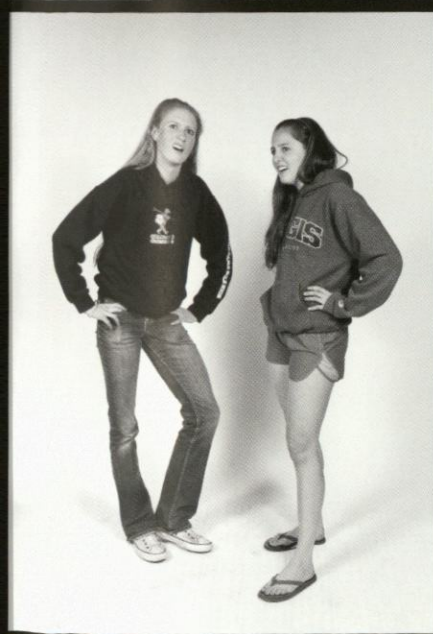
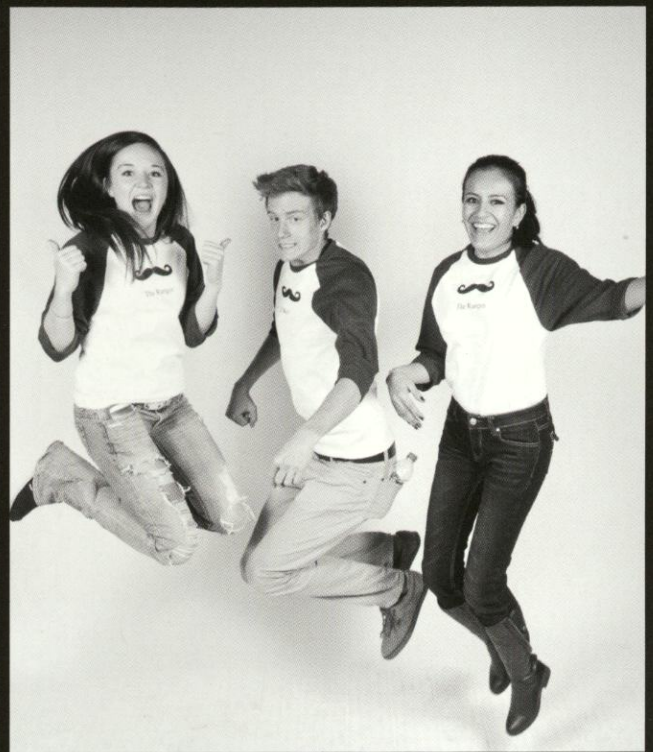
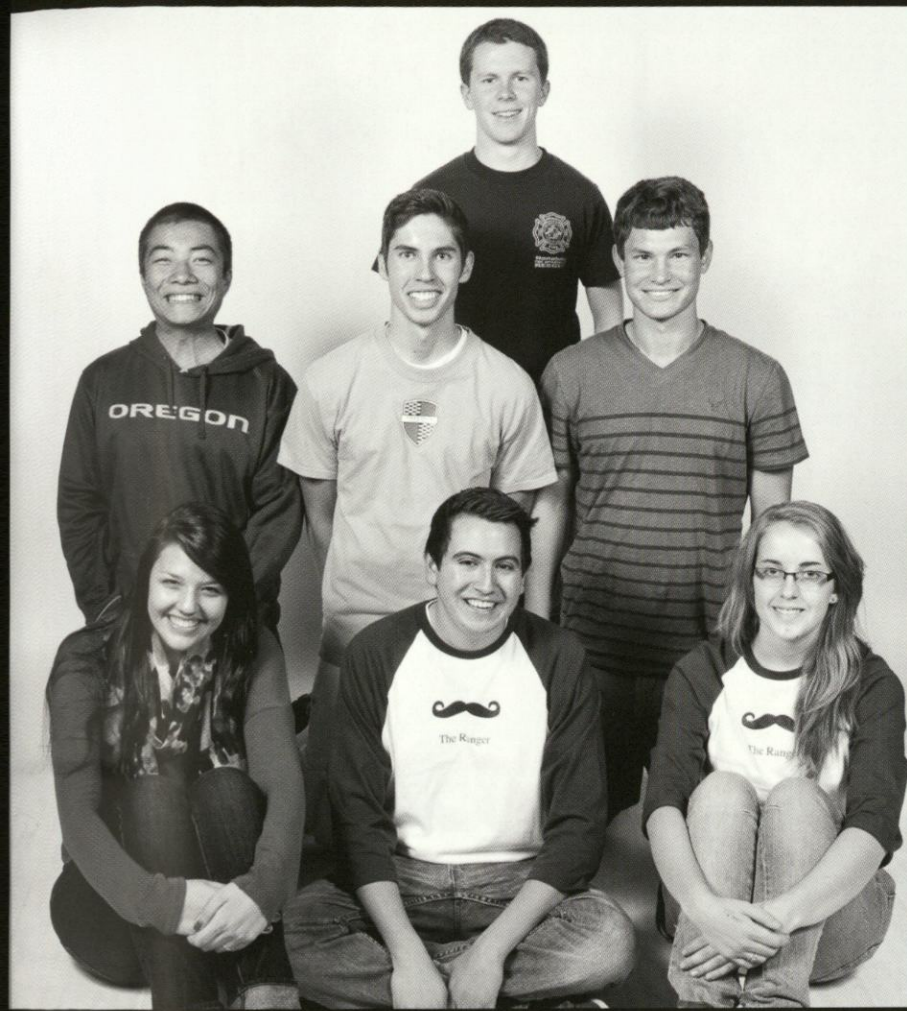


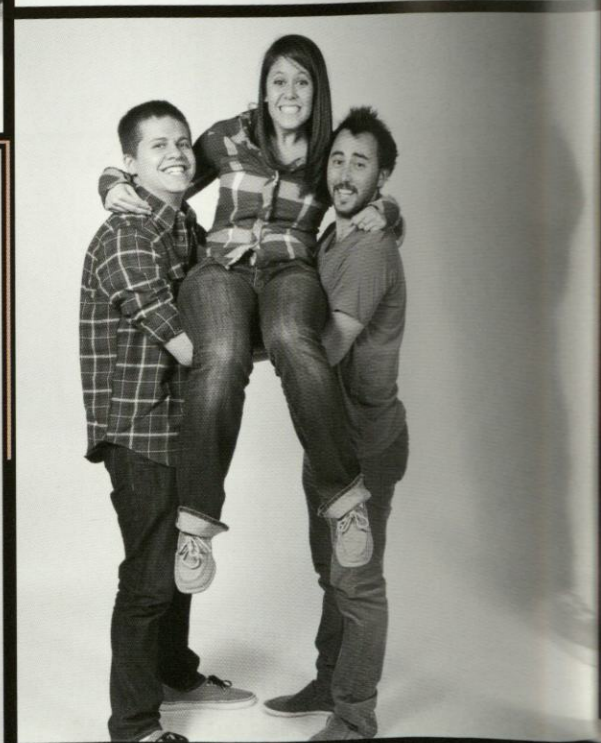


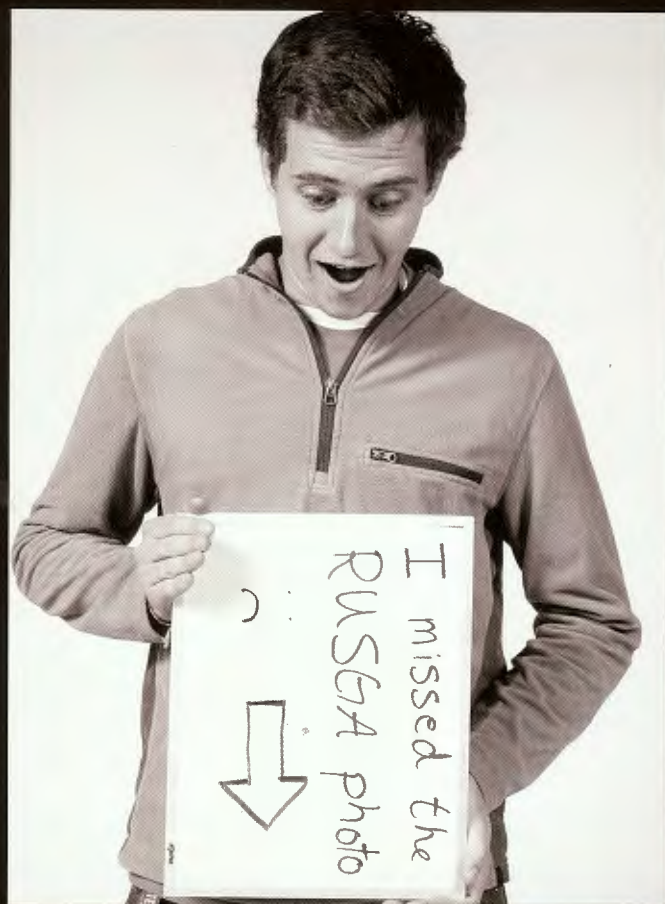














an unexpected
victory





Christian Pedroza-Gomez



Liam Martin

Disney World

The Men's and Women's teams had the unique experience of getting to race at "The Happiest Place on Earth": Disney World! On October 5th, the group gathered at the ESPN Wide World of Sports to run one of the most interesting races that exists. The men and women ran what may have been their best race of the year, placing 4th and 12th, respectively. It was advantageous for them to get a chance to run at sea level, but the humidity proved to be another challenge. Nonetheless, it was a great experience that none of them are likely to forget anytime soon. Outside of the racing side of the trip, both teams enjoyed going to the park for two days. All in all, it was a great athletic experience and a well-deserved break from studying.

The Men's Cross-Country team





1. The Women's Cross Country Team.
2. A Chittenden.
3. Devin Muldoon.



Lasting Legacy



Kela Vargas

Running Across the Country

Traveling everywhere from Colorado Springs, CO, to Lawrence, KS, to Orlando, FL, this year's team had quite an eventful season. With its largest squad in Regis history, the Ranger runners were set to have an exciting, competitive year. They entered the season with one of the most promising women's teams they have ever had. Both teams battled injuries, which caused them to change their expectations. However, nothing could hold this team back as they fought hard to have a truly successful and enjoyable season.

Seniors Christian Pedroza-Gomez, Calleigh Durr, Lauren Dorsey-Spitz, Hope McGehee, Devin Muldoon, Cait O'Brien, and Ryndi Zastrow will truly be missed, and we wish them the best of luck in their future endeavors!



Scott Brown, #12



Stephen Reed, #16

Bringing Home the Goal

Filled with exciting games, cheering fans, and a lot of hard work, this season the men's soccer team ranked number one in the national level in D2—a first in Regis history. In one of the games, the team managed to score three goals in a matter of minutes. During the season, the team defeated the national champions in Fort Lewis with a score of 5-2. In all, it was a thrilling and memorable season for the Rangers this year.

Some Raucous Rangers cheered on their team to the number 1 spot in the nation.





1.

1. Robbie McElroy, Kyle Farrell, and Jason Boyle.
2. Adam Tormoehlen.
3. Martin Maybin.
4. Christian Nicolosi.



2.



3.



4.

We're Number 1



Living, breathing, and dreaming about this sport, there is no doubt that the men's soccer team has earned their way to excellence. The amount of dedication that it takes to play a college sport is overwhelming. Managing school, clubs, a social life—and then soccer on top of it all—is very difficult, but these men pulled it off. The fact that they played through the unpredictable weather of Colorado proves this team doesn't stop for anything. Through rain, snow, and sunshine, these men are always working hard to fulfill their potential. The fact that they just so happen to be #1 in the league shows this quite well. Let's not forget about their fans as well. Being constantly reminded to stay off the field, the fans really get into the games and lift up each player. There are great things in store for each one of these men, and there is no doubt that our soccer team will go far.



Rebecca Brunson, #7



Sid Otto, #14

Head-Butting To the Win

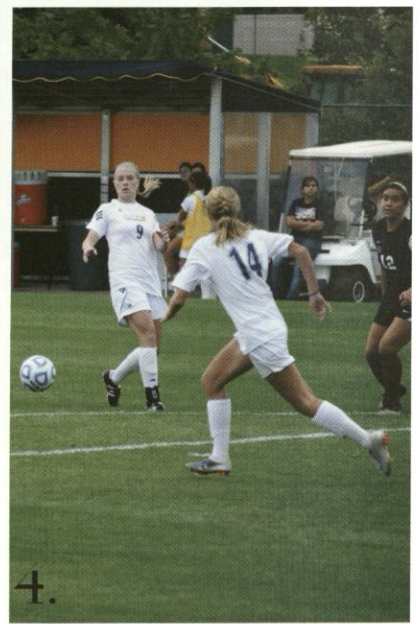
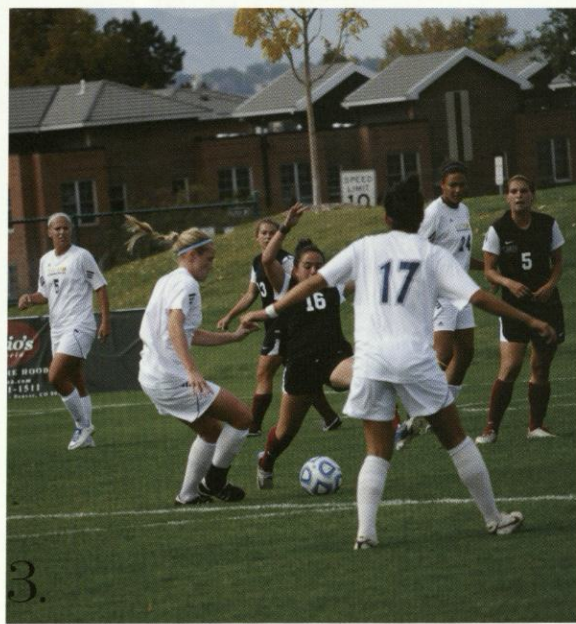
This year, our women's soccer team reached new heights. Perhaps the most memorable component of this team and the secret to the ladies' success is the camaraderie they share in their sport. When asked about the team aspect of soccer and if she enjoyed playing the sport at Regis, Meghan Stuart, #5, enthusiastically answered, "This season has been absolutely amazing. The team chemistry we have created off the field has made us unstoppable on the field. We just won the RMAC league, which means we get to host the RMAC tournament. This is our third year in a row winning the RMAC league. I couldn't have asked to play for a better team." We have no doubt that the unstoppable spirit of the team will continue to carry them far.

Kate Pellegrino #4, Kendal Kagawa #17, Sade Akindele #24, Kiki Arnold #23, and CC Rinehart, #6.





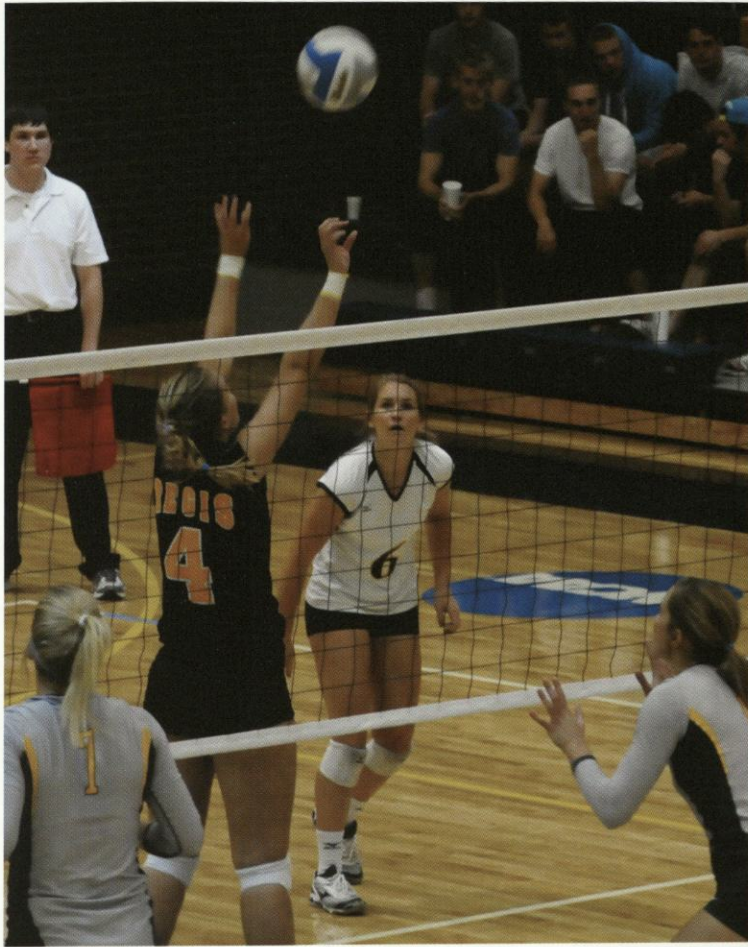
1. Marissa Davis, #9, and Sade Akindele, #24. 2. Rachel McMahon, #10. #3. 3. Marissa Davis, #9 and Kendal Kagawa, #17. 4. Marissa Davis, #9, and Sid Otto, #14.



Reaching the Goal



Winning 14 games during their season, the women's soccer team had a particularly successful year. In one of these games against Fort Lewis, Kate Pellegrino, #4, fought to beat her opponent to the ball after it was thrown back into play. However, fighting wasn't something that was new to Kate Pellegrino—or to any member of the team, for that matter. Working hard is what these ladies do best. Their hard work not only allowed them to win the 14 games, but they also won the RMAC league. Thus, the honor of hosting the RMAC tournament was bestowed on them. Our enduring pride for these ladies was present not just at this game, but at every game. Every game, fans not only showed up, but they also yelled, cheered, and were all around uncontrollably excited. Regis fans will forever be cheering on all of our teams, including the women's soccer team.



Jac Williamson, #4 and Sage Martinson, #6

Jac Williamson, #4



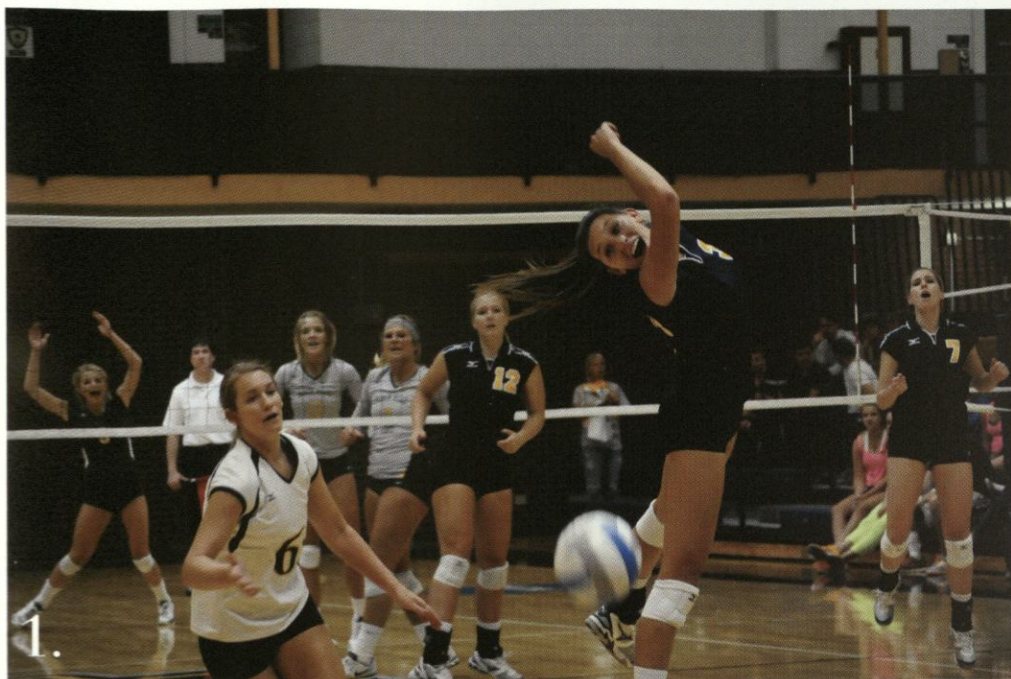
Regis vs. Metro

The Women's Volleyball team always looks forward to playing Metro State because Metro always gives them a great fight. This year, Metro was no match for our team. Many factors contributed to their success. For

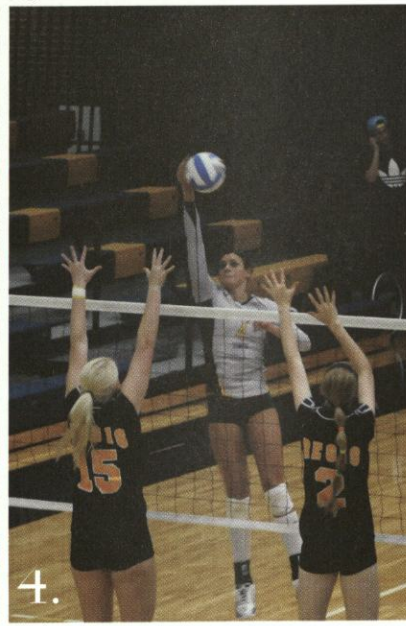
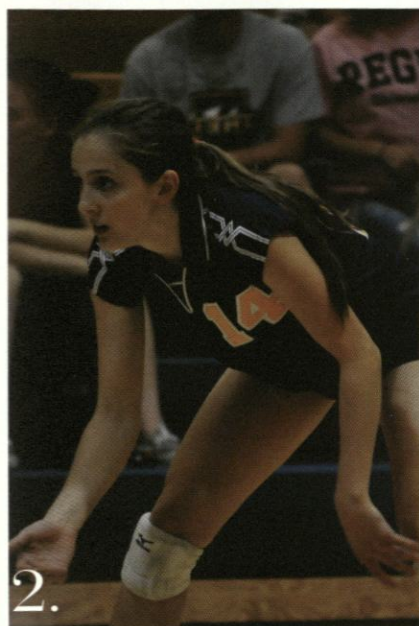
one thing, when our ladies are in high-pressure situations, they have the amazing ability to stay composed and focus on the next play. The game against Metro was no exception. The fans also helped out, as the team fed off of the crowd's energy. In the end, Metro missed 17 served! It is always a great day and a great season when our Women's Volleyball team walks away with a win over Metro.

Caitlin McDonnell, #12



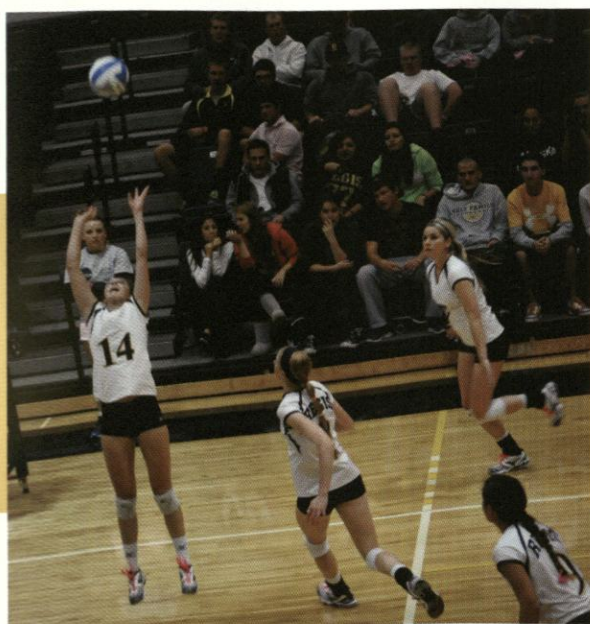


1. Sage Martinson, #6, Caitlin McDonnell, #12, Caitie Breaux, #3, and Katie Klein, #7. 2. Rebecca Sponcil 3. Team showing support for Breast Cancer Awareness Night after gaining a victory against Western New Mexico. 4. Makayla Higgins, #15, and Gina Morgan, #2, blocking against BHSU.



Leadership and Teamwork

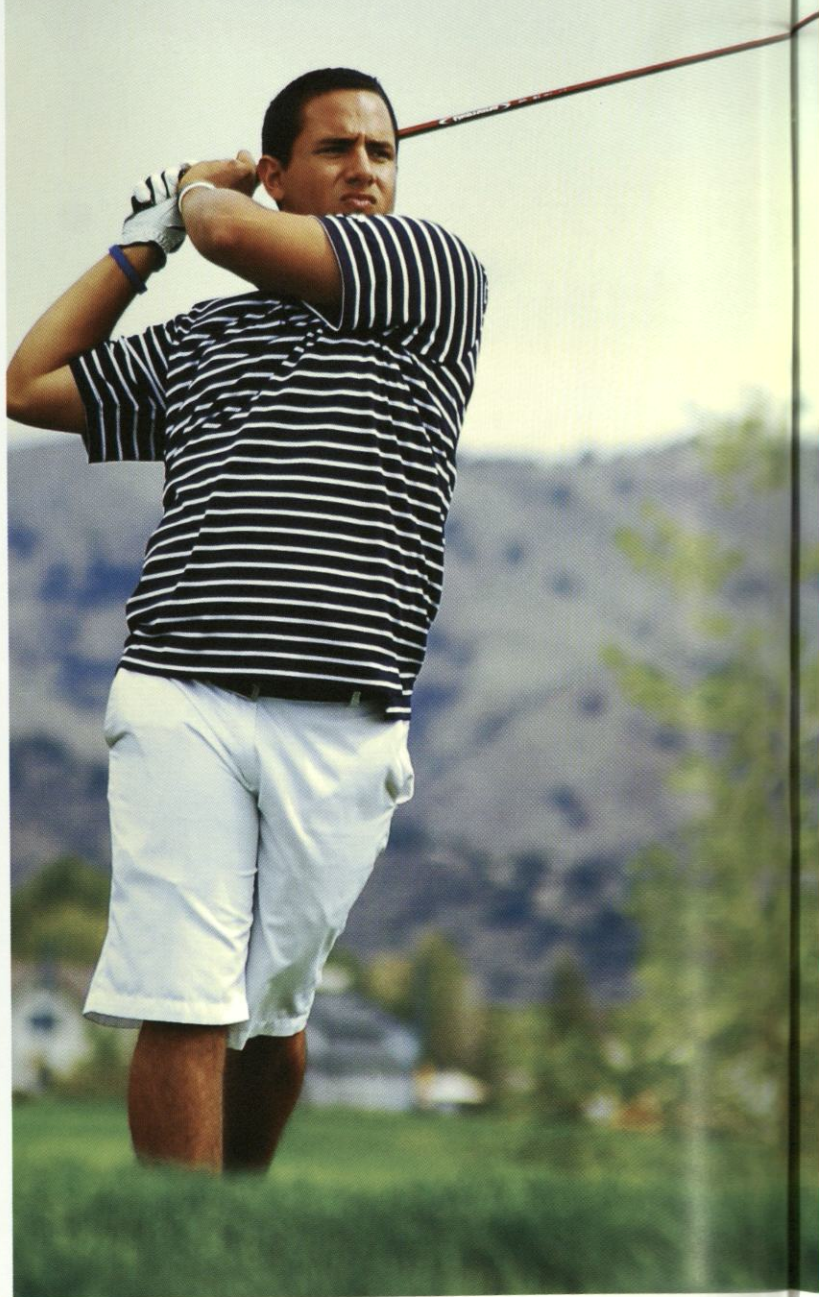
Setting High Standards



Teamwork, dedication, and hard work sum up this team well. These women work tirelessly to perform to the best of their ability, and everywhere they go they emerge as leaders—on the court and off. Jaclyn, better known as Jac Williamson, is an incoming freshman from Oceanside, California. Jac earned her spot as starting setter for the Volleyball team. When asked about her position she said, "The amount of talent we have on our team this year is incredible, which makes practice highly competitive and fun. I'm learning from our upperclassmen what it takes to be a leader on the court and hope to fill those shoes over the next three years."



Lara Pocs



Steven DaSilva

TJ Bruce

Swing Life Away

Stepping into the tee box, each golfer hit their first ball of the day. Trying to make par or better on each hole, the men and women teed off with precision and accuracy. Every eye was waiting for that one shot that would satisfy every golfer's dream: a hole-in-one.

Through hard work and dedication, each golfer practiced and perfected every task to represent our school. They have the skills and smarts to plan the perfect shot and make it happen. As evidence of their skill, the Men's team took second at The Bob Writz Colorado School of Mines Invite. Showing their ability, the Women's team then took second at the Regis Invite. Both of these victories show what the players are capable of: there is no doubt that our golf team players will go far.





1.

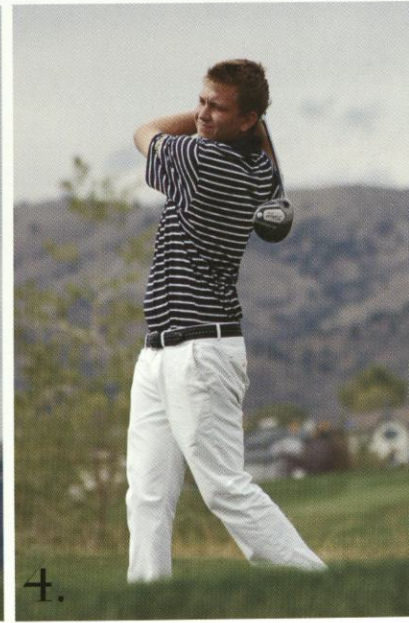
1. Chelsea Cabanting, Rachel Rodriguez, Ashley Karl, Nicole Hulbert, Sarah Hagan, Lara Pocs, Erin Andres, and Coach Paula Bauer.
2. Erin Andres
3. Dillon McDonald
4. Parker Smith



2.



3.



4.

Adjusting to the Team



Transitioning from high school to college is difficult, especially if you have another responsibility to manage. Being in sports on top of the college life can definitely be overwhelming, but freshman Chelsea Cabanting took on this challenge when she joined the Women's Golf Team. When asked how she adjusted to school while in sports she said, "I just dove right in and started to figure it out. It has been a learning process." Cabanting said it was overwhelming being a freshman on the team, but she learned how to manage her time. Her love for golf made all the hard work totally worth it. Cabanting's overall experience on the team was very enjoyable!



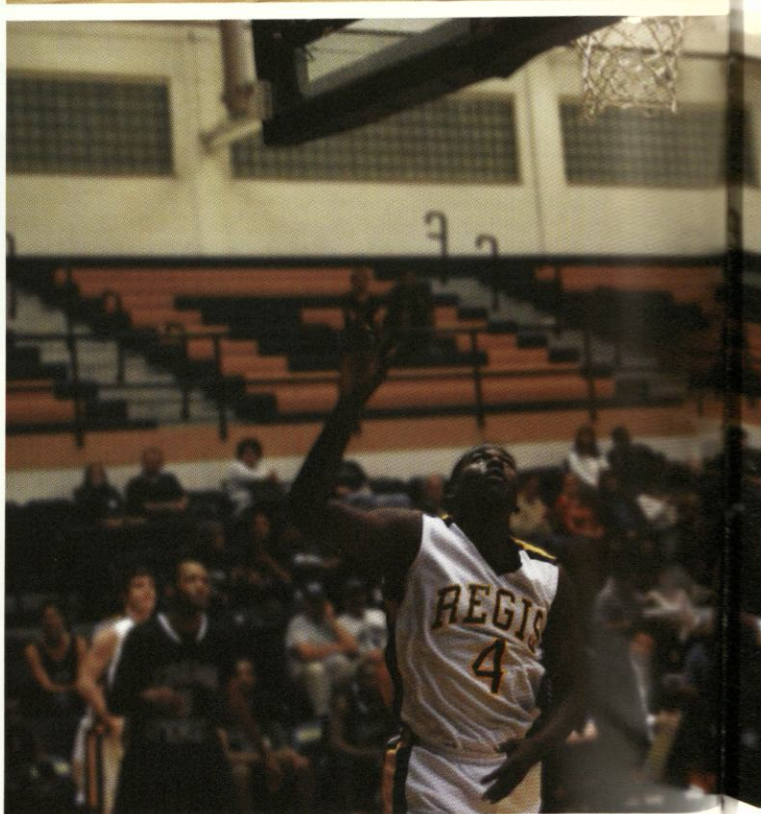
Dionte Goodlett held the triple threat position firmly with the ball in full control. Looking for an open teammate, he laid his offensive skills on the court.

Going up for a left handed lay-up, Kevin Marshall hoped to throw some points on the scoreboard for his team. Jon Conely and Demitrius Owens were not far behind to prepare for the rebound.

Holding his follow through, Jon Conley kept form until he was sure that his shot had made it in the hoop.

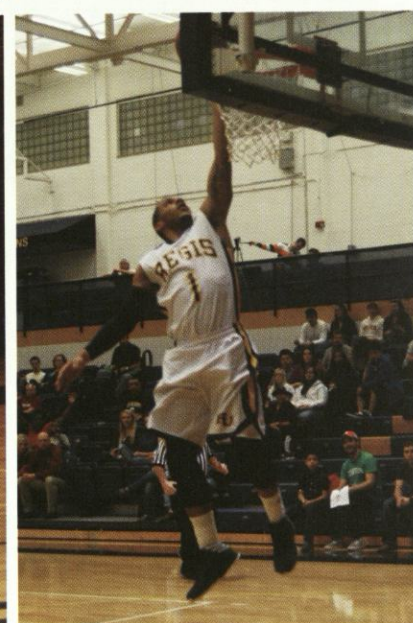
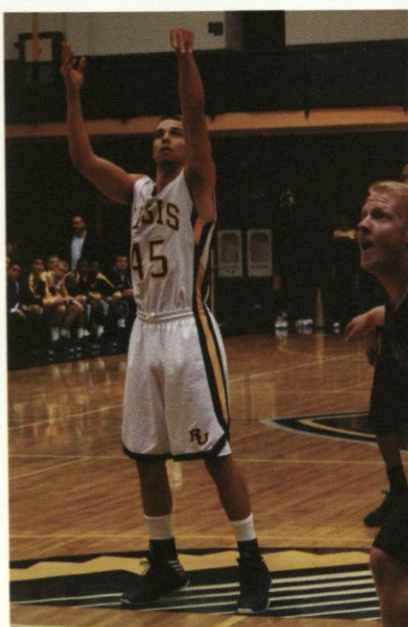
Whoop, There It Is

As if college isn't already stressful enough, a group of boys have committed all of their spare time to something they all truly love. The men's basketball team put in countless hours a week for conditioning, workouts and the proper shooting exercises needed to make sure all of their skills are the very best that they can be. Their hard work definitely showed through the 69 points they averaged per game and the 71% free-throw average. Each man put forth all his concentration and skill at each and every game, and true teamwork was present in every single play. Without each and every member's hard work and dedication, this team would not be so strong on the court.

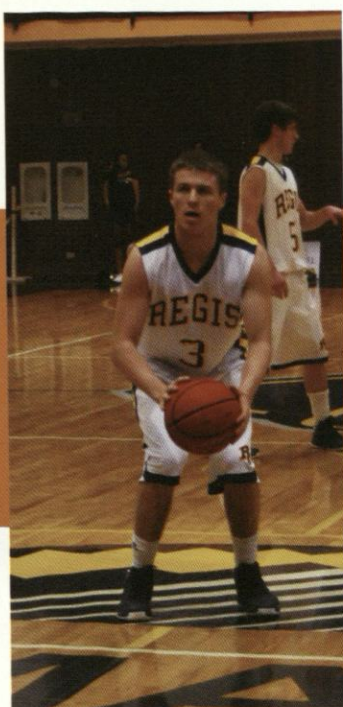




1. Dylan King
2. Demetrius Owens
3. Kevin Marshall, Dylan King, Greg Lee, and teammates joined together for a pre-game team huddle.
4. Jarrett Green



Just the Beginning



When moving into the dorms and starting a college sport, no freshman expects to be a part of the starting line up. However, three out of the eleven players on the team were freshman this year, and they made a huge contribution to the team. Playing the positions of forward and center, Mark Waller showed off the type of talent and hard work every



coach searches for. Kevin Marshall was the starting point guard for the team and definitely led his men to do great things. Juggling two college sports, Billy Hansen also played for the baseball team. All three of these freshman definitely complemented the team well, and we are sure that they will continue to live out their legacy and follow in their upperclassmen teammates' footsteps.



Brandi Collins, #43

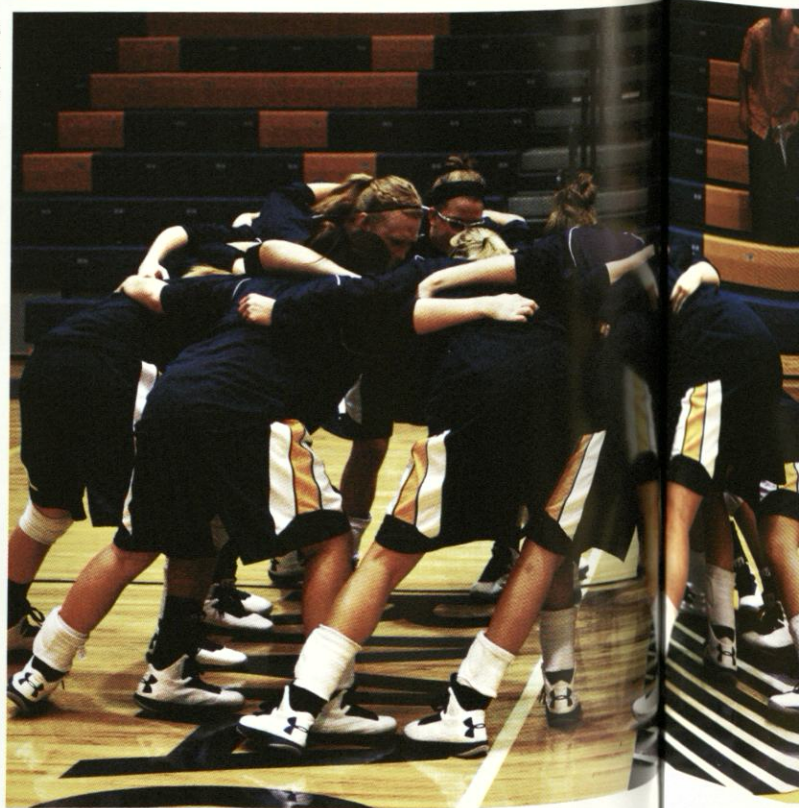


Sarah Feeney, #34

The women's basketball team stood in a huddle before their game.

Over the "Black Hills"

The ladies' basketball team took on Black Hills State University on December 16th, 2012. From the beginning of the game, the ladies had the lead over Black Hills. The girls led the game, more than doubling their opponent's score at halftime (47-18). Victory was theirs, as our Lady Rangers kept pace and won the game (86-50). Throughout the game, the ladies were on point with their teamwork, and their outstanding ability showed in the score—one of the highest scores this season.



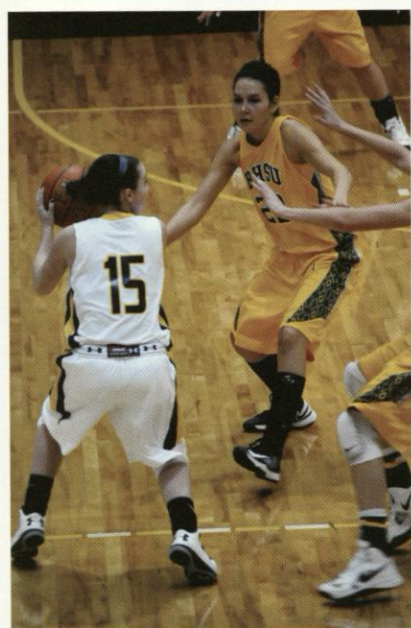


1. Kellie Deremo, #33, Meghan Hollenga, #14, and Erica Von Stein, #15

2. Erica Von Stein, #15

3. Nicole Brzeczek, #25

4. Megan Hollenga, #14 and Brandi Collins, #43



Four Years in the Basket



Senior Season

Strong senior leadership was certainly a theme of this year's season. Head coach Linda Raunig said, "We have 7

seniors on our team this year, which is over half our roster. Our seniors will be the players to lead us to the conference championship if it is to be. All of them are great students, players, and, most importantly, people. I love them all! They have been wonderful representatives of their families, our program, and our university. All 7 will graduate this year and already have plans for what they will be doing after their Regis career is over." Senior Sarah Feeney agreed with Coach Raunig but added a few comments about the team community as a whole. She remarked, "I couldn't have picked a better group to be a part of in my senior year of school and basketball. These are girls I will always stay close with and hold dear to my heart. It's a great feeling, walking onto the court and knowing that you can trust your teammates no matter what happens. We have really boosted our intensity this year and have some

great goals for the season. I think we can really accomplish something during the year, and I'm very proud to be a Regis Ranger!"



Steven Brault #65 with the third base coach.

Tony Schicktanz #14.

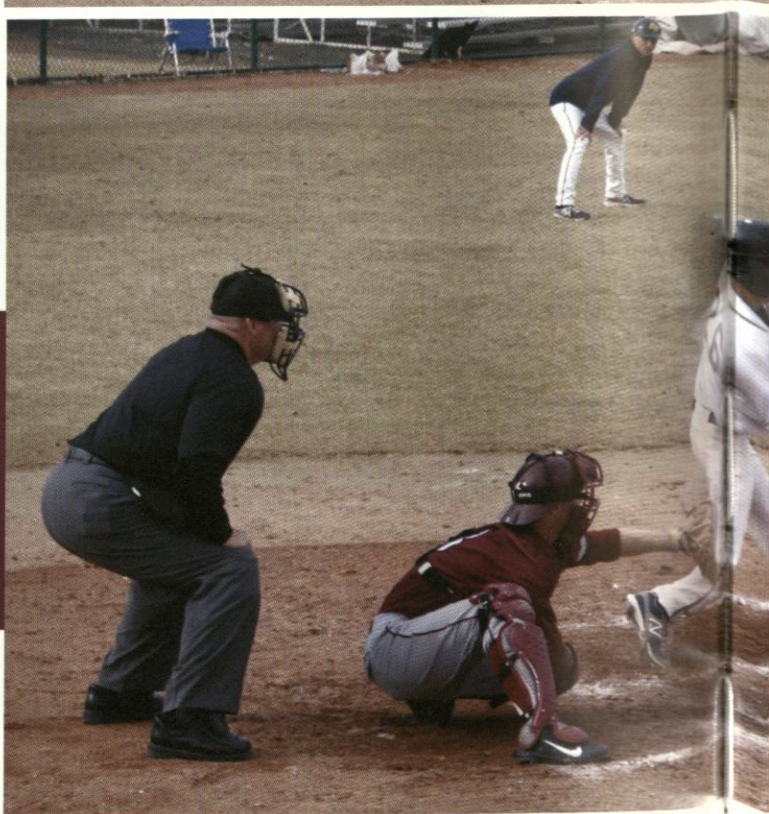
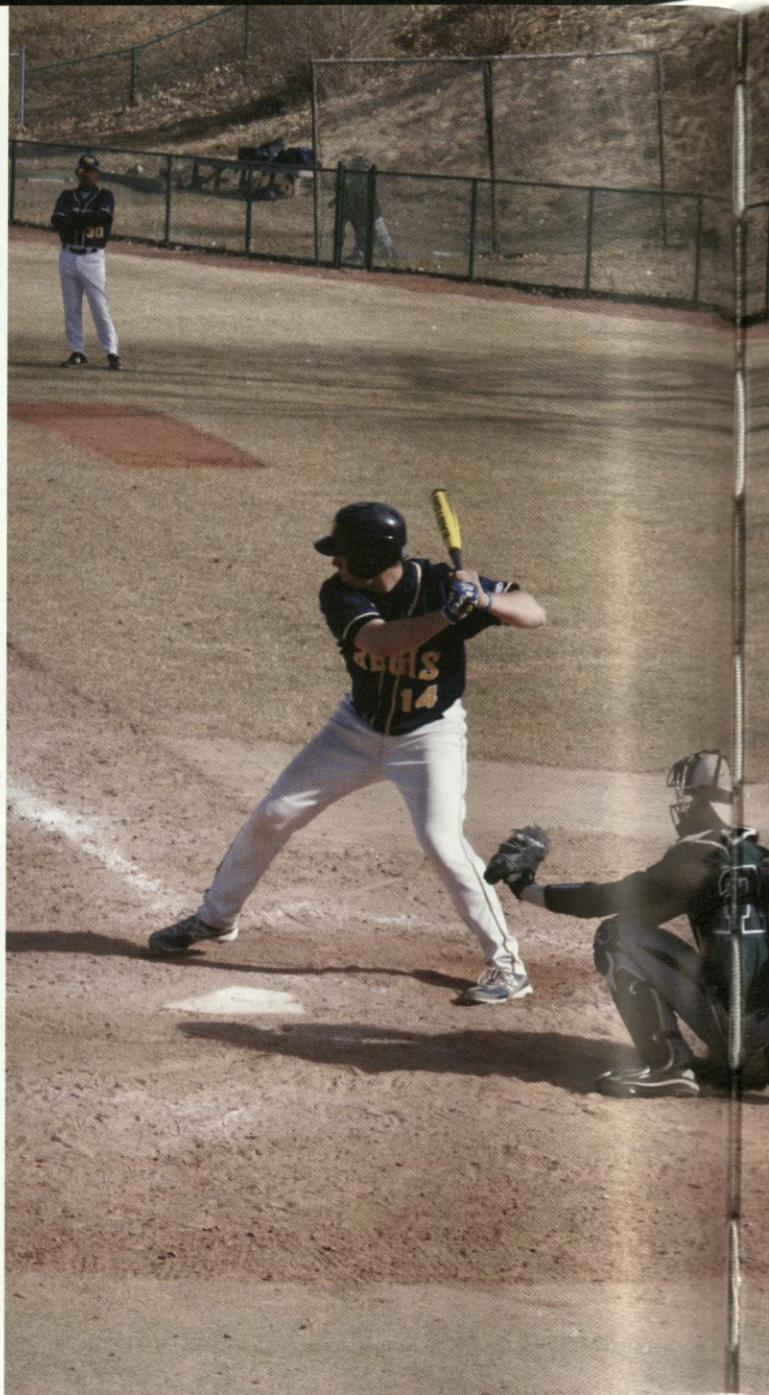
Willy Gustin, 26

Rangers vs. Grizzlies

The weekend was projected to be chilly, but sunny. As the wind set in and the chill came, the Rangers kept themselves warm before going out to bat, pitch, or play the field. The boys went out in the field with confidence and worked hard for their three wins that weekend. The game against Adams State University was one of the first games of the season, but it was a great example of the spirit of the crowd and the talent of our team. The teamwork and the love that the boys showed when they

stepped onto the field led to their victorious success.

Whether they were stepping up to bat, pitch, or play in the out field, the boys showed that they wanted the win, and they were willing to work as hard as they had to in order to meet their goals.





1.

1. The team leaned against the dugout fence.

2. Kirby Schwein, #33

3. Nano Jacobsen, #11

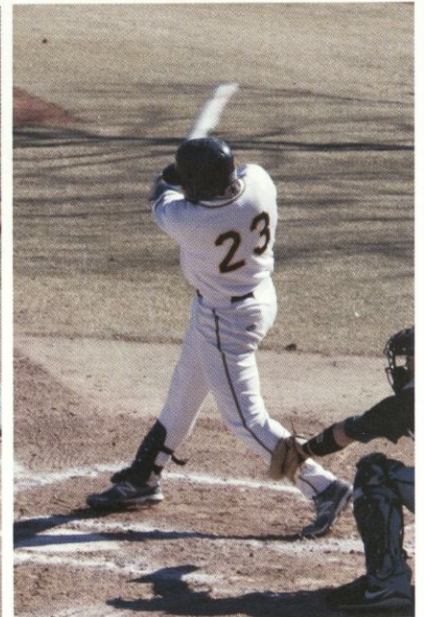
4. John Tosches, #23



2.



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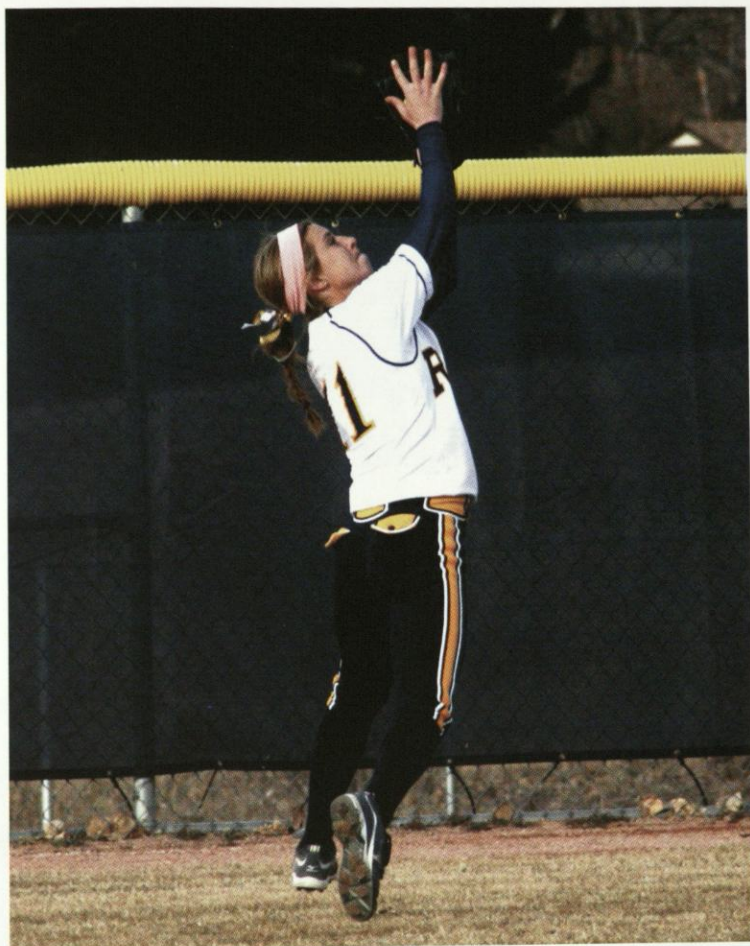


Walking onto the Mound

For the First Time

After pitching in his first college game, freshman Kirby Schwein said, "It was one of the best feelings I've had in a long time, and knowing that I had put in all the work to get up to this point just made it that much better. I stepped out onto the field and it all just clicked. Warming up in the bullpen I was a little nervous, but by the time my number was called those nerves had calmed and I was zoned in." When senior Aaron Harms was asked about his first pitch of the season, he said, "This season definitely feels a little different than previous seasons. After winning the RMAC tournament last season and becoming only the second Regis baseball team to go to regionals, the expectations for this year are significantly higher. As a senior, each time I step onto the field reminds me that I only have a little bit of time left as a Regis baseball player, and that knowledge makes me want this season to be a success even more. Additionally, I want younger guys to understand that their time is limited and they should make the best of every opportunity that is presented to them." The

feelings may change every additional year these boys play, but the love of the game can be seen every time they step onto the field.



Brianna Bogdajewicz, #11



Shelby Wieman, #12

The infielders huddle around the
pitchers mound between plays.
Around the circle: Rachelle
Knudson #23,
Shelby Wieman #12,
Keala Piimanu Bertulfo #10,
Bre Backlund #6, Rachel Illias #21,
and Taylor Wilcox #3

Diamonds Are a Girl's Best Friend

Diamonds are a girl's best friends especially when dirt and a neon green ball are involved. Softball accessories include a glove, cleats and many headbands. Blood, sweat and tears are the mixture for a strong heart in Softball. Dedication is key for success on the field. Team mates turn into sisters and when the first pitch is thrown, all focus is on the diamond.





1.

1. Keala Piimanu Bertulfo, #10

2. Ashley Prescott, #15

3. Sydney Gaffin, #2

4. Shannon Massine, #22



2.



3.



4.

Season Highlights

MOMENTS

Some of the best moments have taken place this season. "I have met so many great people playing here at Regis. As a team we spend a lot of time together, we are like a big family", says Senior Shannon Massine. The team is really big on bonding and spending time with their team mates. "The highlight of my season, has been getting to bond with my team mates. I will take away so many awesome memories that I will remember for the rest of my life", says Senior Micheala Carbonneau.





Junior Danica Cutshall



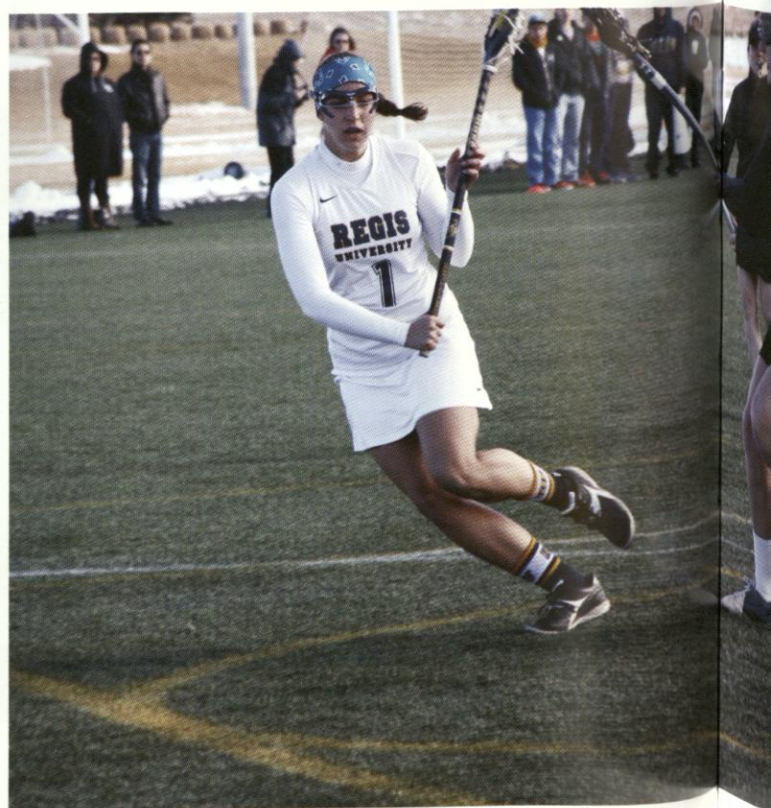
Senior Erin Dybus

Freshman Erin Todd

Sticks and Stones

This year's women's lacrosse team started the season strong with a winning record thus far. The team also scored about 50% of the shots they took, and they have won all of their conference games so far. Freshman Erin Todd

led the team, early in the season, in scoring. With a young team of mostly freshmen and sophomores, the lady Rangers are sure to have a bright future ahead of them.





Sophomore Emily Behr



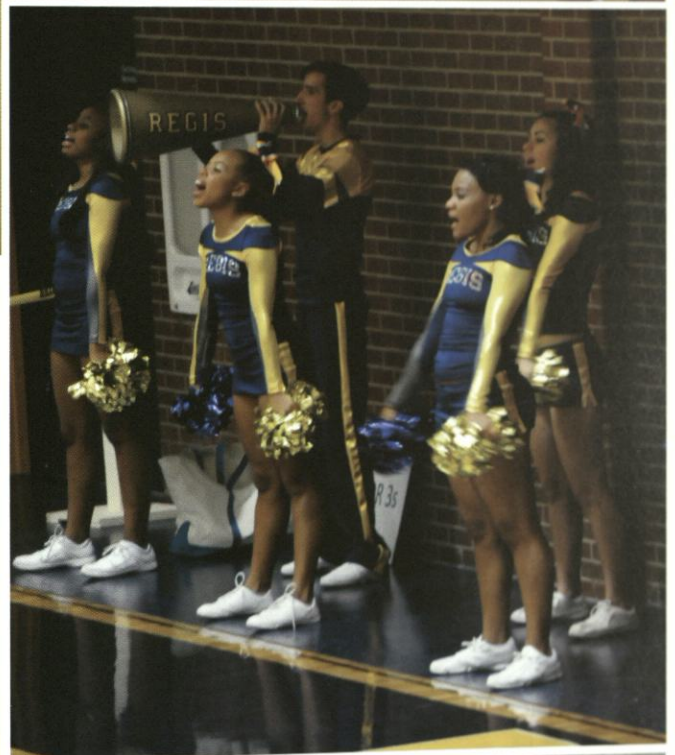
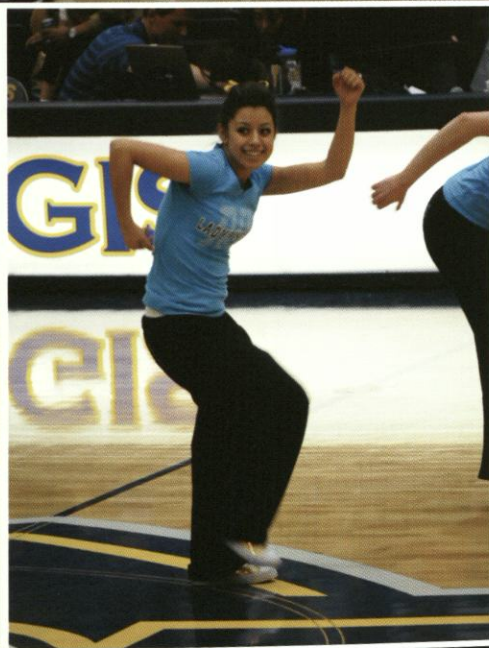
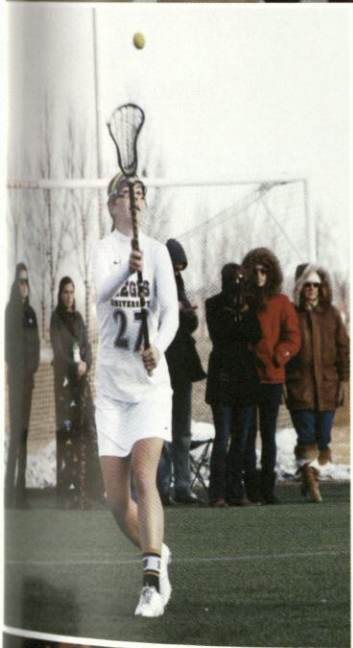
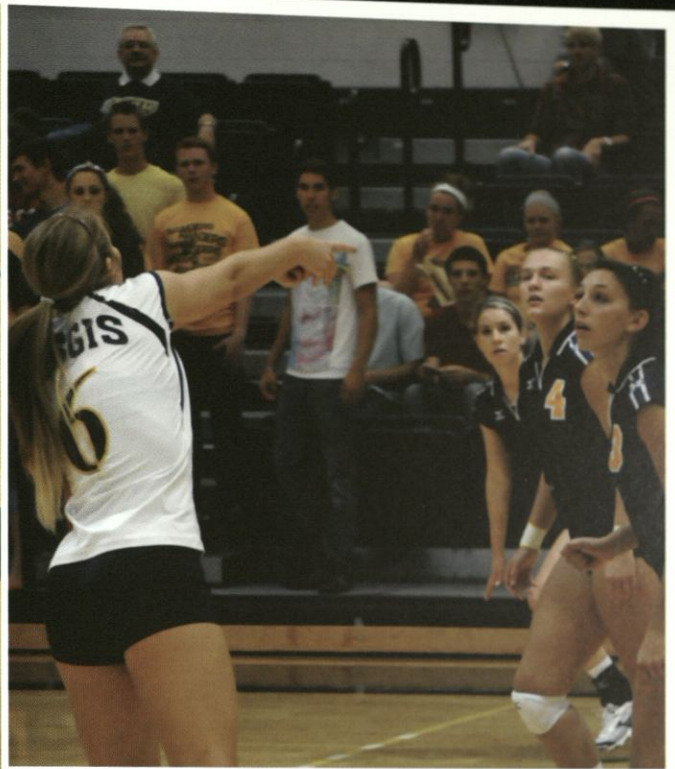
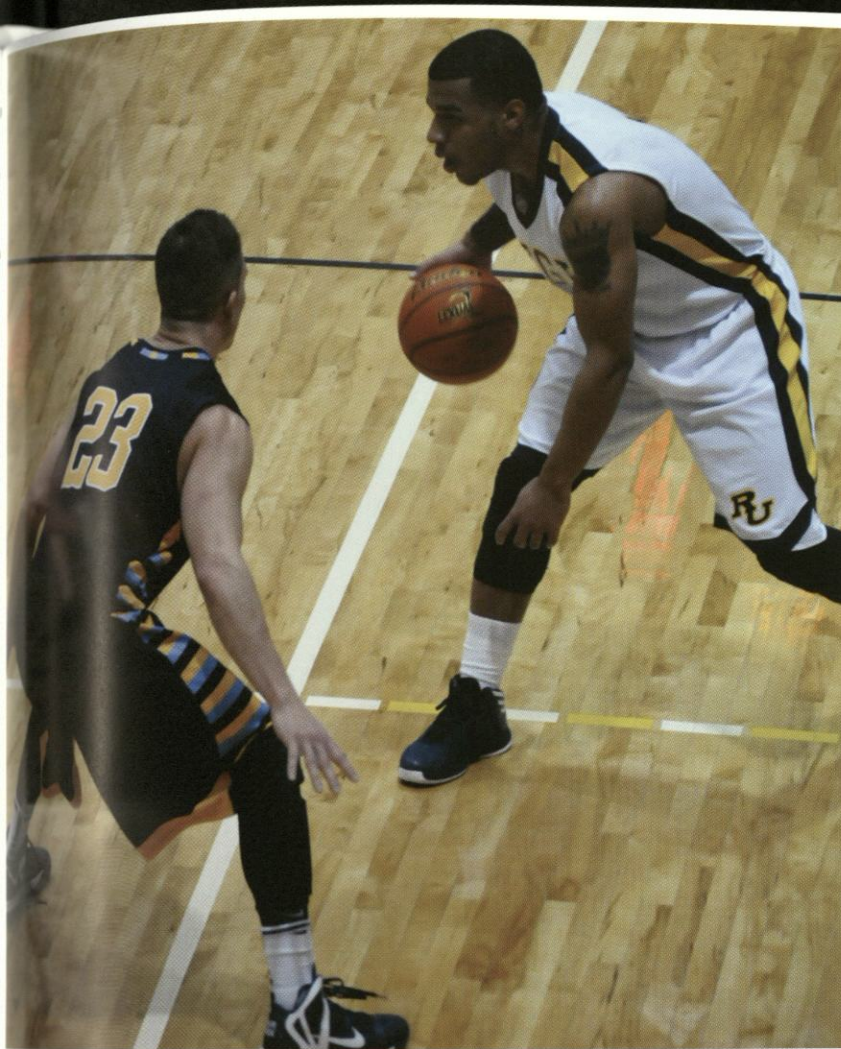
Sophomore Gianna Lombardi

Highlight of this Season

"The highlight of the season for me thus far was when Erin Todd scored off a free position shot with 2 seconds left in the game against Georgian Court while we were in Florida for Spring Break. Honestly though, this team gives me highlights every game, every practice, and every trip. Everyday with these girls is filled with lots of laughs and lots of *Bridesmaids* quotes! I love my teammates, they are like family!"

-Danica Cutshall



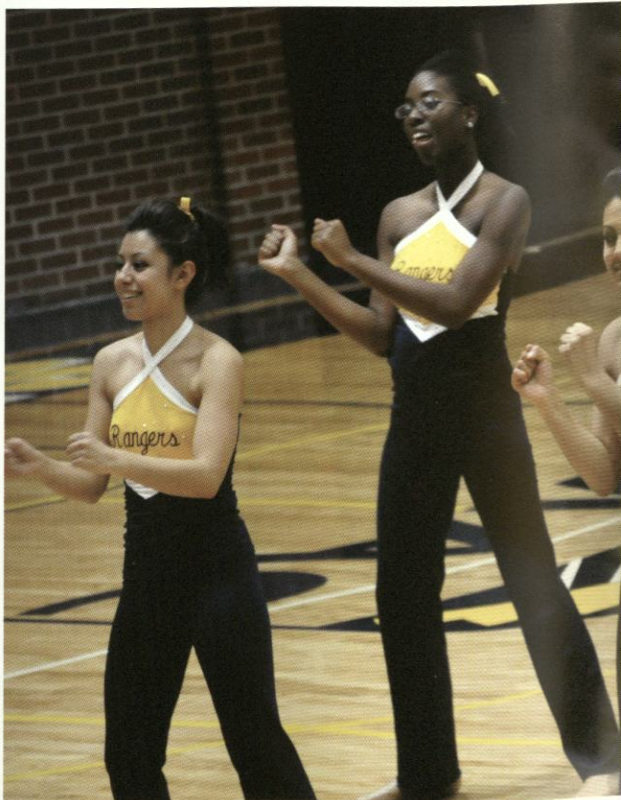




Cheer Team Performed stunts during a time-out at a rival game .

Cheer girls pumped it up with pom poms.

Dance team performing



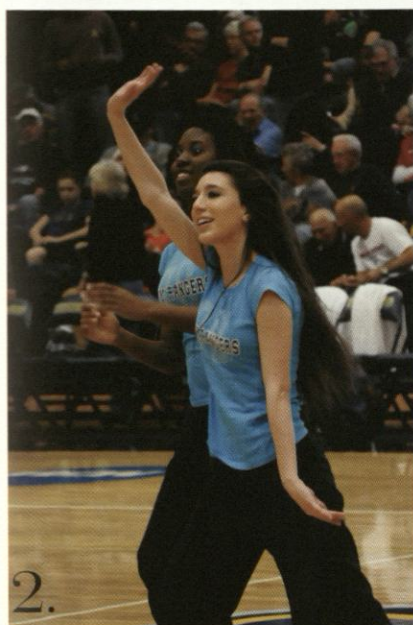
Cheer Your Heart Out!

The spirit at sporting events is phenomenal, thanks to the cheer and dance team. The cheers and chants kept the teams and fans going throughout the season.

During time-outs, the girls danced to keep the crowd pumped-up with a routine. During half-time, the dance team performed a dance to up-beat music. Ultimately, we can thank our Regis cheerleaders for a spirited season!



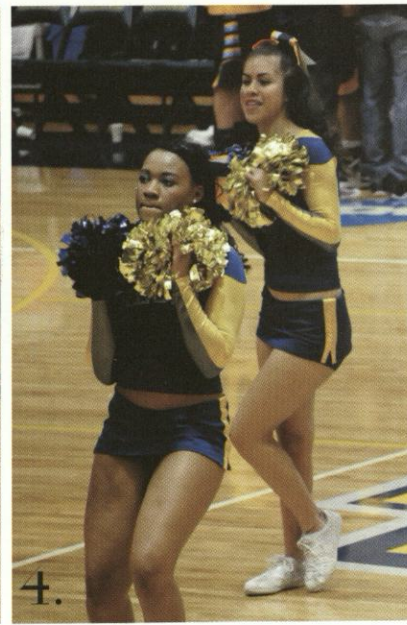
1. Dance and Cheer performing during a Men's Basketball game.
2. Members of the dance team bust a move during half time.
3. Dance Team members use their poms to get the crowd excited and ready to yell.
4. The cheered teamed helped the crowd show school spirit during the game.



2.



3.



4.



I MUSTACHE you a Question?

What is your favorite part of being on the team?



Chelsi Rose

My favorite part about being on the team is getting the chance to continue cheerleading in college, because I have been cheering for 7 years and dancing for 14. Also, I am very excited about being promoted to co-captain!



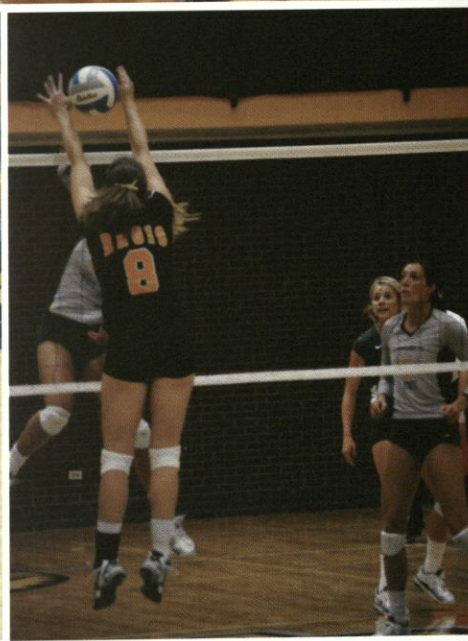
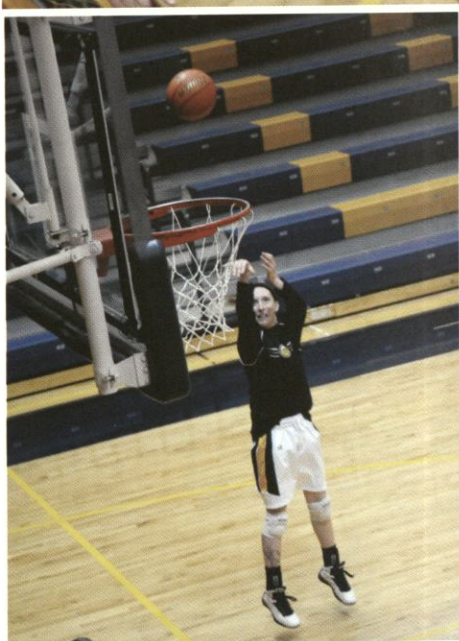
Sabrina Wilson

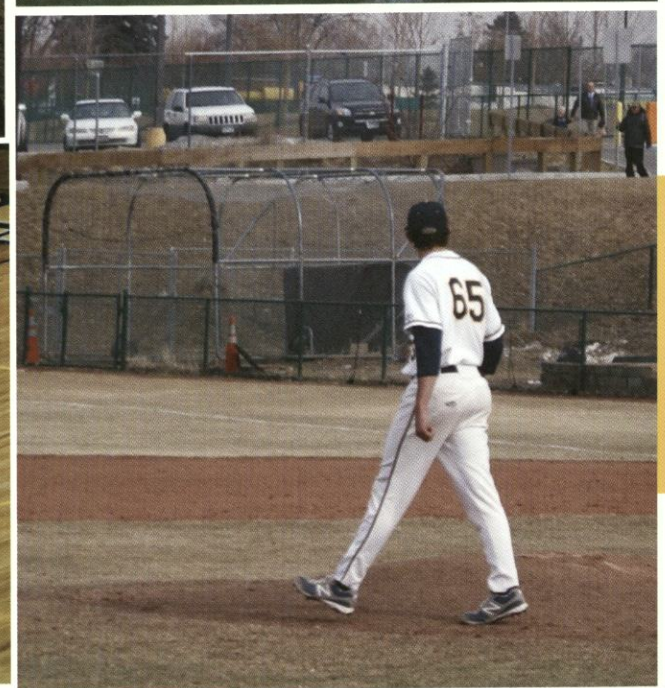
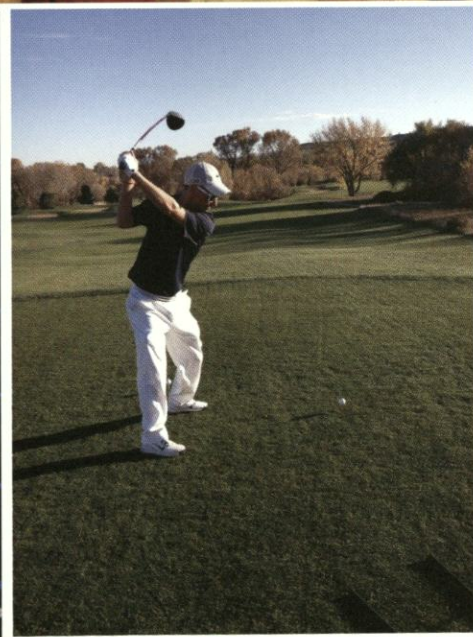
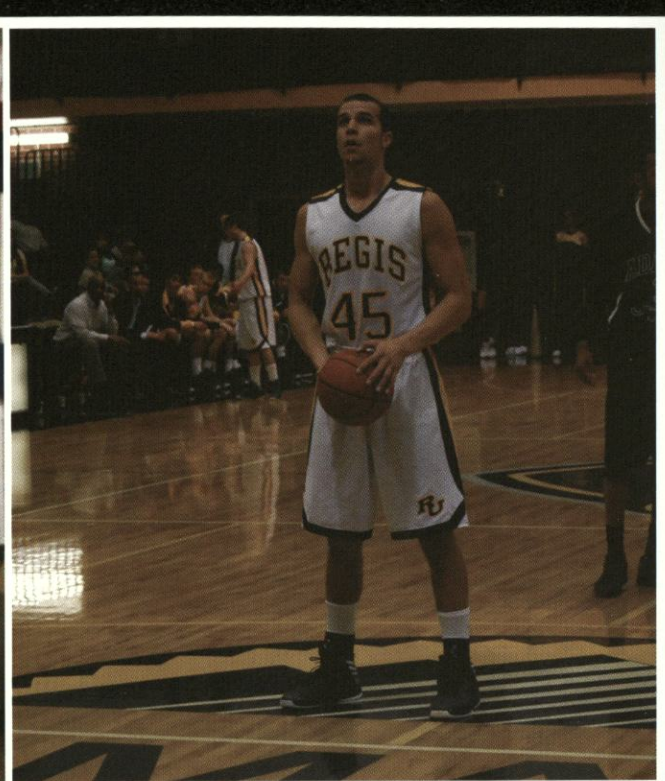
My favorite part of being on the team is the bond you feel, the trust, and feeling like these people are like my sisters and brothers.



Jasa Perry

Cheer has taught me to better manage my time, since I have to juggle that, two jobs, and school. I feel like I've learned every cheer term that exists! Seriously though, in addition to stunts and tumbling, I learned that it's important to swallow your pride and depend on others when you need it.







an unexpected lesson



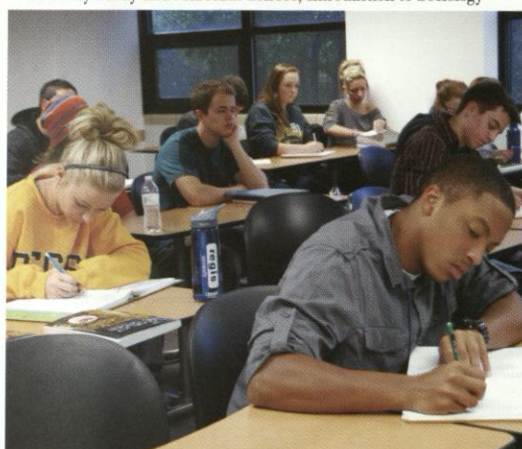
Searching for Meaning

Enjoying his Philosophical Exploration class, Freshman Richard Spradlin shares some of his thoughts on this great core class. He says, "The most insightful thing I have learned is the foundational basis of existential philosophy because it opened up my eyes and allowed me to more properly explore the school of thought I most identify with."

Maria Crossland, Philosophical Explorations



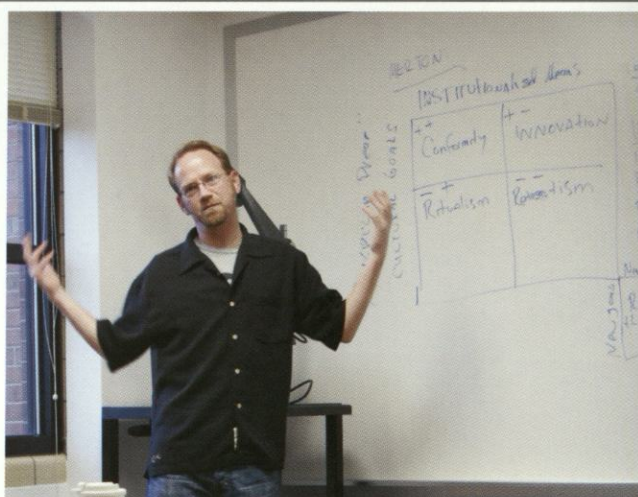
Courtney Brady and Marcellus Briscoe, Introduction to Sociology



Teddy Grebenc, Introduction to Latin

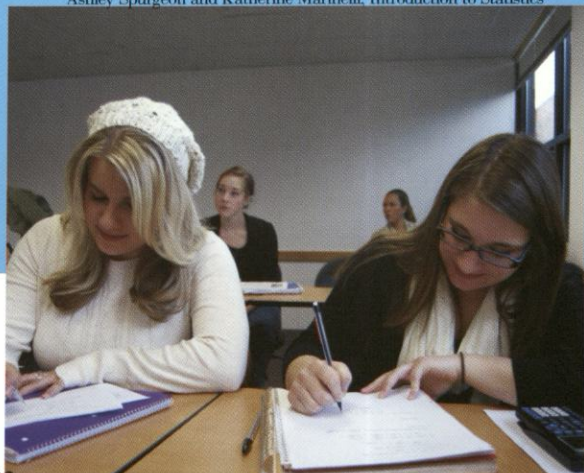


Professor Kimberly Habegger, Elementary Spanish

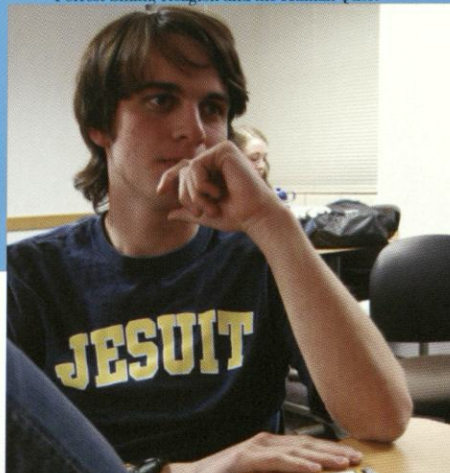


Dr. James Bullington, Introduction to Sociology

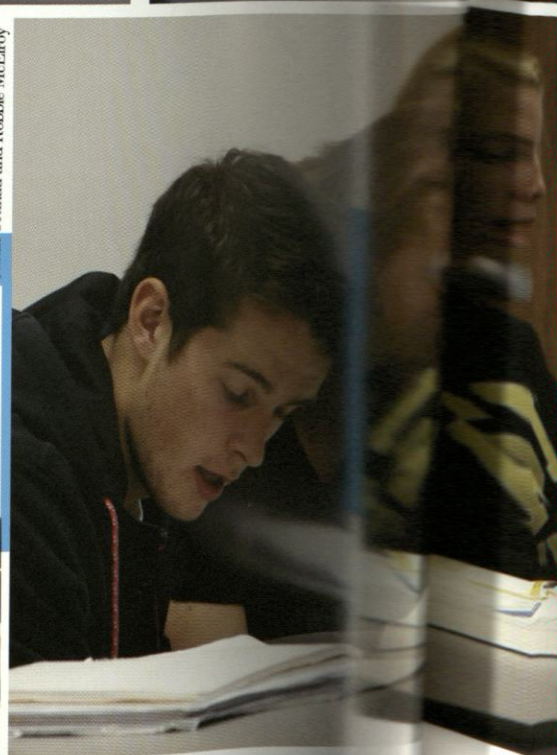
Ashley Spurgeon and Katherine Marinelli, Introduction to Statistics



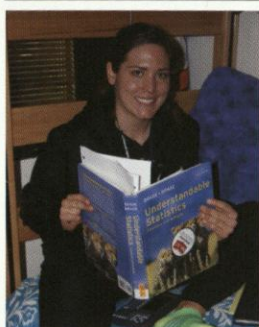
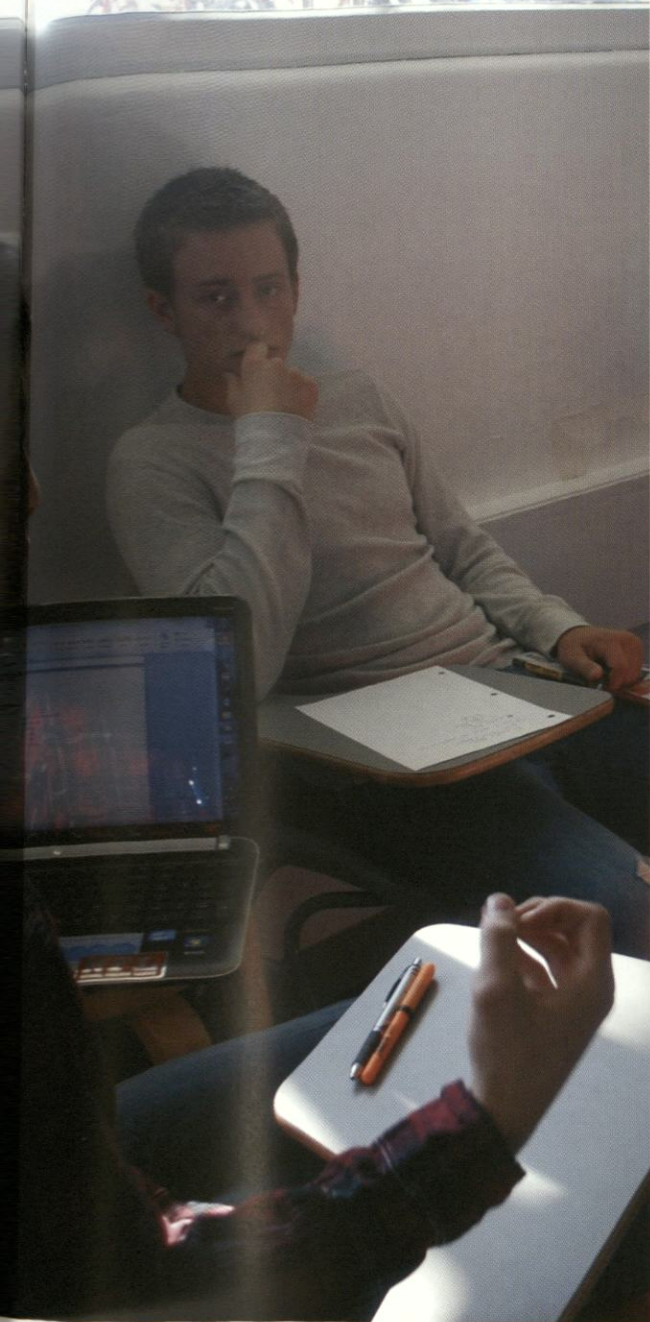
Forrest Smith, Religion and the Human Quest



Justin Orin and Robbie McElroy



I MUSTACHE you a Question?



Candace Yeagert

Q: What is your favorite core class so far and why?

A: I love statistics because my teacher is really cool and I've actually learned a lot so far!



Kathryn Strout

Q: Did you expect these classes to be harder/ easier and why?

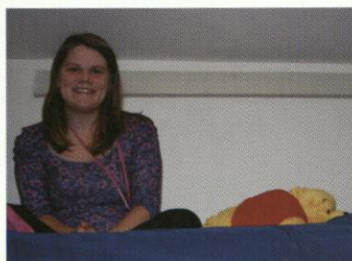
A: I actually expected the classes to be harder because I had heard a lot of horror stories before coming to college about how hard all of the classes were.



Michaela Kennedy

Q: What's the most beneficial thing you've learned so far and why?

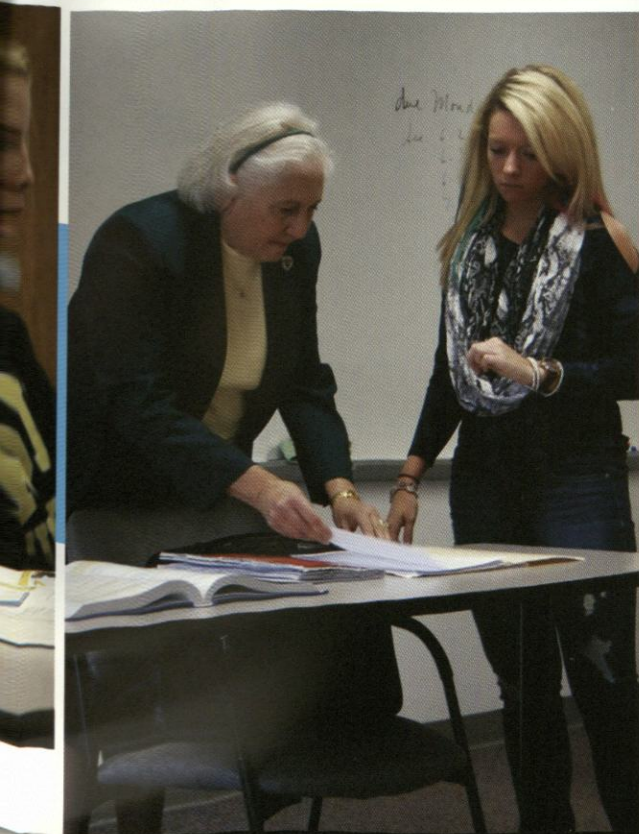
A: I've learned how the mind works in Psychology and it's really cool to know how humans think.



Krista Dammen

Q: Do you think these core classes are going to make you look at the world in a different way and why?

A: Yes because in religion we are learning about other religions and how different everyone in the world is from each other. It is really interesting to learn.



Dr. Carol Donovan and Kelly Jasper, Introduction to Statistics

Cura Personalis

Modeling cura personalis, "care for the person," students take core classes to explore different subjects. Through these classes, they acquire an array of skills. These classes also allow them to learn about what it is that interests them. Focusing on creating a balanced person, core classes embody the concept of cura personalis and expose each student to new possibilities while giving each a base to explore different disciplines.

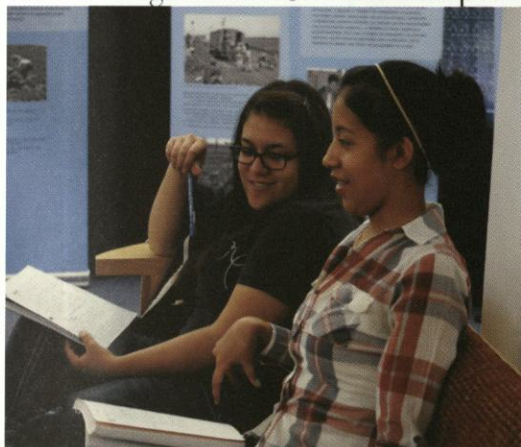
Writing, Writing, Writing

Learning to write for a professor instead of a teacher has opened many eyes in the past couple of months. The differences come in many shapes and sizes, but the writing seminars will help the freshmen, Class of 2016, to prevail and conquer college writing.

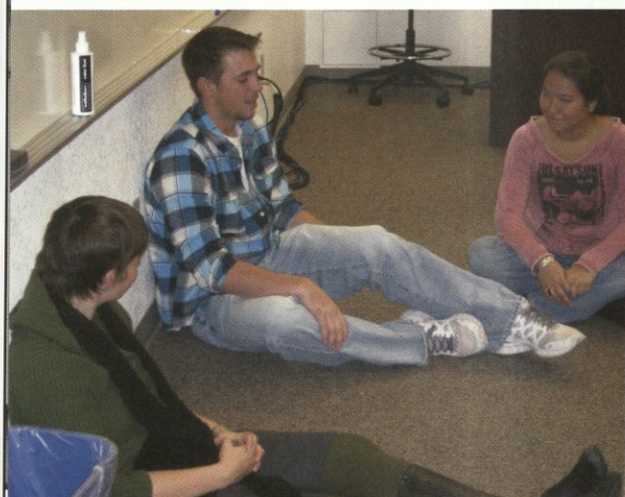
Michaela Marquez



Coraima Aguilar and Jennifer Campos



Andrew Bennett, TA for Dr. Gonzales



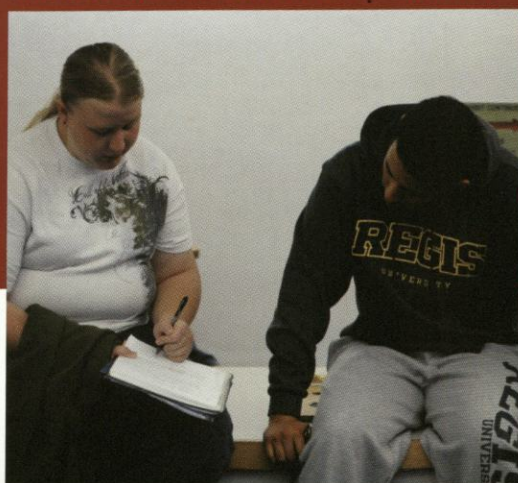
Dr. Reitmeyer, Jake Long and Aleina Tanabe.



Dr. Narcisi and her TA Kristen Wallace.

Dr. Narcisi's Writing Class

Jennifer Jenkins and Ricky Gardea



I MUSTACHE you a Question



Dr. Reitmeyer and her Writing Class

When asked how many professors are involved in the Writing Analytically program and if they enjoy teaching and guiding their students, Dr. Morgan Reitmeyer responded, "Over half of the Regis College faculty have taught for the Writing Program, and, while it is not for all of them, I believe that it helps everyone incorporate writing into their upper division classes, understand our first year students, and be a stronger mentor for our students."



Dr. Gonzales and Jac Williamson

When asked how she became a writing professor, Dr. Gonzales answered, "My professors could look at a paper and, in a matter of what seemed like seconds, they could pick out the thesis, comment on the structure, de-clutter an introduction, and suggest where to begin revisions—all in a compassionate, encouraging manner. In my young eyes, my professors were performing magic."



Brayden Weninger

When asked about the topic of her paper, Brayden Weninger, winner of the freshman writing contest, explained, "The prompt was to write about an ethical question raised by Rebecca Skloot's novel. I chose to challenge Skloot's seemingly selfless motives. I think that it is unfair that Skloot is financially profiting from the misfortunes of the Lacks family. This paper was difficult to write." Despite the difficulties, writing this paper paid off for her in the end.



Susana Cervantes

When asked about the best part of her freshman year, commuter student Susana Cervantes answered, "The best thing about freshmen year is the responsibility I have now, meeting new people, but most of all being at Regis."

Dr. Dimovitz's Writing Class

Student Writers

Before classes started, freshmen met with their Writing Seminars during Freshman Orientation. This gave the seminar students a chance to bond before classes even began. As a result, many students loved their Writing Class. Not only did the seminar provide vital instruction in college writing, but it also helped students adjust to college life and slide more easily into the college class routine. For these many reasons, the freshman Writing Seminars proved to be inseparable from first-year college experience.

COSECHA
COSECHA
El Programa Bro

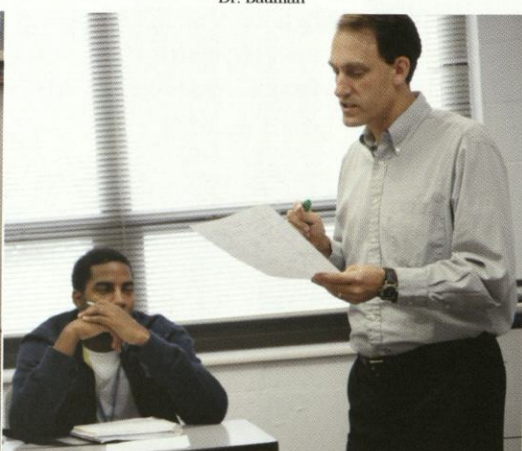
Back to Business

Since Business is Regis' second most popular major, the Division of Business plays a key role in many students' lives. Students utilize their major in a plethora of ways to become vital forces in today's workforce. The Business major is popular because it leaves much room for specificity further down the road. Becoming a Business major is a great first step towards finding a place in today's business world.

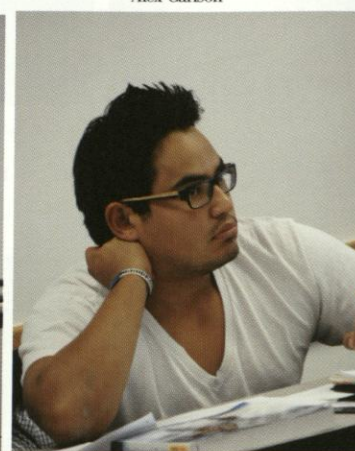
Eli Lane



Dr. Bauman



Alex Carlson

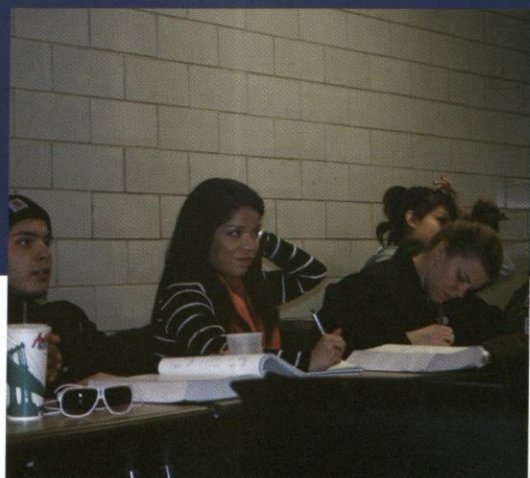


Alexis Dominique
and Katie Chu

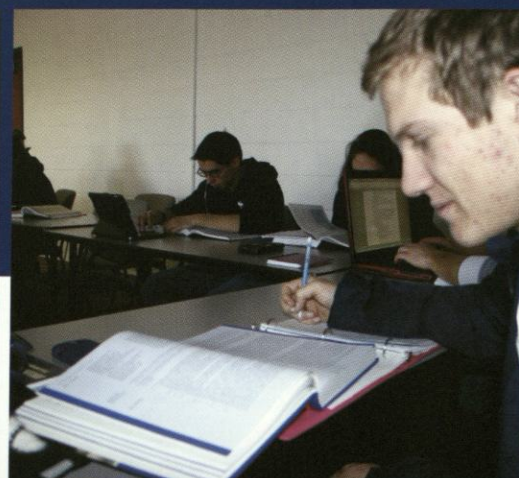


Students in the class
prepare for learning

Justine Espinoza



Ian Huff



Thomas Batello,
Espinoza



I MUSTACHE you a Question?

What has been your favorite Business/Accounting class so far, and what do you plan to do after you graduate?

"My favorite Business class is my Senior Capstone course. Although it was a ridiculous amount of work, I learned the essentials of teamwork, delegation, and trust within my group. We were able to incorporate the areas of finance, accounting, marketing, and management all into one final project, which ended up being a blast. I am so thankful to have had the opportunity to be a part of such a special group of teachers in the Division of Business. With my Business Administration major with a double emphasis in marketing and finance, I plan on using those skills to work at either a marketing firm or a personal finance firm. Eventually, I would love to pursue my MBA—but for now, I know that valuable work experience is necessary in order to achieve my long-term goals in business."



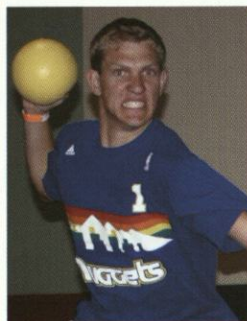
Tim Lewis, Business

"My favorite business class so far is Consumer Behavior. It is fascinating to see the psychological side of our purchase and consumption habits, and it has really opened my eyes to the complex processes that go into product development and campaign design. As much as I really do love marketing, my dream job would be a professorship in a university Philosophy Department. If I go into Business, though, I would love to work for a publishing company, particularly in a communication/design or editing department. I would especially love working for a children's book company like Scholastic."



Hannah Beece, Business

My favorite Business class so far would have to be Income Tax Accounting. It was a very challenging class, but Professor Daly is highly knowledgeable as an active CPA. After graduation, I plan on entering into a small public accounting firm.



Ian Huff, Accounting

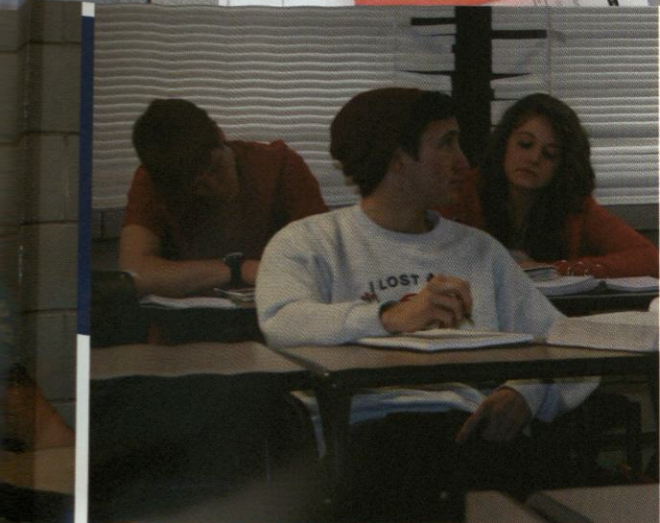
My favorite business class I have taken so far is macroeconomics with Professor Conley. Although this isn't in my Accounting major, I truly enjoyed having her as a teacher, and I learned quite a bit that I think will serve me well in the future. I will graduate in May 2013. After graduation, I will begin working for Eide Bailly, a public accounting firm. I was fortunate to have had the chance to do an internship with Eide Bailly this past summer, and it was a great experience. I was offered a full-time position upon graduation, which I accepted, so I am very grateful for that opportunity. I will also be working on passing the CPA exam at that time.



Mike Mayo, Accounting

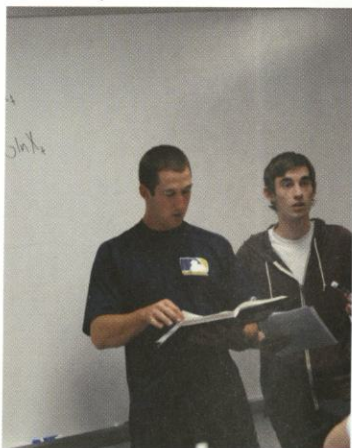
Crunching Numbers

A little more specific than a general Business degree, Accounting is another valuable route to some very important jobs in the business world. These students honed their math and organizational skills to learn how to help a business keep track of all its records. Every business needs an accountant, so the opportunities are endless.

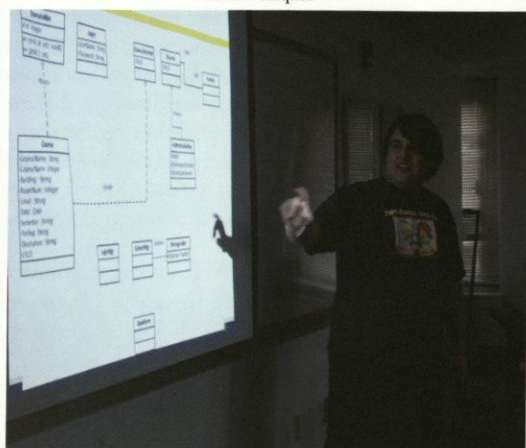


Economics is the gateway to so many windows of opportunity. From looking at budgets to analyzing production and growth, Regis Economics gives majors the variety and depth of knowledge they need to be successful in today's competitive society.

Ryan Eustice and Ian Drew



Patrick Marquez



Alex Pshichenko and Jason Kosloski

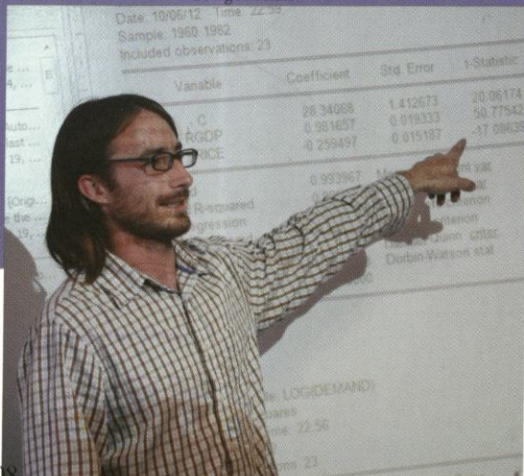


Megan Knez, Joe Graham, Brian Nakayama, and Cody Banes



Megan Knez

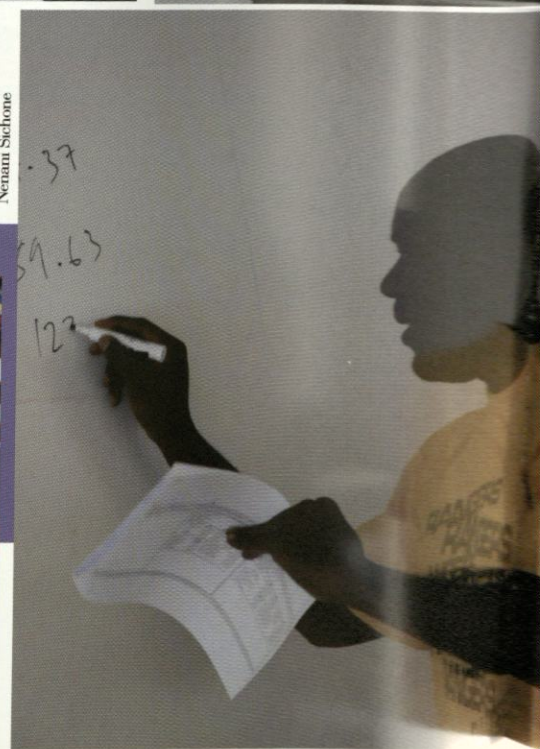
George Marlin

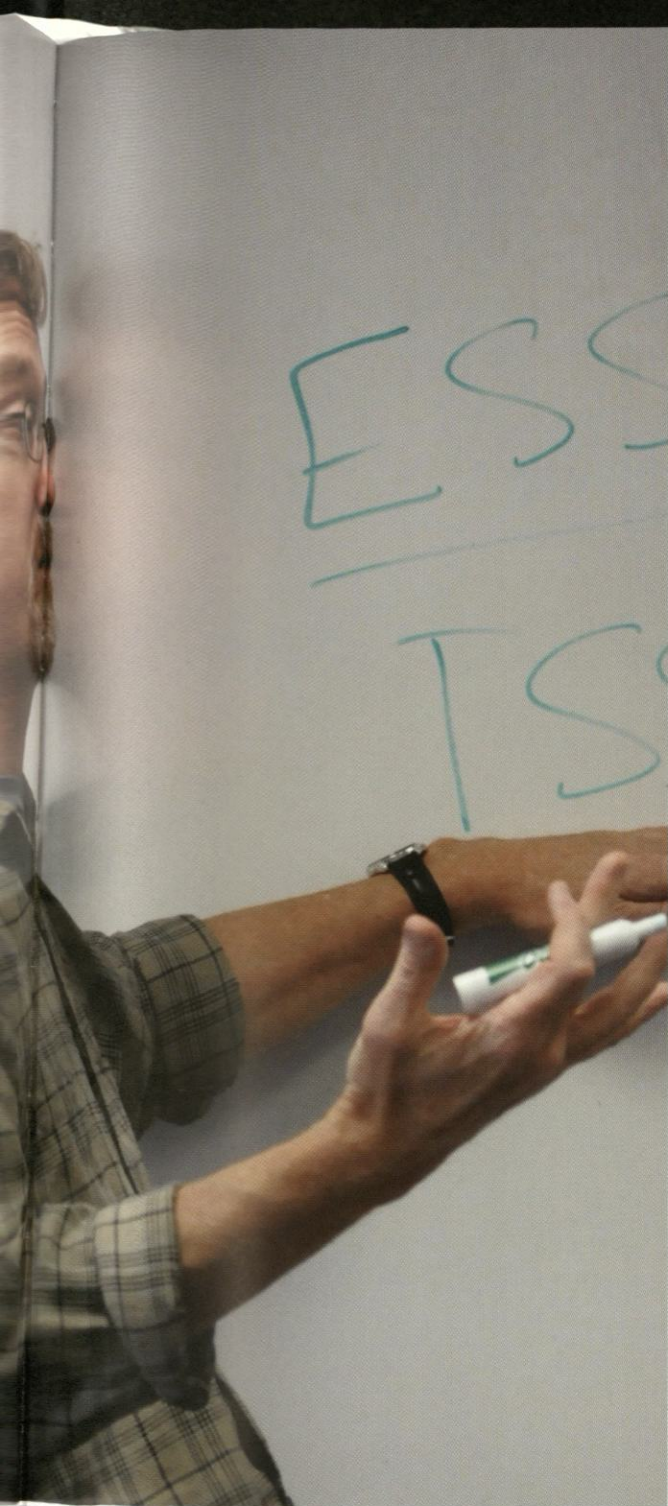


Megan Knez and Joe Graham



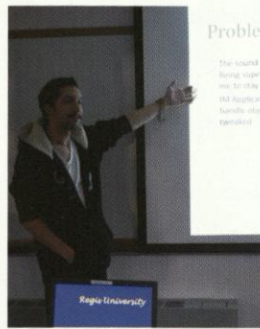
Nenani Sichone





I MUSTACHE you a Question?

What inspired you to choose your major?



Problem

The sound of
being right
and the sound of
being wrong
are the same.

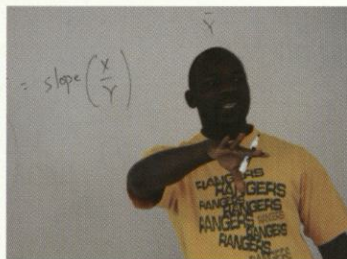
Brian Nakamura

"I truly love com. sci.—love the endless puzzles that it offers, love the attentiveness it requires, and I believe com. sci. reveals to me a way to interpret the greater wonder and awe of our physical earth. A life well spent in pursuit of furthering this knowledge is a life well spent."



Cody Barnes

"I was inspired to major in com. sci. because of how much computers have impacted my life and how important I think they are to the world."



Nevan Stibone

"I believe this world, in one way or the other, is guided by the principles of politics or economics. For you to put certain aspects together and create the picture that a country operates on is something that amazes me."



Joe Graham and Brian Nakamura

Up-to-date with Technology

The Computer Science program teaches enough information about the world of technology to blow your mind. From learning about programming to learning the basics of security, Computer Science majors are able to keep up with the latest information on technology—information that will allow them to be successful in the exceedingly complex and high-tech world that we live in.

Chemistry

Chemistry involves the study of the smallest molecules that make up the world. From Principles of Chemistry to Analytical Chemistry, chemistry majors learn all about the chemical components of everything from trees to people. The dedicated students that major in chemistry work tirelessly to master this aspect of science.

Marina Pschichenko



'Everything will be okay in the end, and if it's not, it's not the end. I'm doing research, and the research I'm doing we've been working on for three months. We had this huge experiment, and it didn't work out. It's just a lot, and you have to be really positive and not let it bring you down. I absolutely love chemistry. I love everything about it. I'm so involved in all of it, and it really makes me happy, even though it's the most stressful thing...And chemistry has the best professors ever!'

Eisen Cross



'Chemistry's a lot of fun. It's that really narrow line between being in math and being an actual practical science, where you can almost do anything. It really is a question of problem solving. Every time you get a new questions, it's like a new puzzle, and it's really fun to solve those problems...When I was in South Dakota, there was a geochemist there, and he was telling me that one of the greatest things about chemists is that we can see things from so many different angles...It's the chemistry degree that allows us to...see the bigger picture of everything.'

Rachelle Plourde



'The reason chemistry's cool is that you're learning about why things work the way they do, why your body does the stuff it does. That's pretty cool—it affects everyone.'



Garrett Carrica, Nick Stephanus, and Jake Garcia



Jake Garcia

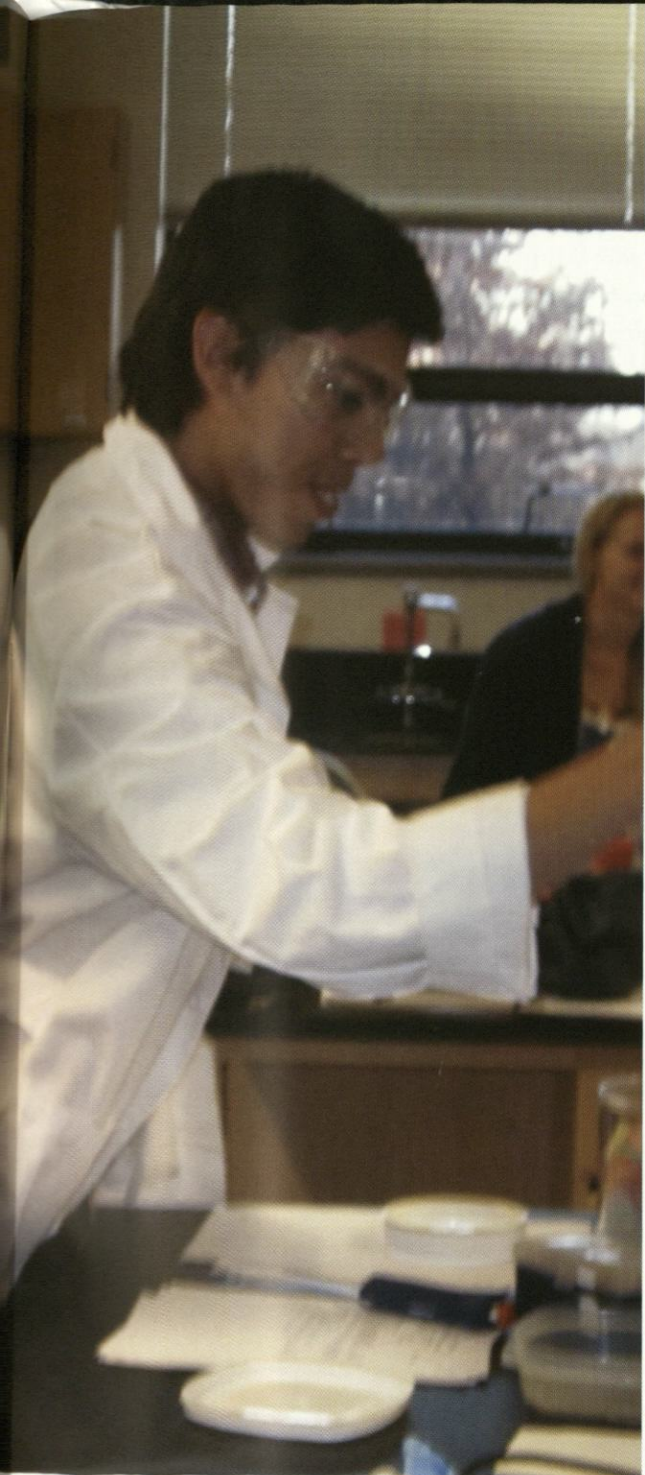


Megan Linders and Megan Moroze

Garret Carrica, Nick Stephanus, and Rachelle Plourde



I MUSTACHE you a Question?



Caroline Locke

"I can honestly say that the teachers within the biology department have changed the course of my life. They've shaken me up and completely guided my passions."



Grant Robbins

"Once you get into biology, the faculty are amazing. They're always there...to help. I feel like sometimes I live in my teachers' offices."



Justine Tramontana

"In biology, you learn about life and the human body and how everything works—there's just nothing quite like it. You learn about genetics and how the different chromosomes can cross over, and you learn all the different genetic possibilities, and in ecology you learn about how the earth functions. Just every aspect of biology is absolutely fascinating to me."



Ashley Marrazzino

"Biology is great because it's the only subject where you can openly talk about sex in any one of your classes...bacteria sex, plant sex—something."

Biology

Biology majors study life in all of its glory. From how life is created to what happens during life (to your genes, to your body, to the planet), biology majors study life in both a religious and scientific context that allows them to see "how amazing God is and the things he is capable of" (Justine Tramontana). Beyond their enthusiasm for the subject, one thing that was clear in my interviews with biology majors is their love for and loyalty to their professors. Biology professors at Regis are available to their students for everything from discussions about biology to discussions about students' lives. According to the students, the professors have truly made the department great, and their availability and willingness to help has made the department what it is.



Alexandra Lynch

"First and foremost, I think the faculty makes the biology department what it is. A lot of them have open doors...[they provide] multiple facets of support."



Jessica Carstrom

"I like biology because you get to learn how the world works—it's something useful and important. Ecology's changed my life."

Psychology

Psychology is the study of behavior. It seeks to understand why we do and feel what we do and feel. Psychology majors learn how to scientifically answer questions about human behavior, from stigmatization and biases to who stops at red lights. Psychology is grounded in a foundation of ethical and scientific research and seeks to make sense of the human conundrum. Likewise, psychology majors engage in a process of discovery so as to make sense of humanity.

Morgan Slaughter



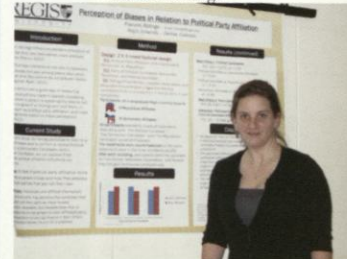
"Psychology is one of the most interesting fields because it's always changing, and it applies to so many aspects of our beings."

Anna Hummel

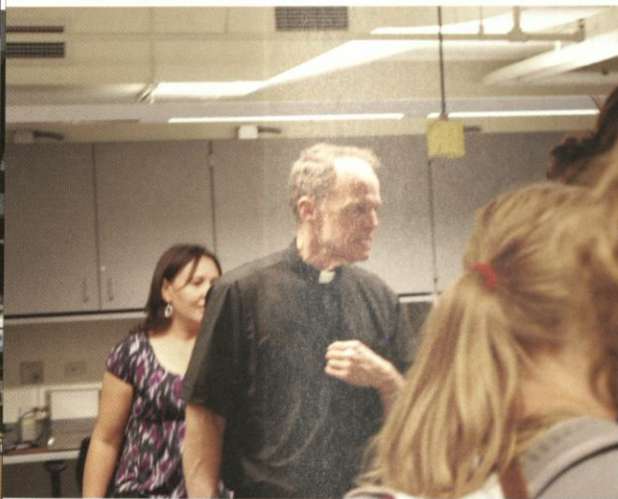


"Frustration is commonly the difference between what you would like to be and what you are willing to sacrifice to become what you would like to be" -Anonymous
 "This quote embodies the struggles of making it through research methods, but most of all is what psychology majors deal with most of the time because the mind is so complex."

Frances Ridings



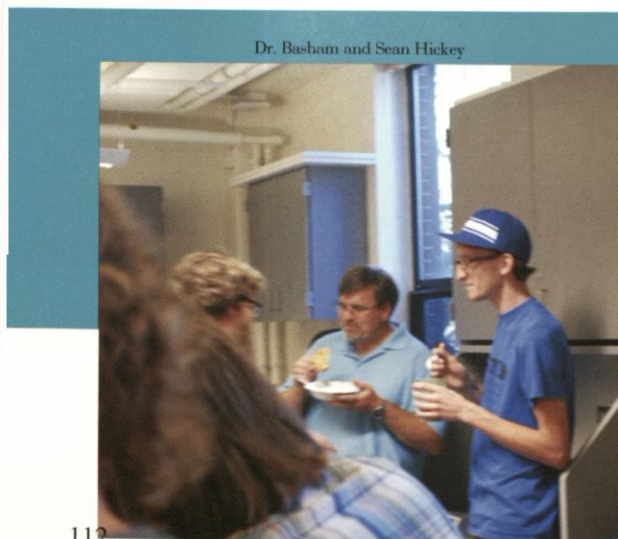
"As a non-traditional student...I have been dreaming about studying psychology for 6 years now, [and] the psych department has done more for me in understanding psychology and how it works than I ever could have imagined. The staff has been incredibly helpful and understanding. That was really important for me. Our psych department is incredible."



Lisa Hamilton and Fr. Shelton



Psychology and Neuroscience Majors and Minors at a Department-Bonding Event



Dr. Basham and Sean Hickey



Psychology and Neuroscience Majors and Minors at the annual Ice Cream Social.



Jessica Doesch and Nancy Tyson

I MUSTACHE you a Question?

Why neuro?



Taylor Jones
"Neuroscience is the best field of study, and anyone who takes a neuroscience class will fall in love! ... My all time favorite thing in neuroscience is brain surgeries. That's what made me want to go to med school to become a neurosurgeon. Something about a deremel in a skull just gets me!"



Darcia Carshall
"Dissecting brains is always really fun, and studying neuroscience is really cool because the professors are all awesome! ... You learn a lot about other people, and things start making sense. I always analyze people's actions, and I'm like 'I know why you do that now' ... And Dr. Basham is the best!"



Morgan Nitta
"Neuroscience at Regis perfectly fuses the abstract brilliance of who and what we are with the concrete science that grounds it. We're also pretty wierd."

What do you call a group of singing brain cells? ...

... A Glia club!

According to neuro majors, neuroscience is not just the study of the brain—it is the study of absolute coolest thing in the world! Neuroscience majors get to dissect brains, perform neurosurgery, and, in general, understand why people do what they do from a biological standpoint. Physical diseases such as MS, psychological pain (psychological disorders such as MDD), movement, sensation—everything that goes into allowing people and animals to live in and experience their world—come together to paint a beautiful picture of the human animal, to explain not just what we are but also who we are. Neuroscience is that major that makes the world make sense.

Emmy Caraveo, Annan Humal, and Katye Smith

The World as One

The world works in mysterious ways, and interactions between the living and non-living are no exception. Environmental science majors use many concepts, including biology, to try to wrap their heads around the ways that our environment functions—how these interactions occur. They use this knowledge to learn about the complex organisms that surround us every day. These majors have a passion for the environment and the impact it has on us all—as well as the impact we humans have on it.

Connor McFarland



Brienne Nieto, Dominique Williams



Zach Constant, Courtney Certain



Stephen Sivetts

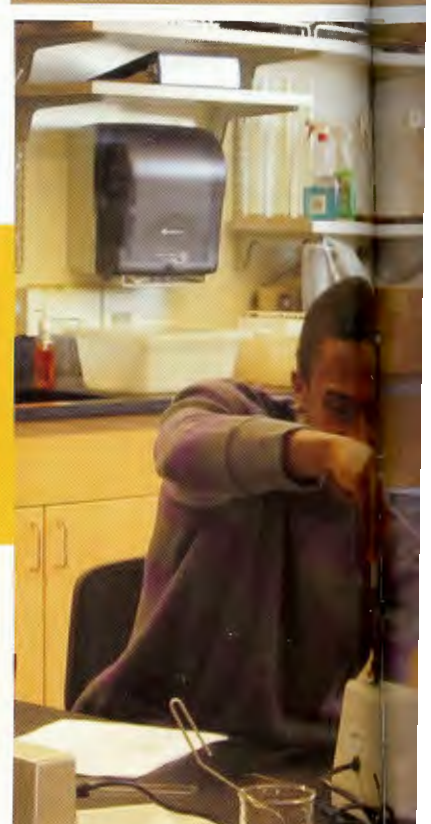
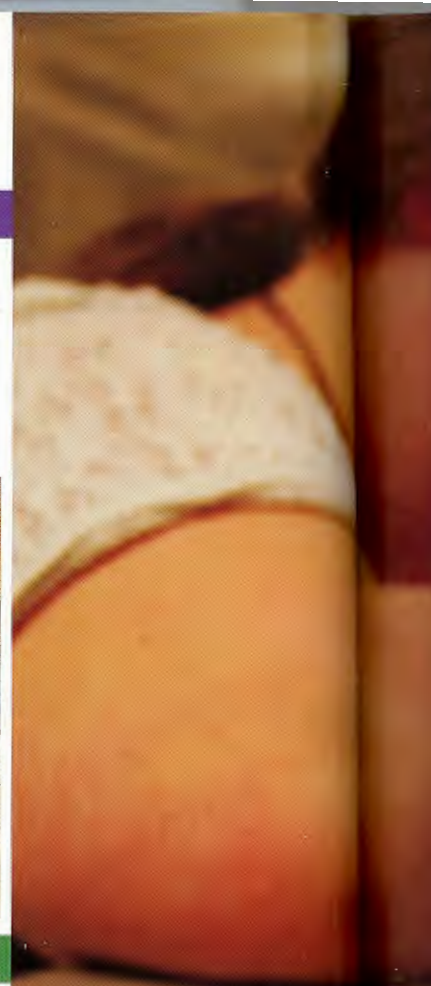


Jon Shoutta and Emilio Centeno

Tim Schulte and Maggie Kobay



Brian Nakayama



I MUSTACHE you a Question?

Math & Physics Majors



Jeffrey Stroud

Q: What do you plan on doing with a math major, economics major and physics minor?

A: With all this knowledge, I plan on taking over the world.



Marcellus Briscoe

Q: What has been the hardest class you have taken that is required for the math major?

A: Logic and Proof because it is less about the numbers and more about the theory, which is harder.



McKenzie Metling

Q: Why did you choose to be a math major?

A: I have always been good at math. The great teachers I've had have kept me interested.

Simple as Pi

As admirable as it is, not many people wake up and say they are excited for their math classes. There are a few, however, and these people come together and challenge themselves every day. Whether it is solving a problem using algorithms or finding other ways to work through a tough problem, many students battle with these challenging classes required for their major. Math majors focus on the computations, theories, and logic behind the arithmetic world that surrounds each and every one of us. Physics majors apply the math as well as the science to discover new things and apply important theories to life. Both of these majors participate in classes that they are passionate about and greatly enjoy.

Austin Pryde and his lab partner



I MUSTACHE you about NURSING?

Christy Henzgen, Class of 2014

My favorite rotation so far has been Med Surg I at St. Anthony's hospital. I was given the opportunity to work on the Oncology/Trauma floor and work with patients for all different reasons, which broadened my medical knowledge and allowed me to interact with so many amazing people. Nursing is such a cool major because we get to practice in the field before we graduate and our occupation sets us up to follow the Jesuit value of being men and women in service of others.



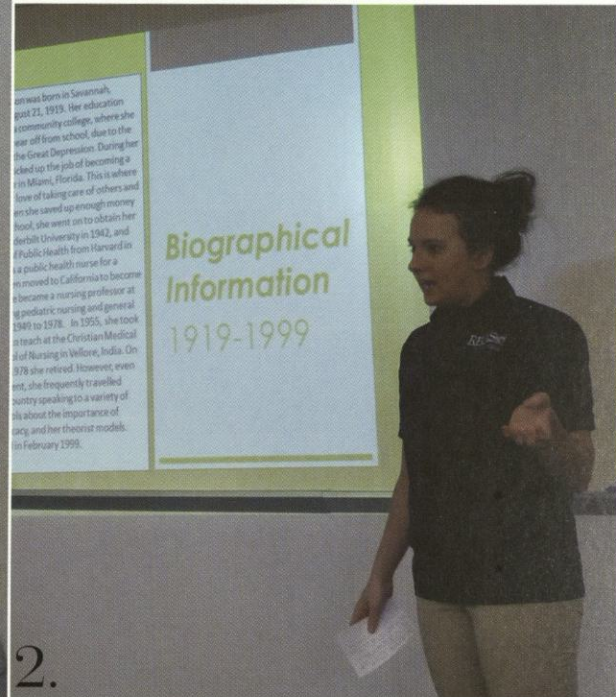
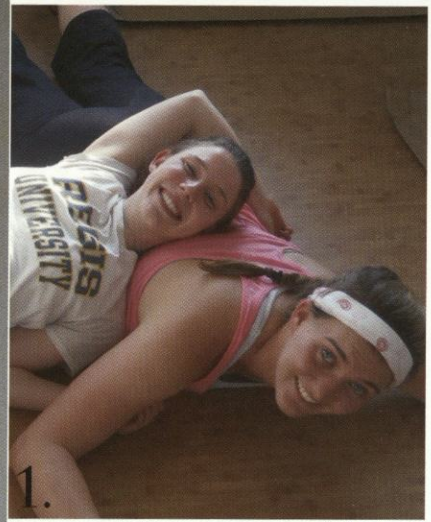
Kaitlyn Morroni, Class of 2013

My favorite rotation was the Pediatrics rotation at children's hospital. I was able to learn so much from the kids, I was so intimidated at first but kids are very insightful. Nursing does consume a lot of my time especially when we have clinical on Fridays and Saturdays. The nursing program is a lot of work but definitely worth it. I plan to work on a med-surg floor once I graduate, and then hopefully on a pediatrics floor.

Tess Orrino, Class of 2014

My favorite clinical so far is the one I am about to start at Children's Hospital in Aurora. I am so excited to work with kids! I know I want to be a pediatric nurse. I cannot wait to begin. Yes! Although, it consumes my time in short amounts then we have some nice time off, it's like a 5 day weekend when we do not have clinicals. It all depends on our clinicals but, yes it does consume almost all my "free" time. I know want to work with kids!





1. Trissana Bruke and Christy Henzgen. 2. Mary Katherine Kubacki. 3. Sabrina Wilson and Samantha Kenney.



Nursing

Nursing majors focus on when and how to help other people. These students have to look into different types of diseases and figure out why they happen and how to fix them. They figure out the many ways to help people of all ages. These dedicated men and women work endlessly to create a better future for the people of tomorrow. A Nursing degree from Regis is one of the most highly respected degrees in the professional arena in Colorado. Students spend an intensive two years preparing to become a nurse. Based in the concept of caring and concern for others, nursing fits well into the Regis mission and the nursing students do a great job of caring for the patients during clinical rotations.

I MUSTACHE you a Question?

Taylor Clapp, English Major

Q: Why is language important and what is your favorite piece of literature?

A: Language is important because it gives us the ability to articulate and uncover the very cause of our creation. I personally love the *Harry Potter* series.



Claire Radar, Spanish Minor

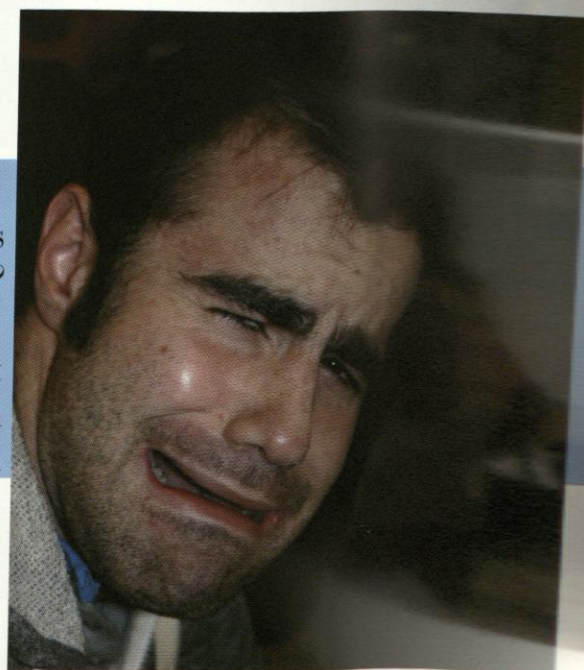
Q: Why is language so important?

A: I think learning other languages is an important and noble pursuit because by learning to speak another language you are opening yourself to think from someone else's perspective as well. Communicating is relating, and I want to be open to relating to experiences all over this world. Also speaking Spanish is incredibly fun and useful!

John McDermott, English Major

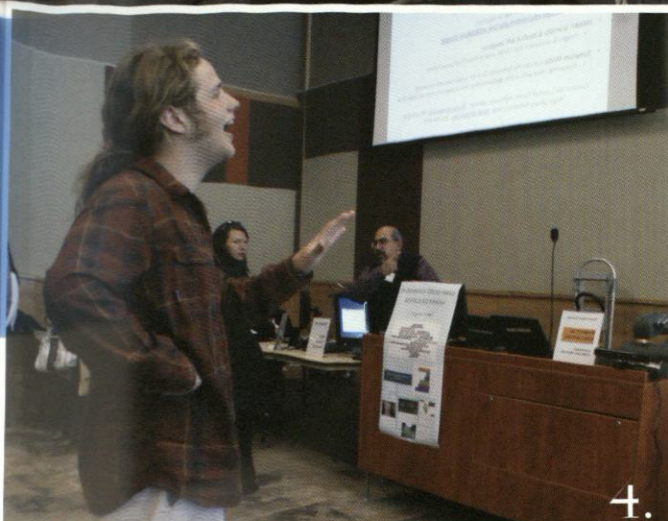
Q: Why is language so important and what is your favorite piece of literature?

A: Language is important because it is what allows us to connect with one another. Human beings are social in nature and it is through communication that we feel a sense of purpose. My favorite book is *Fight Club*.





1. Dr. Lara Narcisi and Dr. Scott Dimovitz.
2. English majors at the annual English Department Halloween Party.
3. Matt Burns
4. Scott Hauck



English and Modern Language

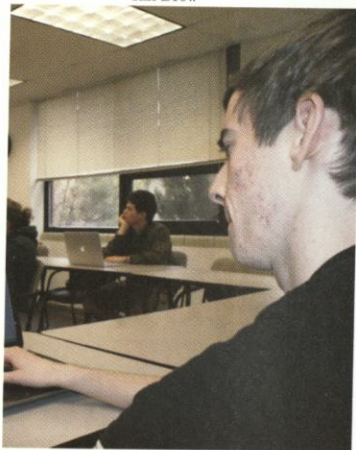
English and Modern Language Majors are similar in many ways. One way is that they work towards understanding a language fully and for in depth use in the real world. Modern Language students look more at how to communicate with people of other language origins. While English Majors look farther into a language they know a lot about and want to know more about answering the questions of life in general.

Politics

Steven Ferrel and
Lauren Shakes

It takes a special kind of person to major in Politics. The pursuit of a Politics degree comes when a person sees something they want to understand or change in the world's governments. Government is something that is everywhere, and these students look into how to improve or change it. Consequently, many of these students are looking to use their degrees impact the world as a whole.

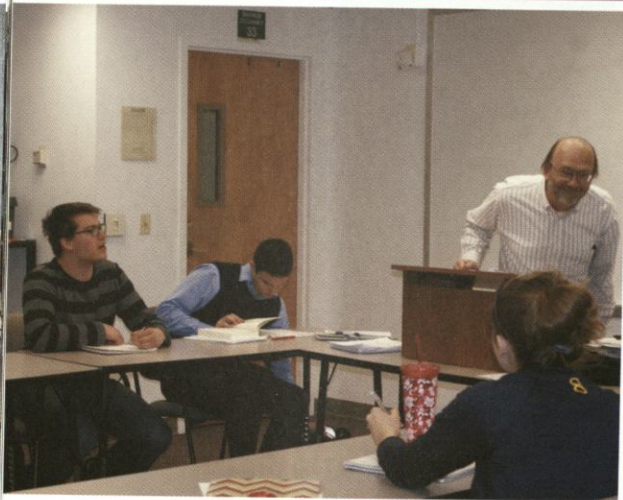
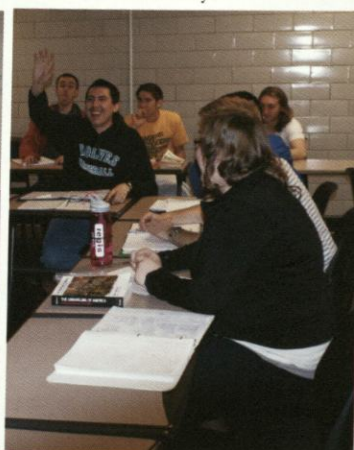
Ian Drew



Dr. Schmidt



Matt Montoya



Dr. Terry Schmidt



A Politics class looks on ready to learn

Dr. Nickie Gonzales

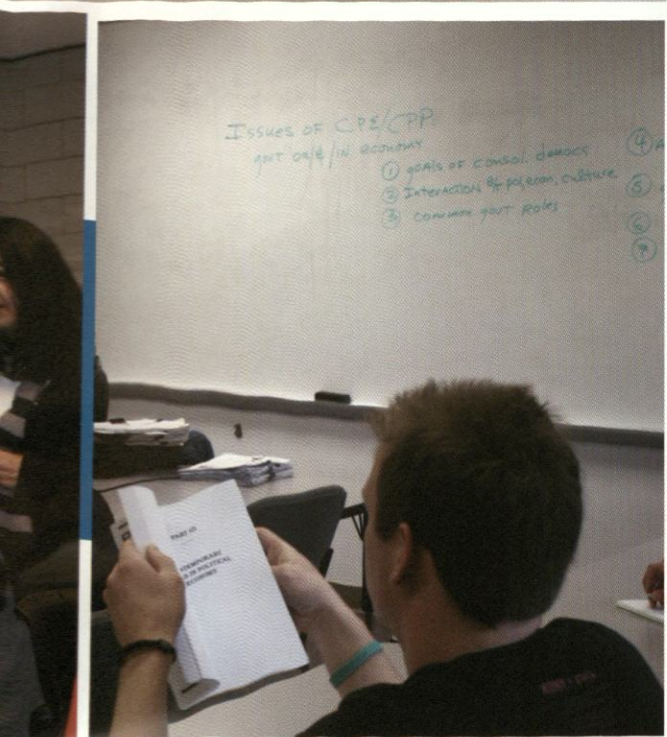


student listening intently



Dr. Gonzales





Keenan Harris

I MUSTACHE you a Question?

What is your favorite historical moment?



Tom Stovick

is the root word of History, it is Greek and means something akin to inquiry or knowledge acquired by investigation. The most interesting event in history, then, is the acquisition of that knowledge. History is not a series of events that took place in the past, or even a cycle of patterns that humanity is ensnared in—it is the method of investigation which one uses to acquire knowledge.

Who or what inspired you to major in Politics?



Alimohi Farnaz

I was inspired to become a politics major after I became more familiar with the political difficulties of my own country, Iran. I wanted to learn more about politics in general, and I wanted to be a person who could make a difference in government/international relations. I saw politics as my gateway to inspire change and reform in the face of adversity.



Andrew Bennett

I knew as a freshman I wanted to major in Politics because I wanted to go to law school. Through supreme good fortune, I had Dr. Nikki Gonzales as my freshman seminar professor and Dr. Terry Schmidt as my intro politics professor. Both professors inspired and challenged me to look beyond the narrow view I had coming in. I'm proud to have them as mentors and even luckier to TA for Dr Gonzales's freshman seminar!

History

History majors look at the world and try to figure out "Why?". These students look into the minds of great historians and decide what worked and what didn't. History Majors work to understand people and events of the past—it is difficult to know where you are going if you do not know where you came from. Through analyzing historical events, these students think critically to discover *why* things happened as they did in the history of man.

I MUSTACHE you a Question?

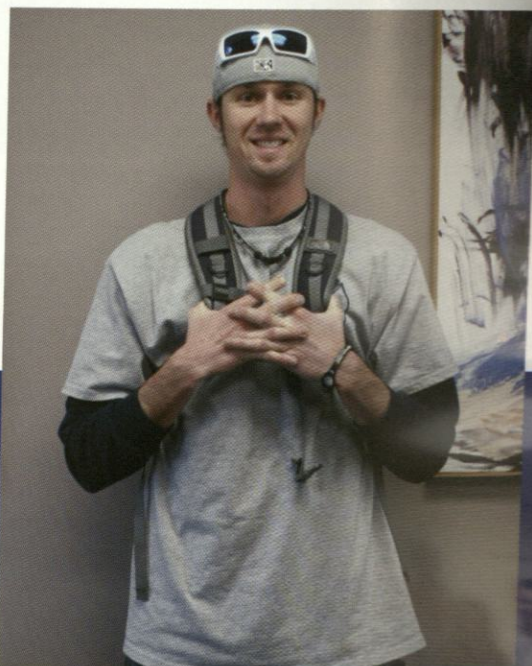
Hannah Breece, Philosophy

I'll admit, even though I enjoyed my first philosophy class, when I left it I had no real intention of doing much with philosophy in my future. However, about a month into the following semester, while I loved my classes, I felt like something was missing. It did not take me long to realize that it was the constant challenge to see the world in new ways, to answer the difficult questions about life—there will never be a definite right answer, and the fact that the same conversations have been taking place for thousands of years is part of the beauty of it. Furthermore, there are not many majors that allow a person to look comprehensively at history, art, language, psychology, politics, business, and many other areas all in one.



Wes Keelan, Communication

I chose communication because it was the most interesting to me. I'm a people person. I love interacting with people and analyzing human interactions. We often look at rhetoric, interpersonal relationships, and concepts similar to those and try to find the meaning. The theories that we look at are very interesting and I enjoy applying them to my everyday interactions. One of my favorite classes was Persuasion and Argumentation. It really challenges students to look at different modes of persuasion and how they can be effective towards a given audience. The rhetoricians we studied provided a different outlook on life and it was an experience you just don't get in a business or science class. This class was geared towards my own interests. I plan on working in some field where I'm dealing with people and giving back. Right now I'm taking police tests for different cities and plan on having a career in law enforcement. It's a career that is obviously in direct contact with people and it's a way to help others. I think that I would be able to apply the things I've learned within my field of study that would benefit myself and others.





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Comm. and Philosophy

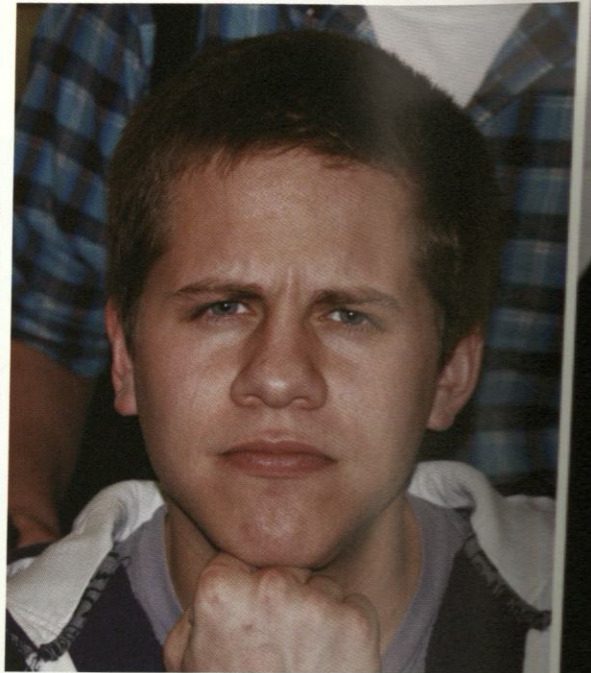
Communication Majors figure out what is ethically inappropriate and how to best announce it to the world. These students look into how to best talk to other people and address problems in the world. Philosophy Majors on the other hand look into what the world already knows and tries to figure out why. They take sturdy beliefs and make them wave in the wind like pieces of paper. These students look at anything and ask the hardest question to answer, why?



I MUSTACHE you a Question?

Jake Rodriguez

The social issue that I am most concerned with is social inequality created through the class structure and enabled by Capitalism. In my opinion it is the crisis of our time and perpetuates alienation, economic disparity, and dehumanization.

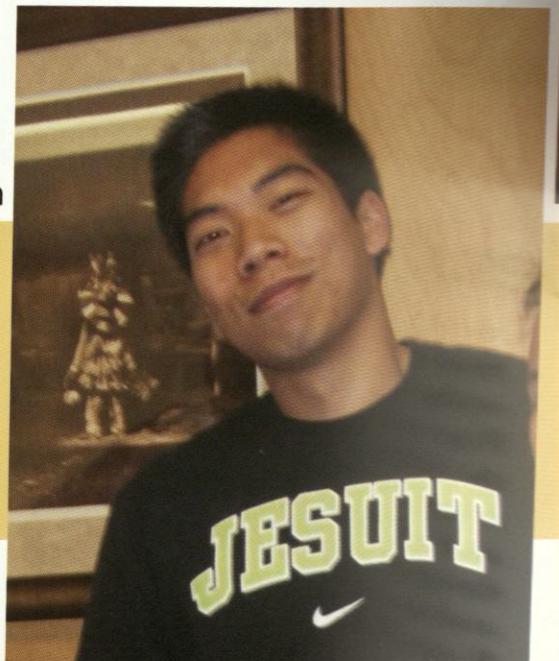


Hannah Jones

In my opinion, the social justice issues I found more pertinent and compelling are the injustices of the international sex trade industry and women's rights issues around the world, particularly in India

Joseph Dizon

There are dynamics of society that affect every aspect of our lives, from the seemingly trivial to those of utmost importance. Sociology is vital as it helps to inform politics with the latest trends in medicine, poverty, education, policies, and culture determining government policy, therefore, sociology becomes integral to our lives completely. The issues that I am most passionate about is education and medicine as an aspiring nurse and counselor. We need to make our childrens' education and health more of a concern in our society.





1. Maggie O'Connor. 2. Yoli Bodie.

Jesuit Sociology and Women's Studies

Sociology classes are a great way for students to become acquainted with a liberal arts education. Students can take a variety of classes that help to create critical thinking skills and teach them to evaluate the way the world operates. Many sociology courses overlap with Women's Studies courses, Peace and Justice courses, and Religion courses, which shows how diverse sociology really is. From the challenge to the critical thinking, sociology is popular because it appeals to a wide variety of students looking to evaluate how we ought to live. The Women's Studies courses offer students, both male and female, a chance to explore the social impact women have had on the current culture and throughout history. A lot of Women's Studies courses are cross-listed, which attracts a wide array of students to the courses. They may come for the cross-list, but they stay for the challenge, and Women's Studies majors dedicate themselves to this cultural education experience.

I MUSTACHE you a Question?

John Knudsen

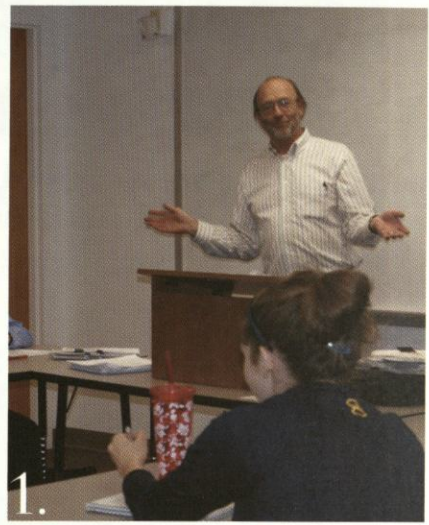
My passion towards the Peace and Justice major started after reading environmental literature in a my honors literature matters class with Dr. Swanson. Particularly the philosopher who got me passionate about these issues was a man by the name of Aldo Leopold who created a land ethic which stated that every biotic thing has value despite it's utility to humans. This thought in culmination with Michael Pollan's book "Botany of Desire," got me to realize that despite our complex consciousness that evolved over time, we are not so different than simpler organism like a bee or even plants. This being said, seeing how poorly we treat other organisms I became impassioned towards land and animal justice issues. After learning about these injustices I soon came to realize that these issues are inexplicable without looking at other cases of injustice such as poverty, consumerism, and waste. This entire web of injustices fascinates me, and so the Peace and Justice major gives me a lens through which to process these problems, and hopefully help contribute towards creating peace.



Dawn Sietz

As a religious studies minor, we have spent time reading about a lot of different religions, but for me personally, I have connected with some of the things we have learned about saints. I really admire St. Theresa of Avila. I think she is sort of like the woman version of St. Ignatius when it comes to topics of discernment.





1. Dr. Terry Schmidt. 2. P & J students during a silent vigil. 3. Students in the Romero House class during thier piligrimage with is part of the course.

Peace & Justice and Religious Studies

Religious Studies majors focus their time and energy on looking deeper into human rituals and belief systems. These students look into how religion affects culture and plays into history. From lower-division classes such as Religion and the Human Question to Faith and Healing, and from upper division classes such as the Religion and the Environment and Religion and Diversity, the Religious Studies department offers classes that appeal to people from all walks of life. Peace and Justice majors look into the problems of today's world. These passionate students look for nonviolent ways to improve social issues and institutions. They show their passion to support justice and peace in the world, no matter the circumstances, and they strive to uncover ways to better humankind.

Create Something New

A compilation of choirs at the Mass of the Holy Spirit.

A compilation of choirs from around the university came together to sing in a new academic year and a new president at Fr. Fitzgibbons', S. J., Inauguration Mass. They ended the Mass by singing a special tribute to him: an African hymn translating to "Never Give Up."

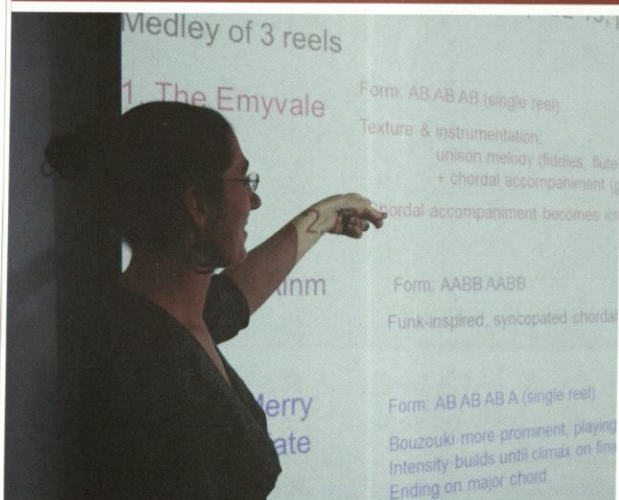
Barb Wollan



Anamaria LaRosa and Kira Austin



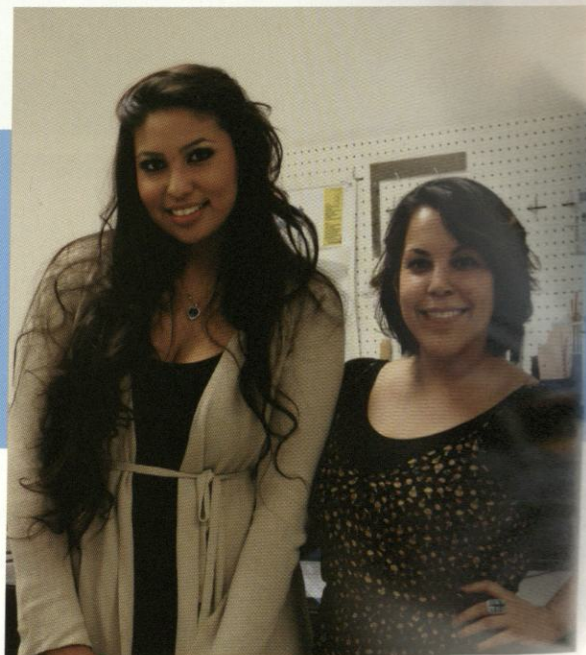
Annebet Van Munching



Dr. Kirschstein



Celeste Martinez and Dawn Seitz





I MUSTACHE you a Question?

What is your concentration in?



Emily Mullen

My concentration is in Painting. I do a lot of abstract pieces using bold, saturated colors and high contrast to create very dramatic and energetic pieces. Through classes I have gained the confidence to experiment with different techniques.



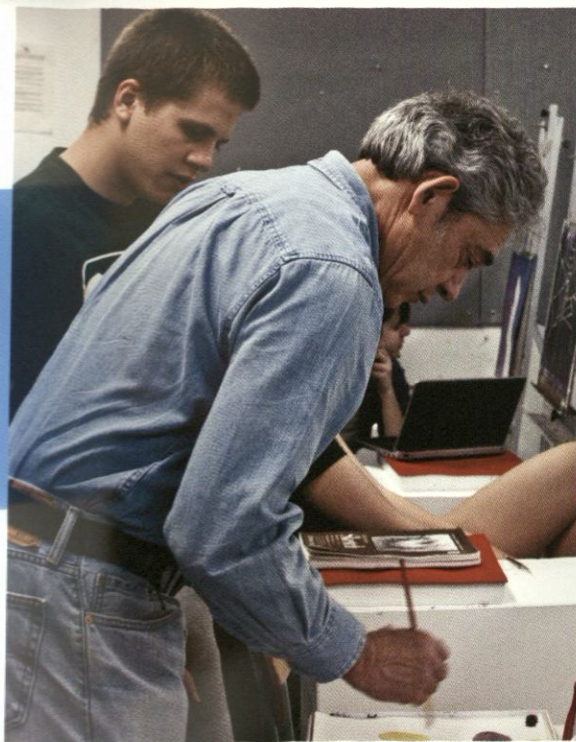
Alexis Ortega

The mediums I work in are drawing, painting and printmaking. Prior to my college experience, I had never tried printmaking or painting, so my classes here broadened my knowledge and skills in these two areas.



Jack Luthman

My concentration is in Film Photography. I like to work with my hands. Film is more work and I am more involved with my work. I like working in dark rooms with my prints. I want to get as close to perfection as I can get.



Jake Rodriguez
and Tony Ortega

Fine Arts

From painting to choir, drawing to guitar, and art history to piano, the fine arts courses offer students a variety of ways to express themselves. Whether they take fine arts as a major or to fill one of the core requirements, the courses are sure to build new skills that are not usually found in the more traditional courses. These students wanting to try something new can be found in the art room painting their first picture or on stage singing in a concert hall. Through the variety of classes, the Fine Arts departments gives students the opportunity to become well-rounded and improve their well-being.

I MUSTACHE you about TEACHING?

Jessica Morgan, Class of 2013

I have always enjoyed working with kids and I love that teaching really does make a difference in their lives. After several education courses I started to learn not just about how to teach kids, but about myself and my own identity. I look forward to being eager to going to school each day to see my students.



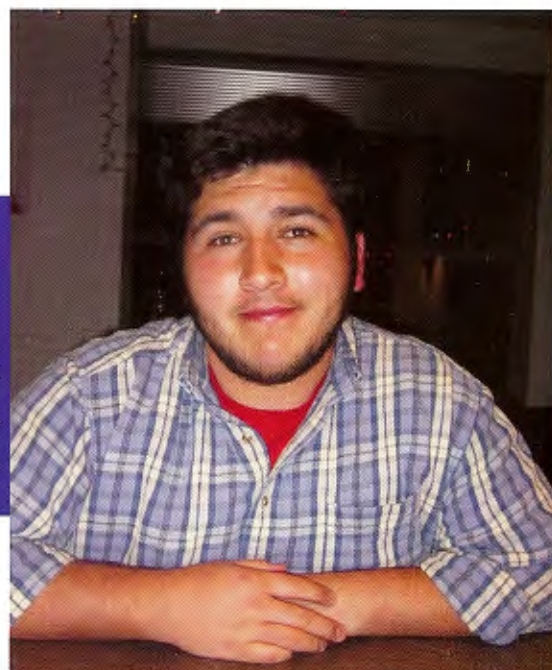
Christian Caruso, Class of 2014

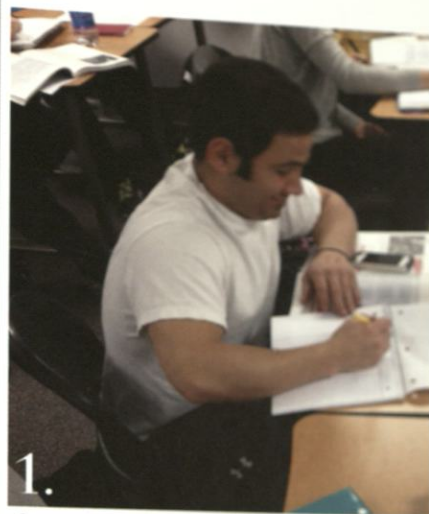
My inspiration to become a teacher is from my high school math teacher. He made a difference in my life and made learning fun. I want to have the same impact on others as he did for me.



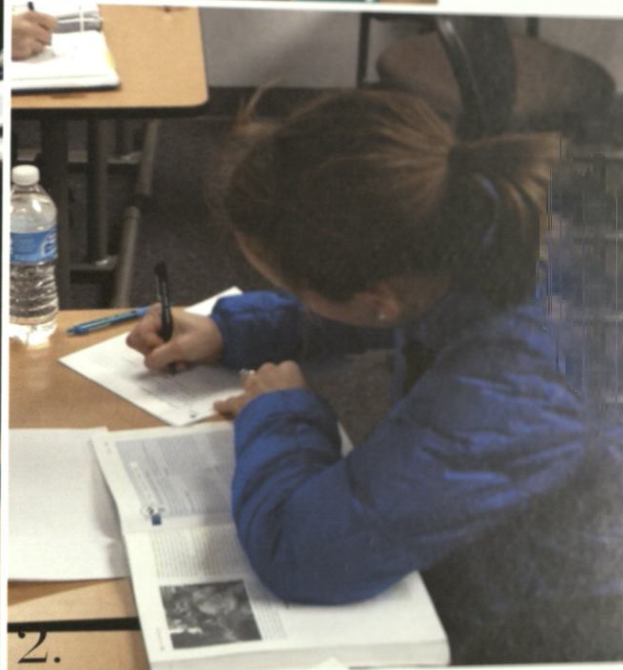
Angel Estrada, Class of 2015

To simply work with the kids, I want to show kids the beauty of Art and their world through their eyes. Now, I want to help those kids who don't even know English, to know English and it's culture as well as share their culture with me.



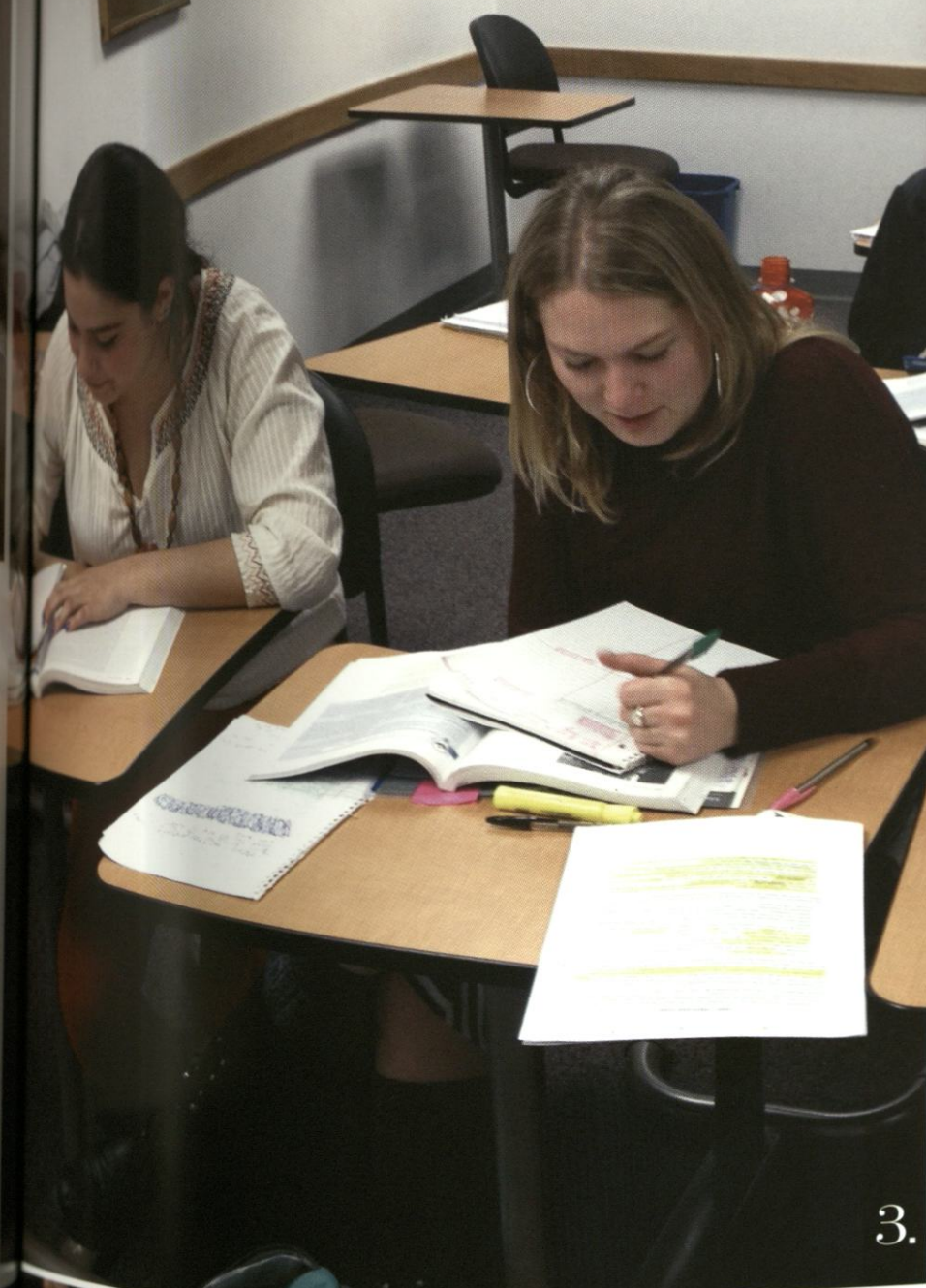


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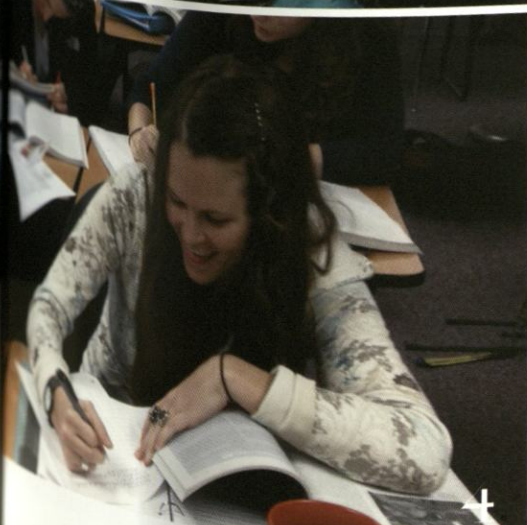


2.

1. Christian Carruso. 2. A future educator prepares for class. 3. Kelly Esrael and her classmate take notes. 4. Lauren Weger.



3.



4.

Education

An Education Major works towards understanding other people and how they function. How children and teenagers function is very important to an Education major, they have to be able to see how they can help others. These students must also learn how to make their passion another persons passion as well. Teaching takes a special type of person. Someone passionate about the subject they want to share with other people. A person passionate enough to be willing to repeat their course every year, their high energy everyday and their words every few minutes.

HONORS

Taking Honors courses to fulfill Regis core requirements, Honors students explore the vital question "How ought we to live?" as they engage in heated debates and meaningful discussion.

While Honors is certainly a challenge, many students value the community the Honors experience gives them. From the freshman hike to *The Christmas Carol* to Thesis presentations, honors programs and courses foster a sense of community that helps these students meet the challenges that come with this in-depth program.

Honors students reading act II



Putting their heads together for great ideas.



Connie Gates and Peyton Lunzer

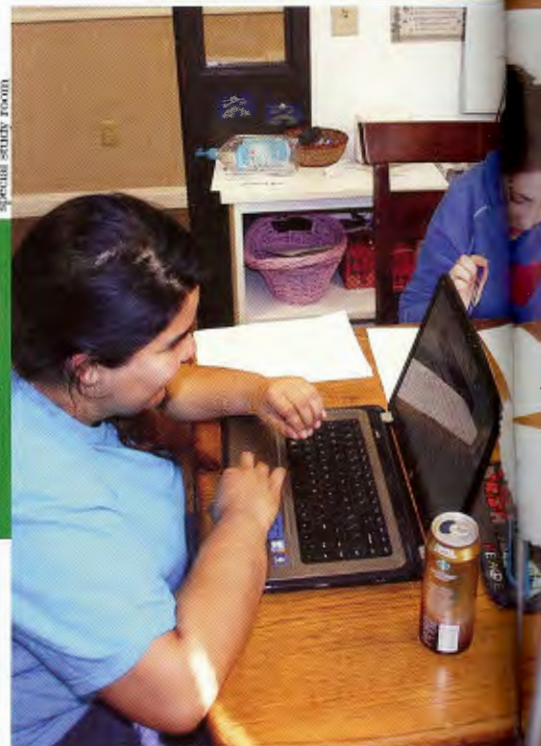


Students go over work before submitting to the professor.



Gabe Harper and Jason Huggins

Students study in the special study room



Dr. McCabe and Commitment Students



Kat Mendoza





I MUSTACHE you a Question?

What is your favorite book you've read for an Honors/Commitment class?



Jordan Martinez

Books that are read for the Commitment program are all about "finding a meaning for life in good times and bad". My favorite book that I read was *The Heart of Virtue* by Donald DeMarco. This book was inspiring to me because it listed different virtues such as compassion, care, hope, love, integrity, and so on. After each virtue was listed, there was a story about how the virtue was used by people throughout history. This gave me insight to many of the Jesuit values that are constantly talked about at Regis. This book also inspired me to find virtues that I use on a daily basis to help me exercise Jesuit values. This book and the commitment program gave me insight into how special of a place Regis University actually is.



Ian Drew

My favorite book that I've read for Honors is probably *White Noise* by Don DeLillo. I'm usually a big fan of social commentaries, and this one was great in criticizing the over-advertisement and over-analysis of everyday things by the media. Not to mention that parts of it were wickedly funny. It has a really unique style to it, and I actually enjoyed reading it.



Stuart Hardin

My favorite book I read this year was Toni Morrison's most recent publication *Home*, which Dr. Narcisi assigned in Literature Matters. *Home* tells the story of African-American veteran Frank Money and his struggle to readjust back into civilian life upon returning from the Korean War. Morrison shifts between narrators, including Frank, who offer the reader deeper insight into the post-traumatic state of the protagonist and the problem of manhood in general. I enjoyed Toni Morrison's straightforward, fluent writing style as well as the circular nature of the plot. I also liked how the novel is set during a conflict that is often forgotten by the American public and a time period in which the civil rights movement was coming to full fruition.



Students review the readings during class.

COMMITMENT

Regis' Commitment Program offers students that show great determination and have a positive attitude, but do not quite meet the University's entrance scores, the opportunity to excel. It provides students with the extra help and facilities that help them to succeed. Perhaps what the program is best known for is its wide array of community service projects. Students donate their time to work for the sick and elderly at the Mullen Home, as well as to help the homeless through Father Woody's service projects.

I MUSTACHE you a Question?

Brayden Weninger

The first-hand experience I gain through direct service gives me a unique perspective on social justice issues. I cannot gain such a perspective from reading a textbook or attending a lecture. Being able to take my own personal experiences and discuss them in class helps me to better understand social justice and allows me to feel more involved in my learning experience. Service learning has been a great experience for me! The time I've spent volunteering at Skinner Middle School has given me a new perspective on service and on education. I no longer view service as work. Instead, I now see it as an opportunity to learn and to grow as a person, while simultaneously making a difference in the lives of others.



Claire Rader

I spend a lot of time working with kids, but I especially love working with kids who have mental disabilities. I work at a summer camp each year with kids, and although it can be very draining, it also gives me life. I love to love them up!

Sarah Falco

My service learning impacted my education because it's given me a way to experience what we are learning in class and to be in solidarity with the people we are learning about. I have taken away from my service learning that it's great to do what we do within a year, but there is so much more to be done. Though so much is already being done we can always do more, not for class credit. My service learning has also helped me gain a new perspective with the greater Denver Community. I felt isolated from them for so long, but working with them has helped me to understand what they go through daily.



...about your service.



Nick Broncucia

I work with the Spanish English Exchange Program through the Center For Service Learning and Denver Fair Foods. This spring I participated in the Regis Delegation to Florida for the Coalition of Immokalee Workers' March for Rights, Respect, and Fair Food. ¡Que viva los trabajadores agrícolas!.

Forrest Smith

My service I do at service allows me to continue my usual week routine I had during my Jesuit high school days, in which I spent a part of the day out in the community doing service at some placement. Well for one, it allows me to obtain one extra credit out of my writing seminar/philosophy course. For another, the experiences I gain out of the service grants me with teaching abilities, something that might possibly be in my future. I work inside of a sixth grade science classroom for multiple periods. In it, I have learned much from the teacher about teaching strategies and classroom dynamics. From the students, I am able to learn much about the community surrounding the school, within the neighborhood and within Denver.



Gianna Carleo

Every week I get the chance to work with adorable children at Open Door Youth Gang Alternatives, an organization committed to the goal of preventing kids from ever joining gangs. Together we work through their homework, reading skills and overall personal developments. On special days, there is the occasional dance-off or arts & crafts.

What is **ONE** vital leadership trait?

Shannon Hayes, Class of 2014

I think a vital part of leadership is passion. If you don't care about what you are a part of then no one else will get involved and by into whatever you chose to lead. I also think it is one of the most contagious things and rewarding feelings to pass on and instill in members of your committee or club.

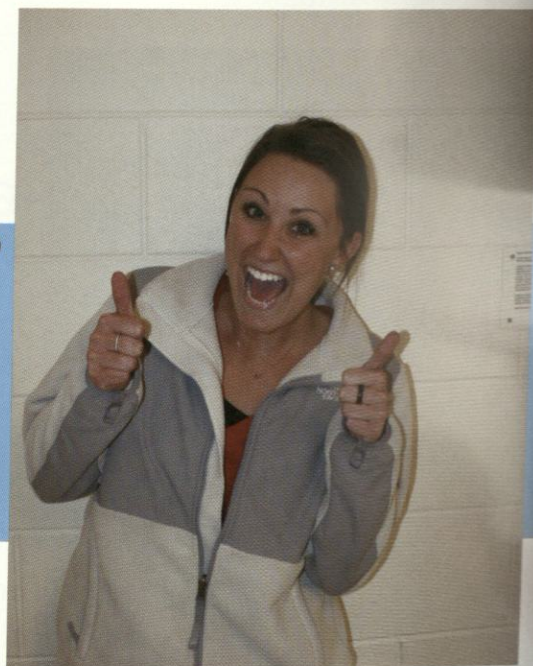


Elizabeth Coleman, Class of 2014

A good leader needs to be flexible. Flexibility is vital because a leader needs to work with others and take things as they go.

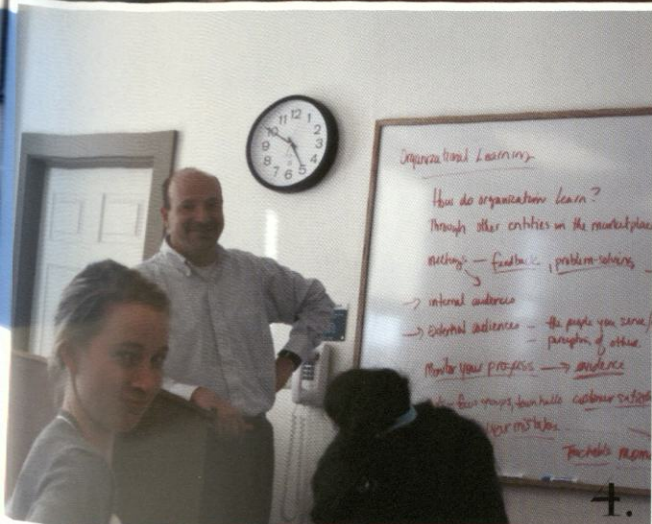
Ellen Lundwall, Class of 2015

I think there's a lot of vital qualities a leader must have: a good attitude, an open mind, and a sense of humor. The only thing more important than these is a good team. As my favorite philosopher and vice president, John William Sabin always says, "team work makes the dream work".
You can't do anything well on your own!





1. Leadership girls on retreat. Maggie O'Connor and Ellen Lundwall. 3. Leadership students completing an obstacle course. 4. Dave Law and Shannon Hayes.



Leadership

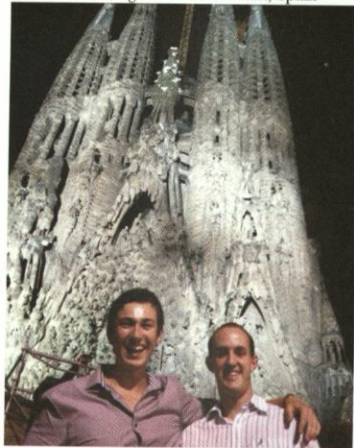
As a school dedicated to creating men and women in service of others, Regis offers courses designed to allow students to hone their leadership skills—skill that are vital in allowing students to become vital forces in changing the world. Through RegisCorps (the service leadership program), leadership scholarships, and leadership courses such as Heroic Leadership and Organizational Leadership, Regis offers a variety of ways in which today's students can look within themselves to become tomorrow's agents of change.

Discovering Yourself

Trevor Hopkins, Spain

Traveling away to a foreign country, students are placed in situations that are abnormal and out of their comfort zone. They get the chance to discover who they really are as a person. Students like Trevor Hopkins, who studied in Barcelona, Spain, set out to try new things and create wonderful memories, while also learning a bit about themselves. Sara Mackey said, "I have learned that I am much more strong and independent than I tend to give myself credit for." Studying abroad is much more than just studying, it is a life changing journey.

Kevin Ettinger and Mark Stern, Spain



Antonia Lira, China



Marissa Arruda, Italy



Aoife Burns, Ireland



Kevin Ettinger, Morocco

Becca Saunders, Australia



Leah Van Someren, Ireland



Shannon Todd, Costa Rica





I MUSTACHE you a Question?

What was your most memorable experience of being abroad?



Jaqueline Merz, Italy

The best thing was seeing things that I never thought I would actually see. I got to see things like the Colosseum, the Eiffel Tower, the Creation and Paris. I saw my dreams come true and it was amazing.



Sara Mackey, Ireland

Having the chance to explore Ireland has always been one of my dreams. Living here has been an incredible journey and I will forever cherish each memory from my time here. One of my favorite memories was when we went to Lahinch a small coastal town, seeing the ocean and playing on the beach was amazing.



Becky Blackburn, Ghana

Visiting the shrine in Northern Ghana called Yaab-tong-naab was an amazing experience. It was out in the middle of nowhere and to get there you had to climb a mountain bare foot and bare chested. When we got there, there was fresh sacrifices and piles of feathers and rope from animal sacrifices. I got to talk to the priests there and it was really cool.



John Slater, Fiji

It was interesting riding the sketchy buses across the country and just traveling in general was an experience considering Fiji is so undeveloped and there are only like two roads that run across the whole country. Scuba diving was also amazing.



Jamie Koppinger, Costa Rica

Destination Fascination

For many, college in itself can be a very life-changing experience. The responsibilities and memories that come with college make this the best time in many people's lives. In today's world, students also have a chance to take that experience to the next level. These students step outside of their comfort zones and enter into a world unlike their own by choosing to study abroad. These students obtain an education in a place where everything is different from the small and close-knit campus they had known. They learn to speak a different language and take in a new culture, and experiencing these differences is life-changing. Although this experience may not be for everyone, those who study abroad believe that the reward is priceless.

I Mustache You a Question

Caitlin O'Brien, Colorado I Have a Dream Foundation

My internship with the Denver Foundation which matched college students with non profits in need of support. I worked specifically with the Carriage House Community Table in Boulder. It has since been renamed Bridge House. Bridge House is a day shelter for the homeless that provides meals, showers, career counseling and mental health services. I worked on the development team helping to organize their annual event, a silent auction to benefit the services at Bridge House. It was a great experience, I learned a ton about the non profit world and the homeless.



What did you take away from your internship?

Shelby Wieman, No Labels (The Washington Center)

The most important thing I took away from my internship was the experience I gained in a professional work setting. I interned with No Labels, a non-profit political organization, and through my work with them I was able to explore my interest in politics, writing, and media all at the same time. Internships are really about exploring your interests and getting some valuable experience and I think I was definitely able to do that.



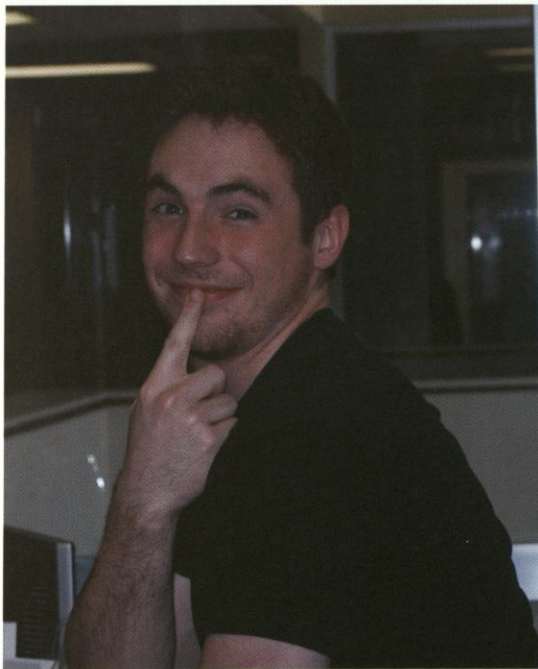
Jelena Subotic, CBS 4 News

I was able to work with industry professionals that taught me everything from news etiquette to editing a news story. I learned how to take initiative and go after what I want in life, an invaluable lesson. My internship was with CBS 4 News. I created my own news demo reel to submit to employers including anchor segments, edited news stories, and reporter stand ups. I learned about news writing and how to be successful in the news business from advice from seasoned veterans and talented rookies alike.

I MUSTACHE you a Question

Sonny Stoen, Biology

My thesis is entitled "Terminal and Life-Threatening Conditions: Finding Meaning through Mortality". This thesis has appreciably contributed to my understanding of the struggles that individuals with terminal illness face, and the research from it will help to inform my work as a physician following medical school. Overall, it was a really poignant way to end my undergraduate experience at Regis, since it effectively synthesized the biological background with which I'm familiar with other seemingly unrelated disciplines such as Religion and Spirituality, Psychology, and Sociology in true Regis fashion.



Patrick Ross, Business

My Capstone is a Policy and Strategy Audit of the Nike Corporation. It is a culmination of all of my business class experiences to develop a analysis of a business environment from all aspects of the market and world they are involved with. The capstone examines the organization not just to promote the best qualities, but to review all sides both positive and negative.

Elizandra Martinez,, Religious Studies and Sociology

I am looking at how religious policies and teachings against LGBTQQ people spread spiritual violence. I am analyzing the pastoral response to the LGBTQQ people primarily in the Catholic Church but then comparing it to other response that are more accepting. I am looking closely at church rhetoric around the topic of homosexuality and the language that is used. I am analyzing what the bible say and don't say about homosexuality. How does all of this play a role in the faith development and journey of LGBTQQ people? I will propose to you that it is possible to be queer and holy and how church rhetoric needs to better support this claim.

My thesis and capstone reflect my time here at Regis through the Latin phrase cura personalis, the Ignatian concept of "care of the whole person." Through this concept Regis has given me the strength to be my most authentic self and they have created a space for me to explore and present on such a controversial topic.



...about your thesis.



Jake Rodriguez, Religious Studies and Sociology

My Religious Studies thesis revolves around the notion of Ignatian Discernment and reclaiming vocation. The aim is to identify that there is a problem in the way that vocation is thought about currently, and I propose that principles within Ignatian Spirituality and discernment can help combat this issue. I am also doing a research proposal for my Sociology capstone that revolves around a hypothetical comparative study between oppressed groups in Latin America and the United States and the role of religion in each. Writing a thesis and taking a capstone class for me have really capped off the theory that I have been working with for nearly four years. I appreciate being able to articulate the ideas which have become the absolute focus and driving force within my life. It is challenging but an incredibly rewarding way to end my Regis experience.

Morgan Nitta, Neuroscience

Thesis Title: Affective Empathy: Exploring prosocial behavior in neuroscience How has it affected...

I would say that working on this project has fully enveloped me into a complete literature and research of the subject. I know understand what graduate level research looks like. The best part is choosing a year long project that integrates a subject or thought or idea that has grown throughout the four years.



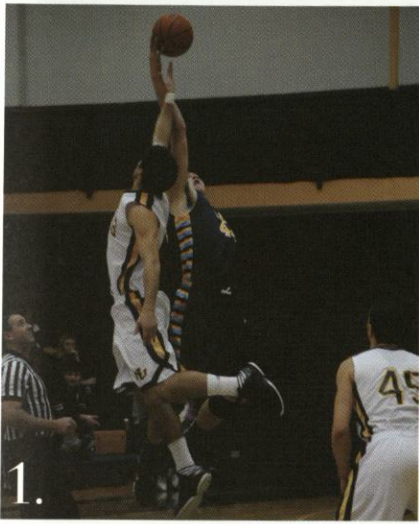
Ted Lynch, Chemistry

My thesis title is "Responding to Gang Violence in El Salvador: What Homeboy Industries can teach us about Reinsertion and Prevention." My thesis focuses on the 2012 gang truce in El Salvador and implementing new programs for economic and social reinsertion of gang members, like some of the ones at Homeboy Industries in LA. This process of writing and presenting my thesis to the Regis community has allowed to reflect on my time abroad, and weave those experiences into my academic interests as well.



an unexpected
opportunity





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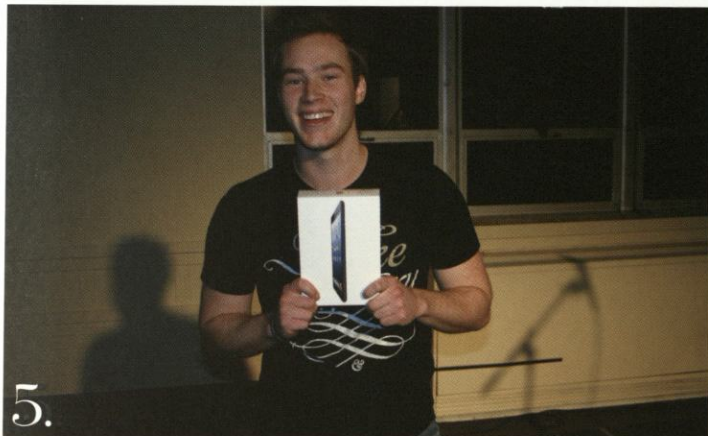
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6.

1. Tip-off at the Fort Lewis basketball game. 2. Cheerleaders and Dancers at the Basketball game Vs. Adam St. 3. Sonny Stoen and Joe Matelich 4. Brayden Weninger, Katie Cawley and Andrew Ross. 5 Thomas Wells. 6. Allison Karpala

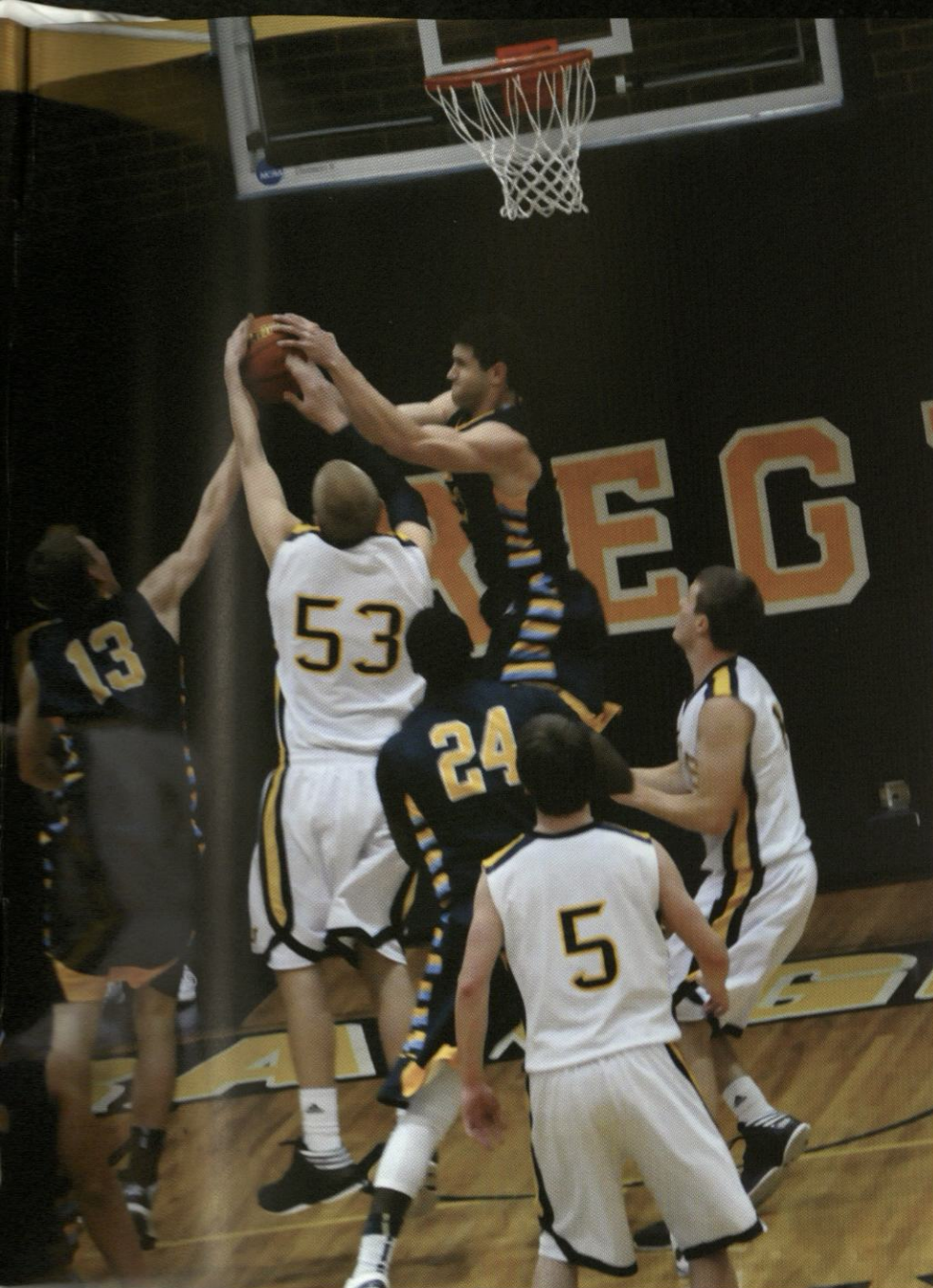


Residence Life Opening

The Return Back

The holidays continued and yet the hard working RA staff had their annual Winter Training a few days before the residents moved back into the halls. Their training focused on reconnecting the relationship between staff and resident. For Stuart Jenkins, the Winter Training gave him the "opportunity to connect with staff and to encourage the residents to become a self-driven community." Also having attended the training, Audrey Huguley, walked away with excitement to see the oncoming growth and independence that her residents will gain. "It was fun to see my minions again and it reminded me of the common goal we all share as the RA staff."





The basketball men put hard work into their game as #53 Corbin Green shoots down low.

Thomas Wells performing slam poetry for the students at Thursday Thrills

Back to Basics

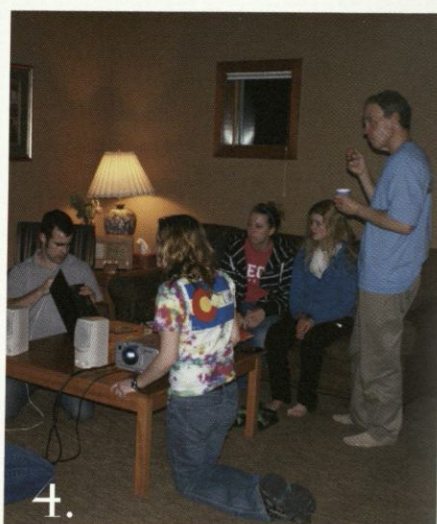
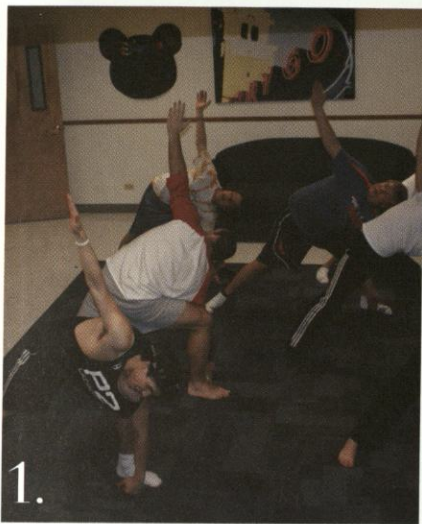
After having a month off of school, it's hard to get back into the swing of things. Getting back to doing your homework and going to all your new classes becomes a priority again. Luckily, this week started off easy and everyone had a chance to get their new routines down before the craziness began. Thursday really kicked off the activities with this week's Thursday Thrills. "Slam Nuba" came to campus, and a few of the 2011 National Slam Poetry Champions shared a few of their works. To sweeten the deal, an iPad mini was given away to one lucky winner. On Sunday, the Denver March of Life was happening and students piled into vans to support the cause. In all, this week was far from boring; however, since it wasn't too eventful, it was a nice easy way to get back into the swing of things.



Slam Poetry Hits Home

The first Thrills of the Spring Semester was one for students to remember. "Slam Nuba," the 2011 Slam Poetry National Champions, performed with their in-depth poems. Students were also encouraged to join in on the emotion taking place. During the performances, yells and claps of encouragement were given from the audience to the poets. Poems about love and life experiences filled the room and created a feeling of its own—a feeling you cannot experience anywhere else.





1. Third floor DeSmet boys practicing yoga. 2. Shannon Bryant, Connor Campbell, Chris McQuad, Matt Robertson and John Kelly 3. Justine Espinosa 4. Students attended movie night at the Jesuit House on Friday night. 5. Kate Wipfler 6. Students attended the housing party sign-up.

Looking Forward

Housing is Important

As the second week of the spring semester rolled around, started looking to next semester's housing arrangements. On Tuesday the 22nd, a Housing Sign-Up party was held to answer questions and allow applications for housing *and* for a \$500 scholarship for housing next semester. Students flocked to the meeting eagerly looking for more roommates, more housemates, and information they needed to start their stride into the future. Current roommates Chelsea Cabanting and Katie Cawley (pictured here) spent the hour deciding what the coming year would hold for them—could they room together again, or would other commitments have them living separately? As their uncertainty suggests, the housing process is not always an easy one; however, it is also a necessity that every college student becoming an adult must deal with.





Magic Mat

On the second Thursday back from break, we were graced with the talents of magician Mat Franco. It wasn't the stereotypical rabbit-in-the-hat kind of magic. Mat was as much a comedian as he was a magician. He entertained a sizeable crowd with his jokes and his undeniable talents of deception and trickery. At one point, he somehow transferred three cards from one person's pocket to another's without touching either of them. Most of us will never understand how these tricks work, but we can always appreciate their mysticism.

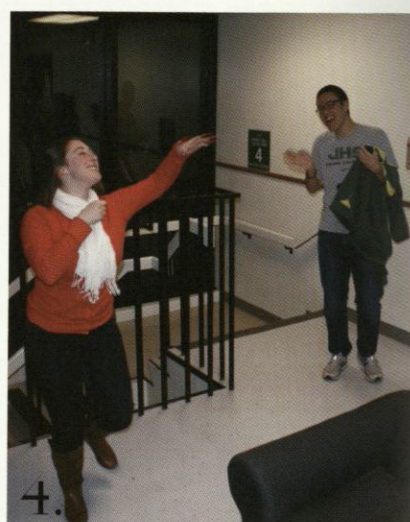
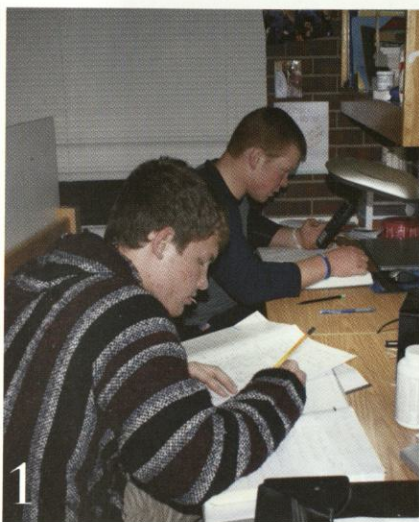


Devin Montagne painted Mother Theresa during the lunch hour so all student could watch, but none were more entertained than Claudia Locke.

Zach Lynch laid on the Quad on a sunny afternoon during winter to write a letter.

A Week With A Purpos

Settling back into the college routine takes practice. Some students thought break was too long and some thought break was too short, yet all the same students came back to a Regis life and fun activities everyday. MLK Day kicked off the shortened week, and a soul food banquet was held in his honor. Between a magician and an artist on campus students took advantage of the chance to watch true talent. Students deserved the study breaks they found time for this week with all of the fun activities that happened around campus.



1. Clarence Wroblewski and Ty Overboe. 2. Brayden Weninger, Megan Wynn, and Katie Cawley with prospective students. 3. Student lined up and hung out while they waited for the Thursday Thrills doors to be opened. 4. Sarah Falco and Connor Nistler 5. Students hung out on the 3rd floor DeSmet lounge. 6. Rachel Minter and Hailey Coogan with prospective students.



Superbowl Sunday

In Walker's Pub

As the Superbowl rolled around, students gathered in Walker's Pub to get in on the action (and, of course, for some free food). The hype of the game had most students cheering loudly for either side. Then there were a few who came just to watch the endlessly hilarious commercials. Some of the favorites were: Oreo: Cookie or Cream to the Extreme, Audi: Prom-Be Bold, and KIA: Where Do Babies Come From? As the game continued and the food supplies dwindled, people became more anxious to see the end of the game. As the Ravens came out on top, some peoples faces lit up and while others had a hard time coping with the 49ers hard break. Either way, it was a night to remember.



After the first snow of the semester, students hurried to class in the sunny, yet frigid, weather.

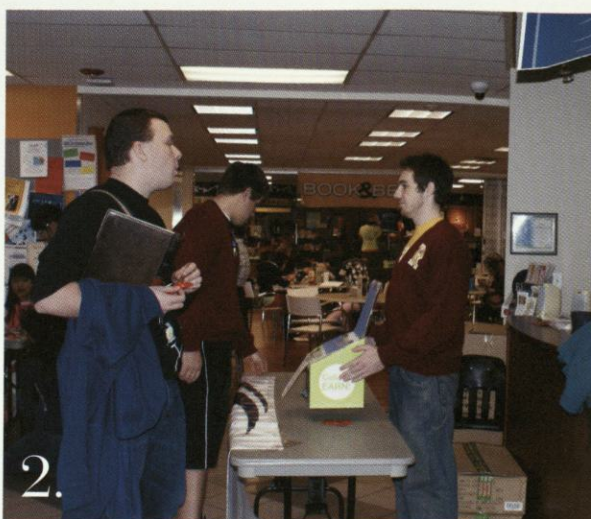


Sprin-go

Spring break couldn't come soon enough for students, and what could build excitement better than Sprin-go? As students showed up to Thrills, bingo cards went fast—so fast that the supply was gone before the end of the night! PAC really outdid themselves packing the house, luring some students in with prizes. Some prizes included gift cards for ice cream and food. However, the big prize was the \$400 gift card for Southwest Airlines. After bingo, some lucky students won the raffle prize tickets to see Aaron Ralston. Overall, the night was a blast, courtesy of PAC.

Spring into Excitement

As a layer of snow settled on the ground at the beginning of the week, warmer weather was on the minds of many students at Spring Break Bingo, or Sprin-go. Later on, students ventured off campus, first to Thrift Shops, then to watch *October Baby* at St. Catherine's Church. As Superbowl XLVII played, students joined together at Walker's Pub and the RV's for food, cheering, and all around expected fun. With all these events, students certainly had more than enough to keep them entertained throughout the week.



1. Dexter Schiller and Peter Pham in the traditional lion suit. 2. Club Fair. 3. Club Fair. 4. Andrew Ross and Sean O'Donnell.



Movie Night

Catch a FLICK

Once a month, Fr. Bart and his Jesuit pals open their house to the first 15 students who sign up. They share a meal together and watch a movie. Sometimes the movies have a deeper meaning and other times the are just fun to watch. Many of the Jesuits consider themselves movie buffs so they really enjoy the chance to relax after a long week with students and watch something entertaining.





DA BULLS

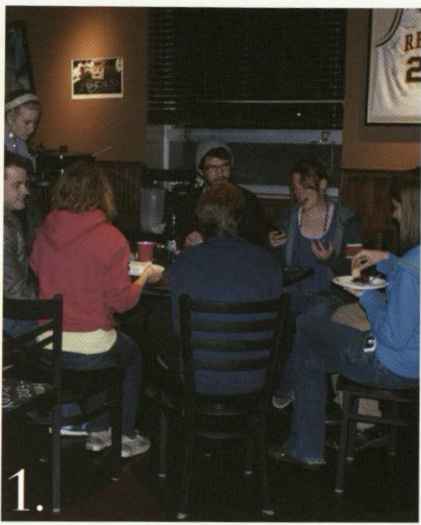
This week, students were given the rare gift of an off-campus Thursday Thrills. This time, it was a trek to the Pepsi Center to watch the Nuggets take on the Chicago Bulls. The Nuggets ended up clobbering the Bulls; the final score was 128-96. Also, since the Nuggets exceeded 110 points, every fan got four tacos for a dollar the next day at Taco Bell. It was a win-win situation!



Grant Robbins and Patrick Ross tabled for RUSGA to hear the campus-wide student concerns.

Free Food and Fun

There is one thing that every college student loves: free food. Starting the week off right, many students traveled off campus on Monday to Yogurtland for some free froyo. The very next day was international Free Pancake Day at IHOP, so many students took advantage of this as well. On Tuesday, the Career Fair in the cafeteria allowed students to take a look at many job opportunities available to them. Later that night, a special visitor, Aron Ralston, shared his incredible story about how he was forced to chop off his own arm when hiking in Utah. On Wednesday, many clubs gathered into Walker's Pub to give students a chance to explore the different clubs on campus and join a club that interested them. For Thursday Thrills, buses transported students to the Pepsi Center to cheer on the local Denver basketball team, the Denver Nuggets. Overall, this week provided many opportunities to students who wanted to become more involved on campus or in the workforce, as well as some delicious free food and fun.



1. Ellen Lundwall, Casi Vagher and Angel Estrada. 2. Students warmed up for Spring Break Training with a game of Princess, Horse, Frog. 3. Students gathered together for CURA. 4. Dexter Schiller. 5. Cody Hastings (#3) runs into home plate as Bob Terry (#6) cheers him on. 6. Andy Barnes gives a tour to some prospective students.

All You Can Eat

Fat Tuesday

Walker's Pub hosted a Mardi Gras celebration where students came from all around campus to wear beads, have food fun and of course eat free food. This tradition is based on a pre-Lenten tradition where people gorge themselves to prepare for the forty days of fasting ahead. Along with the free food, free masks and beads were set out for the student's enjoyment. Everyone laughed and ate with a partying spirit, and all around had a great time together.





Brushes and Beverages

As Valentine's Day rolled around, students crowded into Walker's Pub for some refreshments and art. Casi Vagher presented a lesson on how to paint a wine bottle, while the crowd painted wine bottles and more. One student, John Knudsen, even painted his face and imprinted it onto his canvas. This is not a lesson to be tried at home, though. Then, best friends Tito Texidor and Jake Rodriguez painted portraits of each other. As the painting continued, the attendees produced rare works of art, and many students went home happy artists.



The Asian Student Alliance hosted the Lunar New Year Celebration with Lion Dancing, hip-hop dancing, and free food.

Tony Piazza, #7, stepped up to bat as the Rangers faced the Adams State Grizzlies.

Week of Traditions

Who doesn't like to eat? Fat Tuesday brought the week to a star with a party in Walker's Pub. On Wednesday, the KRCX campus radio station hosted "Rock an Roll" Bingo to get the groove going and many students observed Ash Wednesday and the start of Lent as well. Brushes and Beverages helped people to find their inner love artist on Thursday. On Valentine's Day, flowers and chocolate were delivered all over campus to spread sweetness of love. The Open Mic Night on Friday allowed many people to share poetry and get creative. The Lunar New Year Celebration wrapped up the week with traditional Lion Dancing and hip hop performances. Overall, this week was full of many traditional ceremonies, performances, and parties that reminded us all to never forget to have fun at college.



1. Regis students walking through the door of opportunity. 2. Regis students being photo-bombed
3. Sarah Falco, Chelsea Cabanting, Katie Cawley, and two prospective students. 4. Lady leaving the lady's room. 5. An impromptu jam session. 6. Students ready for a thrilling Thursday.



Get Your Groove On

The Harlem Shake

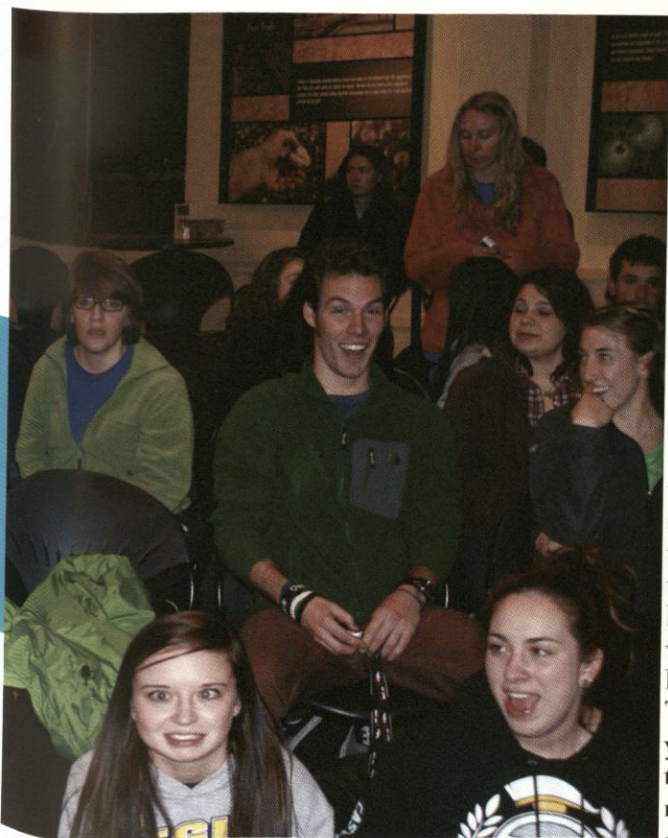
As the Harlem Shake became a big event worldwide, Ellen Lunwall and Kyle Ferrell spearheaded a campus-wide event for students to make their own Youtube video. Everyone was excited and ready for the dance. One student even said, "This will only happen once, why not try it?" The overall excitement transferred from the students into the wild costumes and dance moves they came up with in the end. Overall, the joy can be seen on everyone's faces as they rocked out to this new tradition. Experience the fun and the Ranger pride—check out the video on Youtube.





Starr-struck

Arguably the most popular Thrills every year is the unexplainably bizarre Stevie Starr, better known as The Regurgitator. Swallowing everything from pool balls to butane to live goldfish, Stevie never fails to get a reaction out of his audience. His performances are too strange to describe other than: "You just had to be there!"

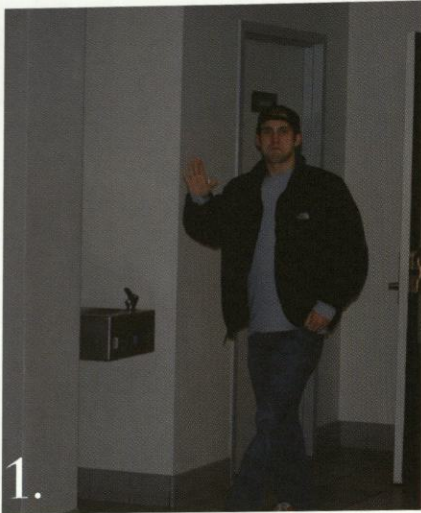


Students put on their best poker faces while attending DeSmet Hall's Poker Night.

Students, including Heather Humphrey and Isabella Kaser, waited for Thursday Thrills to start.

Finding The Perfect Fit

The RUSGA campaigns for presidency consumed much of this week. Candidates gave out free juice boxes, hung up posters, and attended many other events to obtain votes. Walker's Pub hosted a concert on Tuesday starring Freaky Joe and the Creeps. Wednesday gave students an opportunity to dive into diversity with the Diversity Dialogue: "Taboo or cultural identity?: The N-word in the 21st Century." As if one concern wasn't enough, Walker's also host another musical night on Wednesday starring "Flies with Buffalo" and "Maywren." Thursday started off with the campus-wide Harlem Shake, which gave students the opportunity to take a break from studying and have some crazy fun. Thursday Thrills hosted the amazing Regurgitator, Stevie Starr, who amazed students with his ability to swallow and regurgitate many miscellaneous items. Prospective students visiting the campus also got to see this unordinary Thursday Thrills as they got to experience college life overnight. Hosting yet another event this week, Walker's Pub put on a Friday Fish Fry for the students on campus. Since this week was the start to the dreaded midterms and midterm studying, the countless events gave students a chance to relax and enjoy the campus life activities we all love.



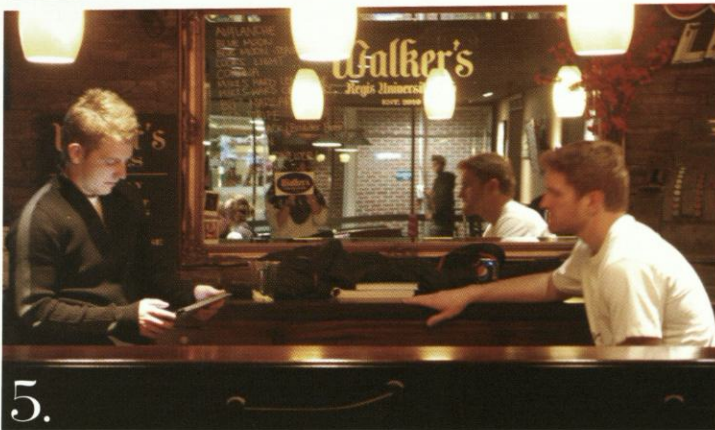
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3.



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6.

1. Jordan Sims 2. Students climbed into the bleachers to watch the Presidential debates. 3. Zach Lynch and Sean O'Donnell 4. Mike DeBregari, Tom Stovicek, and Benny Luang. 5. Taylor Diem and Daniel Ohmes 6. Hannah Jones, Kyle Mack, and Terese Cabanting.

That's Just OutRegis!

Hilarious Improv

It was the night of nights—as the clouds rolled in, the lights dimmed, and laughter spread like wildfire. This group of talented people joined together for a night of improv. OutRegis! told 101 jokes about random objects—everything from a spoon to Obama. All students on stage contributed to the comedy and in one way or another, showed their passion to make others enjoy themselves. Overall, the OutRegis! club did a brilliant job making every person cry from laughing so hard.





Presidential Debate

In the picture above, three groups of President and Vice President posed just moments before the beginning of the campus-wide debate. The during the debate, Shannon Hayes and Will Sabin to shared their passion for increasing student space on campus and increasing campus-wide communication. Nick and Nate Stephanus presented their drive to reach out to pre-college students in need and to broaden the student activities on campus. Dexter Schiller and Spencer Jordan talked about their dreams to expand student space off campus and to get Senate more involved in student life. Overall, it was a great way for students to hear all arguments presented by these six very passionate people running for the offices of student body President and Vice President.



Ellen Lundwall, Spencer Jordan, Tess Orrino and Shannon Hayes served and ate Little Man's Ice cream to raise money for El Porvenir.

Together as one, residents and staff from DeSmet Hall came together for a program on sex and sexually transmitted infections.

Making It Through Midterms

Even though studying for midterms consumed many students' time, this week was still filled with activities. Starting out on Tuesday, the movie *Spinning in Butter*, played in Main Hall. To continue the night, the RUSGA election debates explained how each candidate planned to expand the student life opportunities on campus. Students also shared a few laughs at the OutRegis! Improv Show put on by fellow classmates. The history club and the Black Student Alliance set up the showing of "Eyes on the Prize" and provided free popcorn and soda to students wanting to learn about the historic civil rights battle. RegisCorps also sponsored a Little Man's Ice Cream fundraiser to raise money for El Porvenir. On Thursday, the philosophy department hosted a guest speaker, Theresa Tobin, who gave a speech on the nature and moral significance of spiritual violence. The men and women's basketball teams took on UCCS on Friday and commuter students enjoyed a private party in the pub. With all the business and maybe a little too much fun, many students were surely glad to get this week out of the way, finish up midterms, and head into spring break.



1. New Mexico Spring Break Trip. 2. Hawaii Spring Break Trip. 3. Denver Spring Break Trip. 4. Wyoming Spring Break Trip. 5. Florida Spring Break Trip. 6. Hawaii Spring Break Trip

A Trip of a Lifetime

Spring Break Trip to the Dominican Republic

Many students look forward to Spring Break for all of the relaxation it will bring. Many look forward to the sleep, to spending time with families, to just not having to do homework (theoretically). Then there are those students who spend their Spring Breaks giving back to others. This year, several students participated in a Spring Break Trip to the Dominican Republic to partner with Education Across Borders. Peyton Lunzer, who went on the trip last year and led this year's trip, said, "We're hoping to make this a yearly trip, and so anyone interested in a week-long spiritual journey filled with laughter, new friendships, and exposure to a new way of life should go."





March On

Over break, a group of six students, two faculty members, and one member from Denver Fair Food went on a trip to Immokalee, FL, in order to march with the Coalition of Immokalee Workers. The purpose of this 200 mi march was to celebrate the corporations that have signed on to the Fair Food Agreement and to put pressure on Publix, the major supermarket in Florida, to sign on as well. John Knudsen, a sophomore who took part in the march, stated: "As an Environmental Science and Peace and Justice double major, this Spring Break Trip was the perfect opportunity to work towards justice in a way that catered to my interests. The experience was absolutely unforgettable: getting to meet with migrant farmworkers, seeing how to plan a successful action, and learning how to live minimalistically and [experiencing] how empowering that can be."



Students sat in the sun after sand sledding on the New Mexico Spring Break Trip.

Brittney Moauro and Angel Luna used a screw gun while standing on a ladder on the Florida Spring Break Trip working for Habitat.

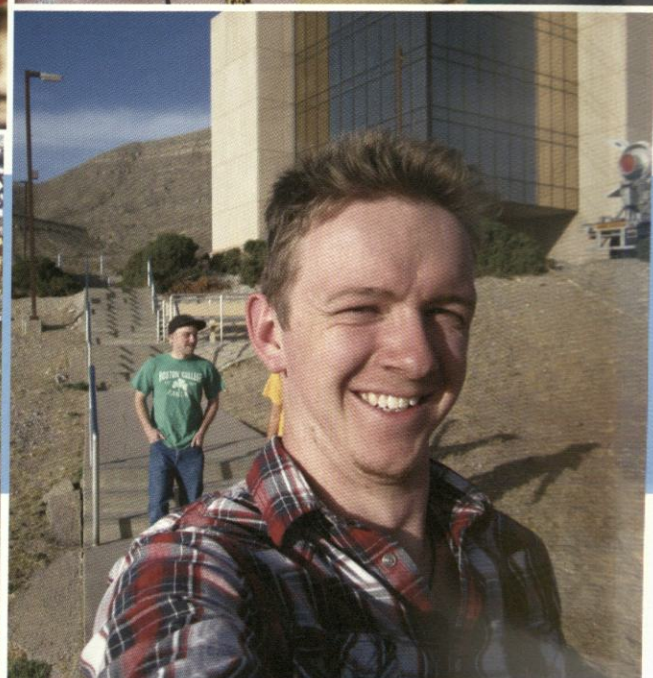
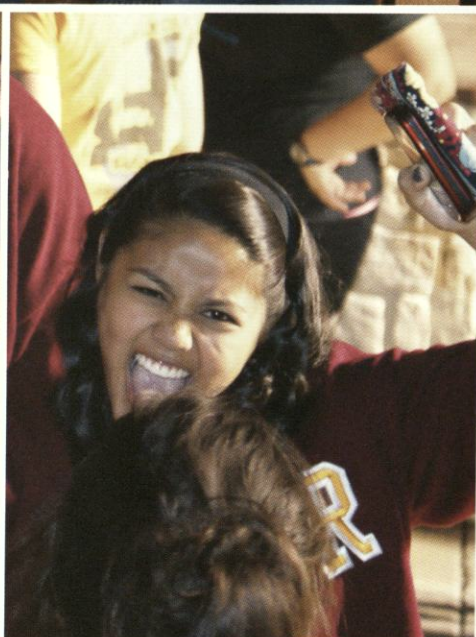
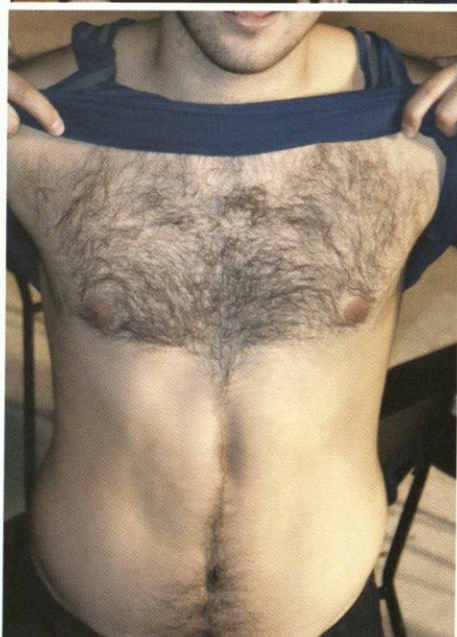
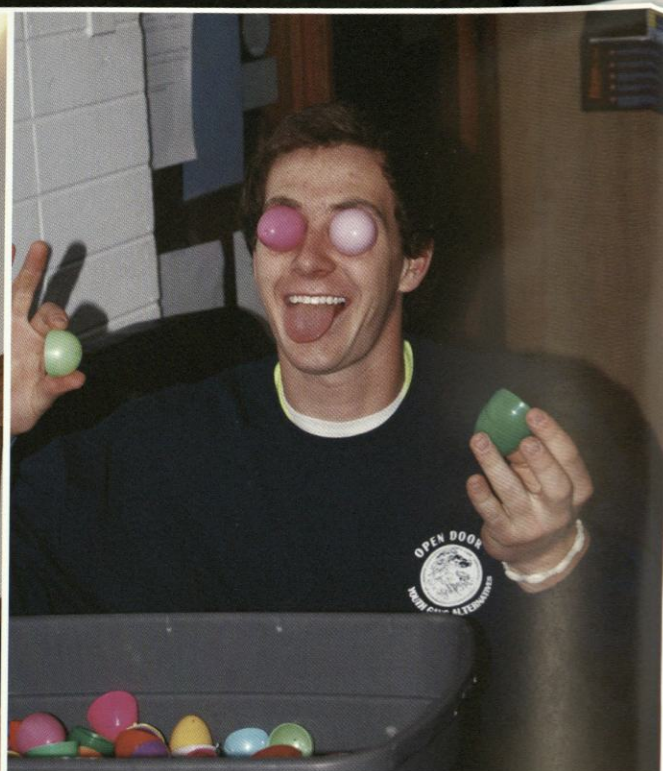
Work for Break

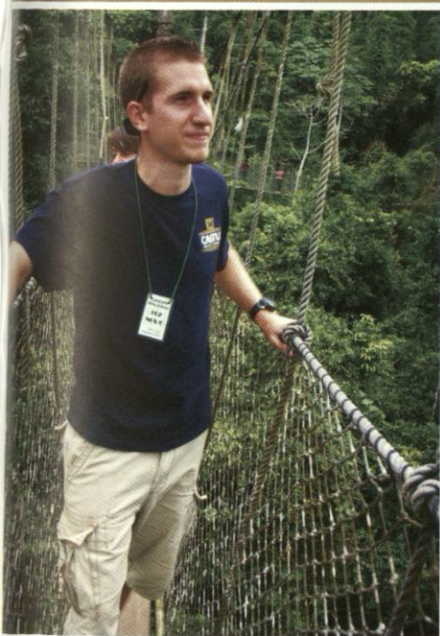
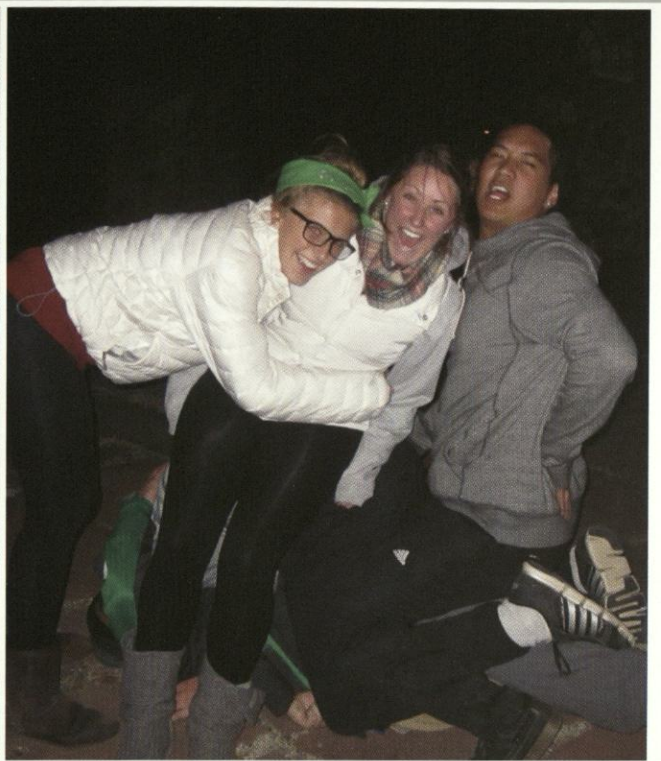
With a week off from school, students looked for a good way to have fun and build community. Many people chose to go on a Regis University Spring Break Trip. The trips, with a lot of planning and work that went into them, ranged from Hawaii to Florida to New Mexico to Wyoming. All trips involved some type of service, and all but one of them were designed to allow students to work with Habitat for Humanity. The remaining trip to Florida was organized so students could march 100 miles with unfairly treated tomato pickers. Overall, students came back from break with amazing stories about all the hard work they had put into their trips.

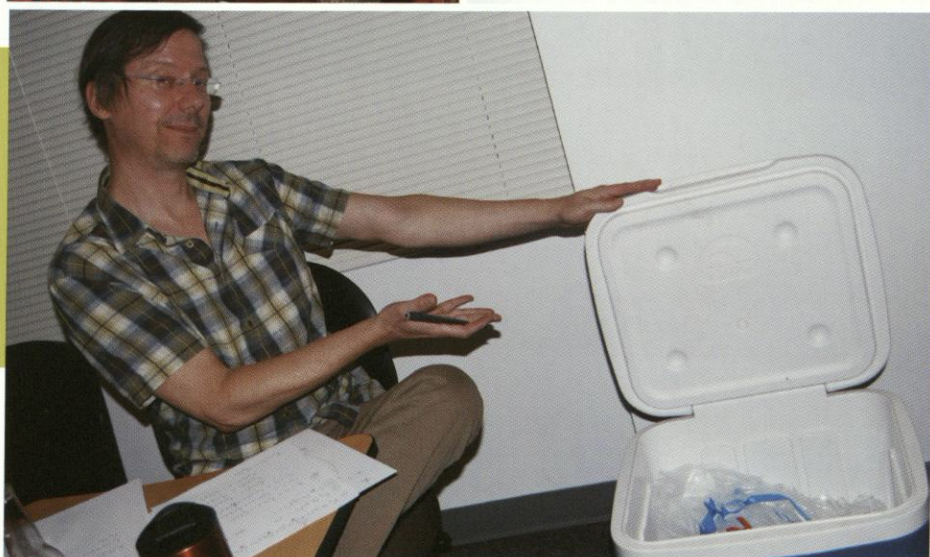


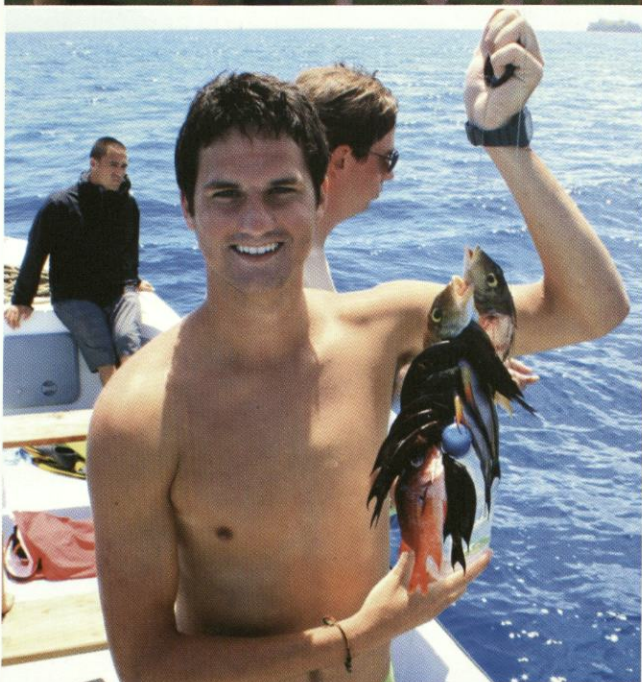
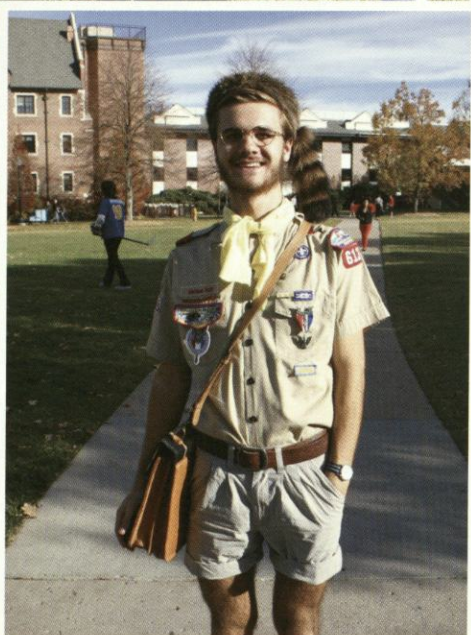
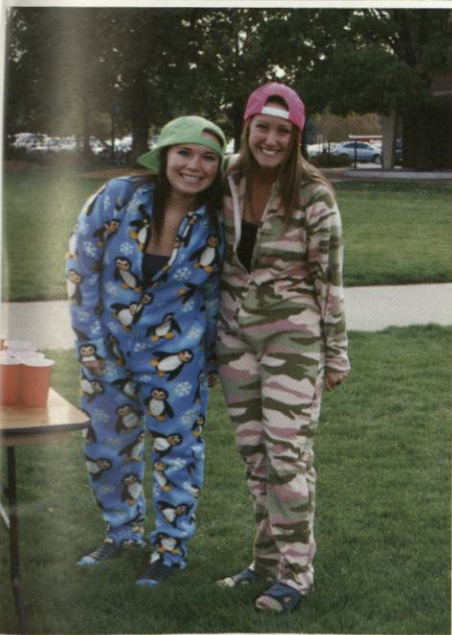
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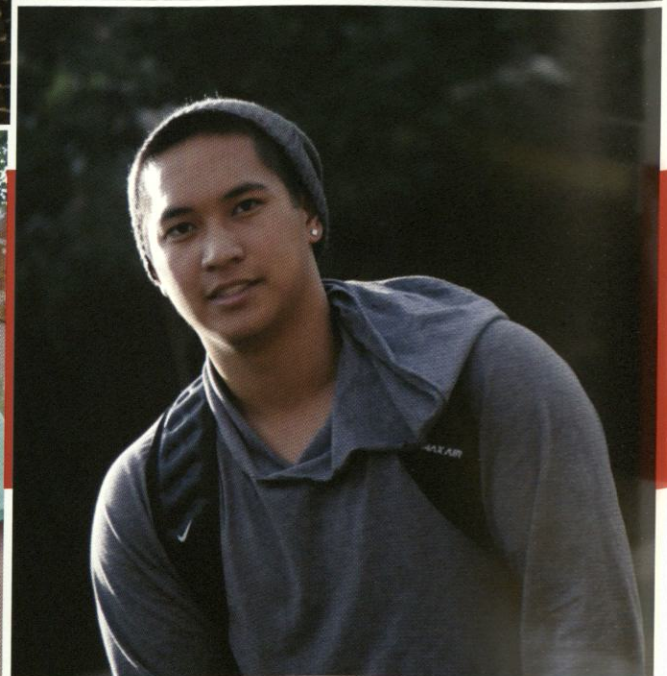


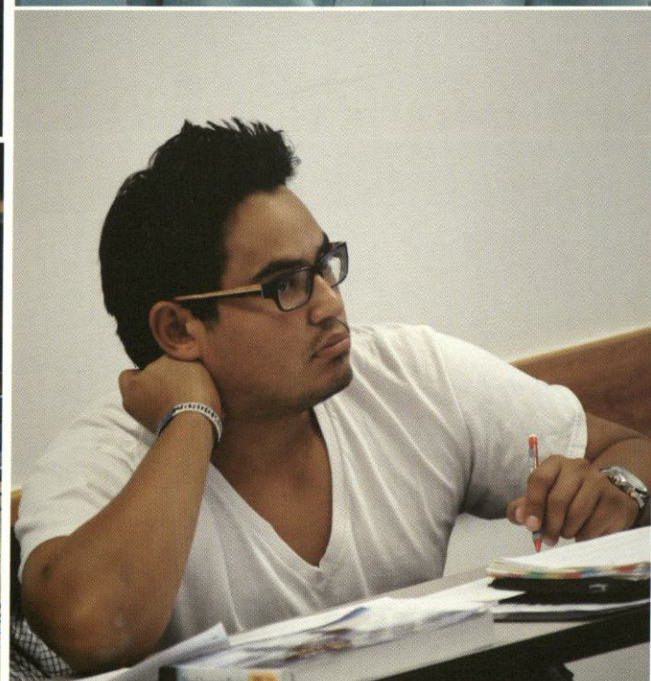
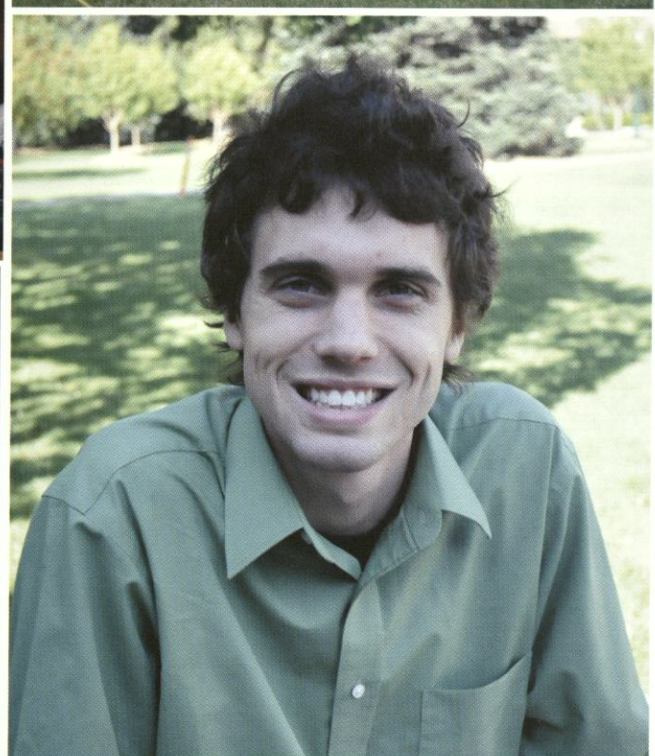
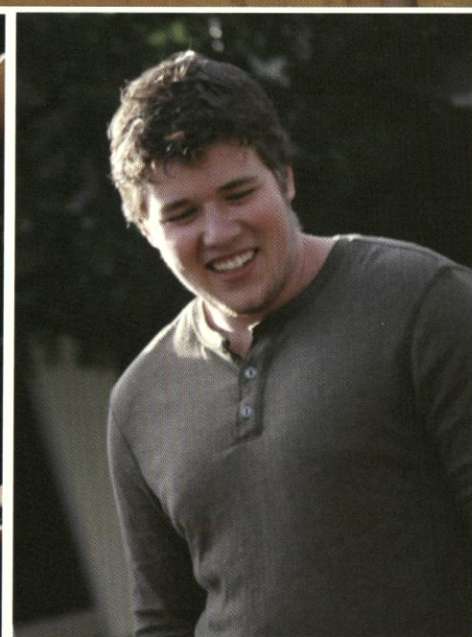
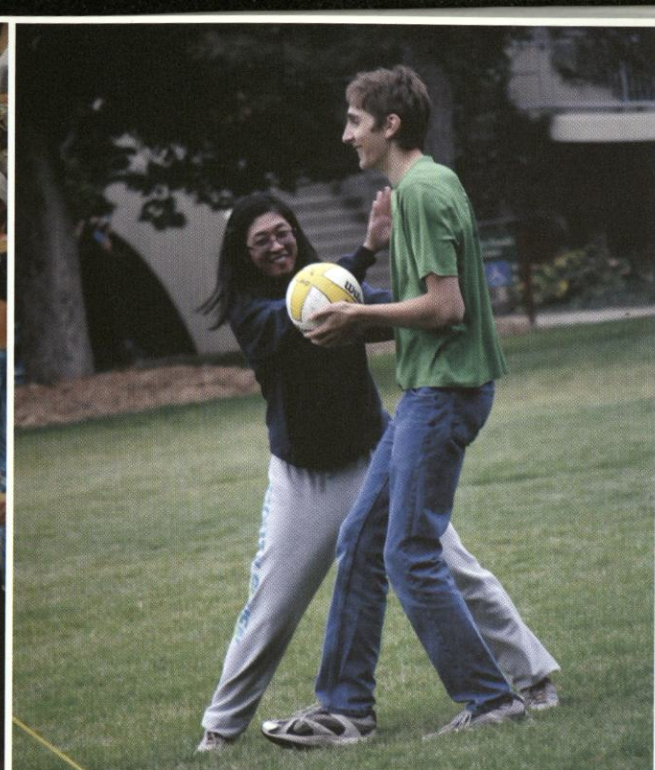


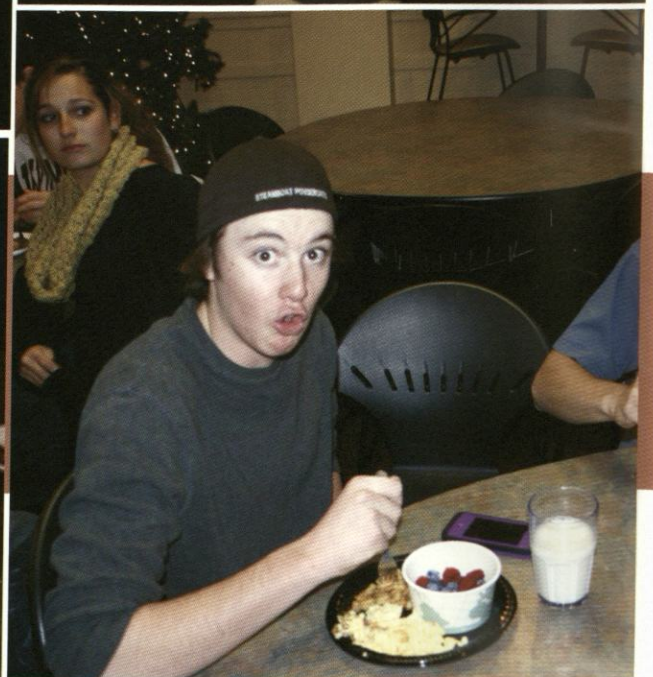
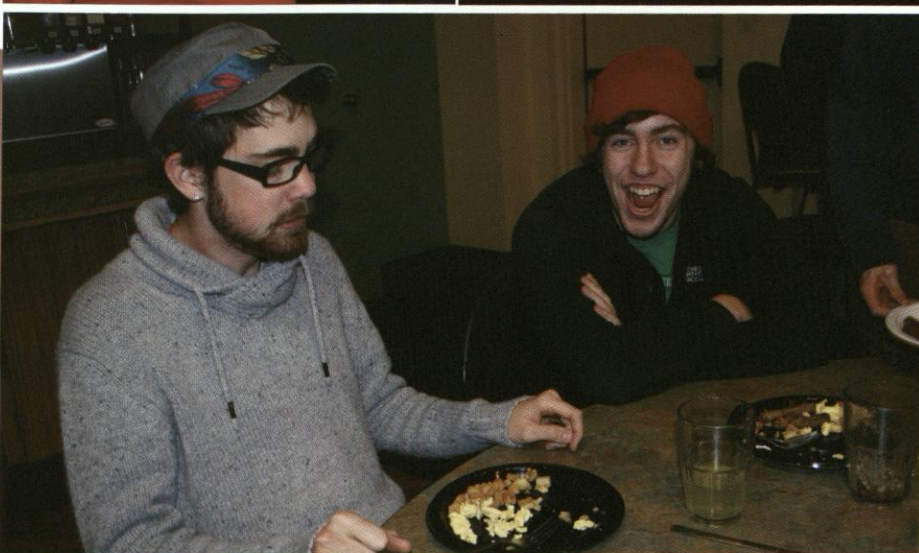
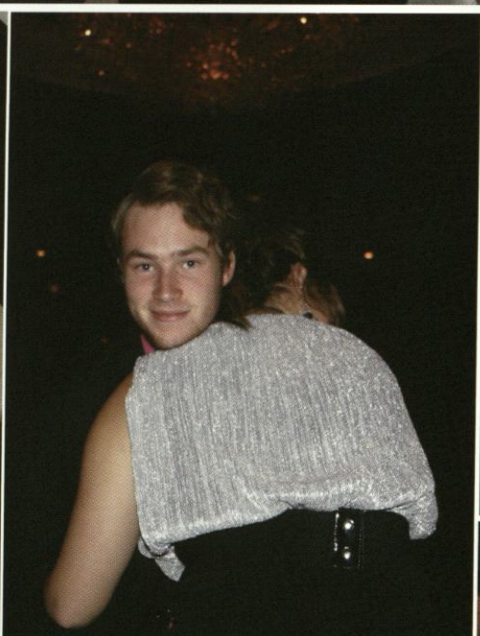








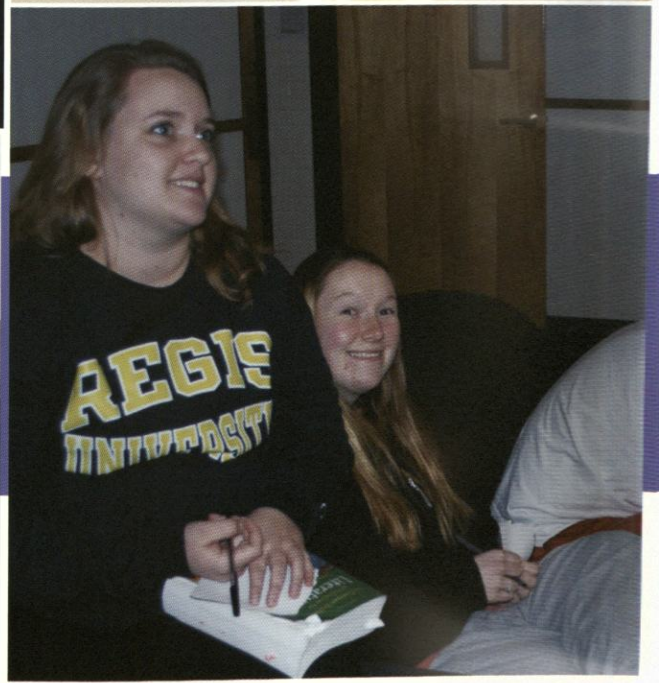


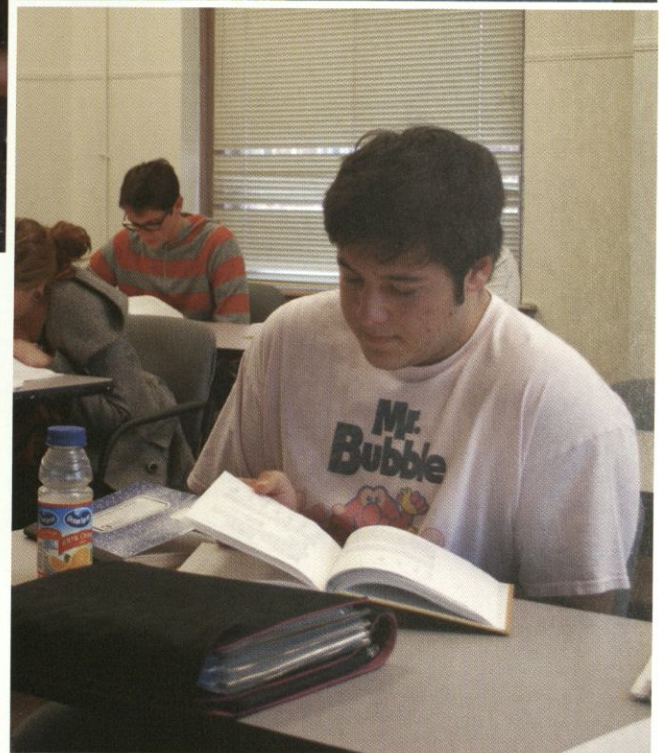
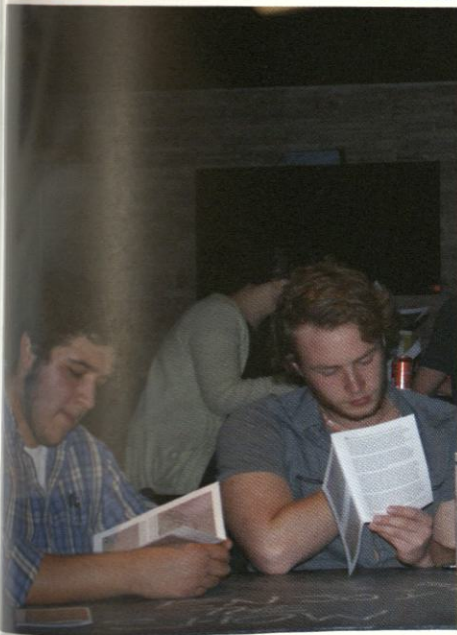
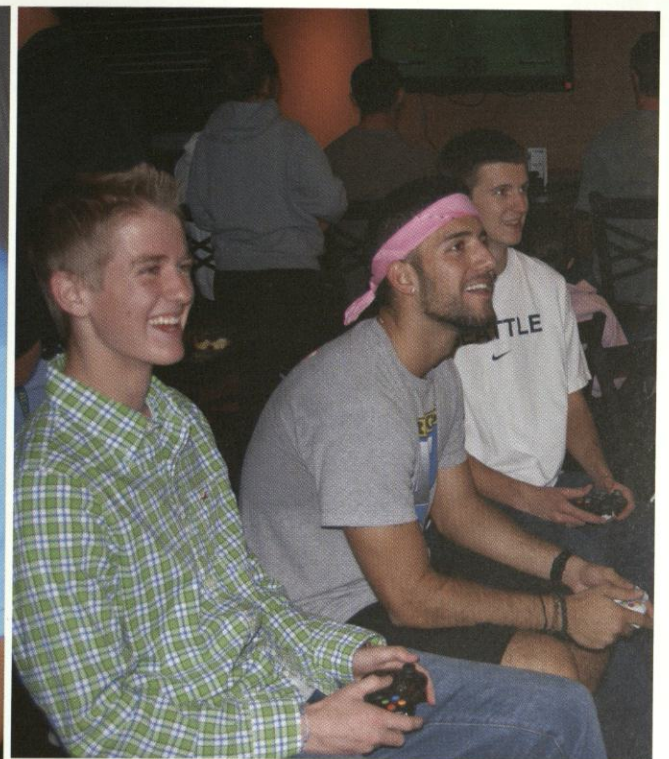




Types and Tools

The 2013 Ranger was printed by Walsworth Publishing in Marceline, Missouri. The staff decided to approach the theme differently for 2013; as campus changed the Ranger altered its appearance to properly document all of the alterations and unexpected statements being made on a daily basis. The theme "an unexpected statement" was created at Regis University by the Ranger's staff in September 2012; the visual representation of the "mustache" was established by Joe Oldendorf. The cover was a Black and White Lithograph Cover stock 100# FSC CERTIFIED on 160pt binders board complete with a full cover matte lamination. The front and back end sheets were plain white on Walsworth's standard white 110# stock. It consisted of two fonts AWPC Maximo and AWPC Bodoni in various sizes and treatments. It was a 9 x 12 inch, Smyth sewn, full-color, 176-page book.



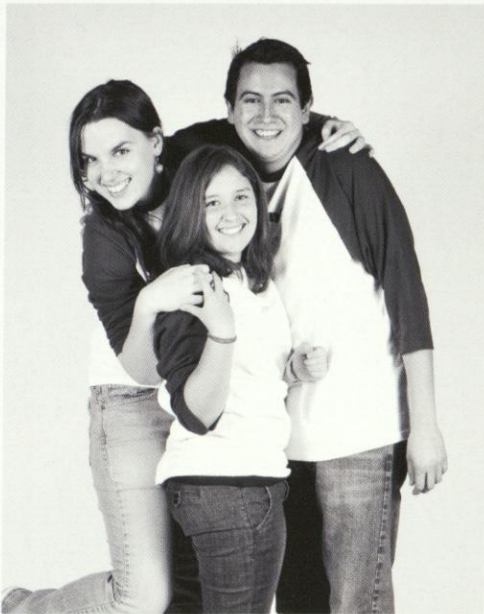




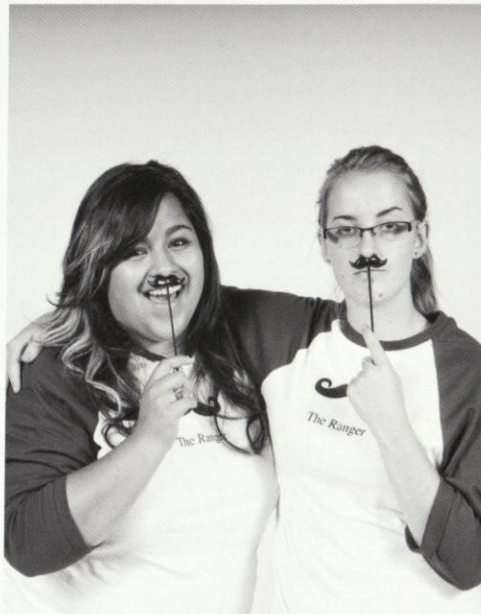


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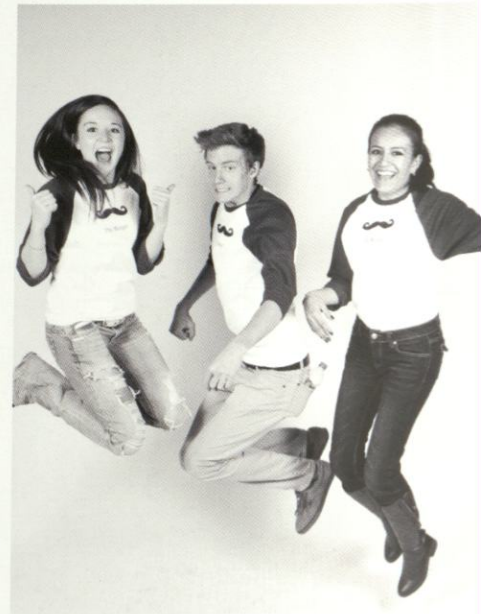
The Staff



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Shannon Doherty, Andrea
Fedorowsky, and Andrew Ross



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Selena Gomez and Sarah Stovicek



Team 2:
Heather Humphrey, Joe Oldendorf,
and Edna Cerna Gayton

From the Editor:

Dear Regis,

As the Editor of this book, I speak on behalf of the entire staff when I say thank you for an amazing year. We as a school saw a lot of firsts and that is the exact direction we wanted to take our book in; we hope that we have met your expectations and that you cherish this book of memories just as much as we do. We could not have done it without you Regis, thanks!

Andrew Ross, Editor-in-Chief

Dear Andrea, Shannon, Joe, Heather, Edna, Sarah, Selena, and Quinn,

Where do I start? First off, I want to say THANK YOU for all of your hard work. Together we truly accomplished something I MUSTACHE about and that I will never forget! While the process of making this book was a challenge at times and while I'm sure you were all fed up at several points of the year, I am thankful for the product we are giving our community; at this point I can ask no more of you. You were the best staff I could have asked for—yeah, we all had our quirks, Quinn had a baby, Andrea left the country, and I was a bit much at times, but hey we published a book, together. All of the meetings, emails, rants, pictures, stresses and more emails not only kept all of us on track, but instead gave us a sense of closeness because while this was hard, we experienced it together and not all can say that. All I can say is thanks for a good year.

Love, Andrew

